

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30						1
<p>Spaghetti &amp; Meat Sauce Marinara Sauce Garlic Bread Italian Vegetables ♥Chicken w/ Spinach &amp; Feta Wild Rice Chicken Rice Soup Chicken Breast Bar</p>	<p>♥♥♥ <b>HEART HEALTHY ENTREES</b></p>				<p><u>Cafeteria Hours</u></p> <p><u>Breakfast</u> 6:00am – 10:00am</p> <p><u>Lunch &amp; Dinner</u> 11:00am – 6:30pm</p> <p><u>Night Shift</u> – 6:30pm – 1:30am</p>	<p>Carved Honey Ham Dijon Sauce Whipped Sweet Potatoes Whole Green Beans ♥Lemon Herb Chicken Rice Pilaf Chicken Tortilla Soup Hamburger Bar</p>
2	3	4	5	6	7	8
<p>Beef Stroganoff Rotelle Pasta Fresh Broccoli Ranch Chicken Garden Wild Rice Pizza Vegetable Beef Soup Chicken Breast Bar</p>	<p>Buttermilk Baked ½ Chicken Mashed Potatoes Country Gravy/Mixed Veggies Cheese Stuffed Shells Marinara/Garlic Bread ♥Oven Browned Cod Jasmine Rice Spit Pea &amp; Ham Soup Oriental Bar</p>	<p>Kung Pao Chicken Oriental Skirt Steak ♥Teriyaki Trout Vegetable Egg Rolls Sweet &amp; Sour Sauce Fried Rice Oriental Veggies Beef Barley Soup Chicken Osso Bucco Bar</p>	<p>Beef Short Ribs w/ Mushroom &amp; Onions Red Skin Mashed Potatoes Beef Gravy Ranch Style Chicken Rice Pilaf ♥Lemon Herb Trout Ham &amp; Lima Bean Soup Pizza Shrimp Cocktail Bar</p>	<p><u>Surf &amp; Turf Special</u> Carved Filet Mignon Au Jus/Horseradish Twice Baked Potatoes Fresh Asparagus Fried Shrimp/Cocktail Sauce Wild Rice ♥Chicken Scaloppini Chicken Rice Soup Chili &amp; Corn Bread Bar</p>	<p>♥Salmon w/ Apricot Glaze Garden Wild Rice/Fresh Broccoli Eye Of Round Beef Corn/Mashed Potatoes Beef Gravy ♥Chicken w/ 40 Cloves Garlic Mauris Albondigas Clam Chowder Taco &amp; Chicken Fajita Bar</p>	<p>3 Piece Honey Stung Fried Chicken Mashed Potatoes Country Gravy Cut Green Beans ♥Oven Browned Tilapia Wild Rice Chicken Vegetable Soup Hamburger Bar</p>
9	10	11	12	13	14	15
<p>♥Roast Turkey Mashed Potatoes Bread Dressing Turkey Gravy California Vegetables ♥Oven Browned Cod Rice Pilaf Chicken Noodle Soup Chicken Breast Bar</p>	<p>Pork Roast Mashed Potatoes/Pork Gravy Cut Green Beans ♥Chicken w/ Spinach &amp; Feta Wild Rice Chili Lime Tilapia Italian Sausage Soup Oriental Bar</p>	<p><u>The Carving Station</u> Marinated Flank Steak, Roast Turkey, Honey Ham, Corned Beef Potato Medley/Pickle Spear Kaiser Roll/Wheat Ciabatta ♥Italian Topped w/ Spinach &amp; Chz Rice Pilaf, Carrot Slims Tomato Florentine Soup Chicken Osso Bucco Bar</p>	<p>♥Salmon w/ Fettuccine Alfredo Fresh Asparagus Dixie Fried Pork Chops Mashed Potatoes Pork Gravy ♥Chicken Picante Jasmine Rice Steak &amp; Vegetable Soup Pizza Shrimp Cocktail Bar</p>	<p>Chicken Enchiladas Tamales w/ Chili Chille Rellenos Spanish Sauce Chicken Taquitos Spanish Rice/Refried Beans Mixed Vegetables Pork Barley Soup Chili &amp; Corn Bread Bar</p>	<p><u>Good Friday</u> Halibut w/ Pine Nuts &amp; Parmesan Rice Pilaf California Vegetables ♥Italian Style Pork Tenderloin Mashed Potatoes/Pork Gravy Wisconsin Cheddar Soup Taco &amp; Chicken Fajita Bar</p>	<p>Beef Short Ribs + Mushroom &amp; Onions Mashed Potatoes Country Gravy Cut Green Beans ♥Oven browned Tilapia Wild Rice Chicken Vegetable Soup Hamburger Bar</p>
16	17	18	19	20	21	22
<p><u>Easter Sunday</u> <u>Surf &amp; Turf Special</u> Carved Filet Mignon Au Jus/ Horseradish Scalloped Potatoes Fresh Asparagus/Wild Rice Shrimp Scampi Split &amp; Pea Ham Soup Chicken Breast Bar</p>	<p><u>Surf &amp; Turf Special</u> Angus Rib Eye Speaks Roasted Herb Potatoes Fresh Broccoli/Rice Pilaf Tempura Shrimp w/ Dipping Sauce ♥Marsala Chicken Mexican Chicken Soup Oriental Bar</p>	<p>St. Louis Style Ribs w/ Jalapeño Peach Glaze Scalloped Potatoes Fresh Asparagus ♥South Western Style Chicken Garden Wild Rice ♥Oven Browned Orange Roughy Chicken Noodle Soup Chicken Osso Bucco Bar</p>	<p>Molasses Flank Steak Au Gratin Potatoes Fresh Broccoli Chicken California w/ Supreme Sauce Wild Rice Pizza ♥Pecan Crusted Tilapia Minestrone Soup Shrimp Cocktail Bar</p>	<p>Carved Tri-Tip Beef Mashed Potatoes/Beef Gravy Carrot Slims/Peas ♥Chicken Veracruz Saffron Cilantro Rice ♥Oven Browned Tilapia Chicken Tortilla Soup Chili &amp; Corn Bread Bar</p>	<p>Salmon W/ Chipotle Cream Sauce Jasmine Rice/Fresh Zucchini Austin Blues Smoked Beef Brisket Mashed Potatoes/Beef Gravy ♥Chicken w/ Mushrooms &amp; Balsamic Vinegar Bacon &amp; Chicken Chowder Soup Taco &amp; Chicken Fajita Bar</p>	<p>Dixie Fried Chicken Mashed Potatoes Country Gravy Mixed Vegetables ♥Spicy Cornmeal Cod Garden Wild Rice Pizza Chicken Barley Soup Hamburger Bar</p>
23	24	25	26	27	28	29
<p>Oriental Baby Back Ribs ♥Lemon Teriyaki Chicken w/ Pineapple Vegetable Egg Rolls Fried Rice Sugar Snap Peas Beef Barley Soup Chicken Breast Bar</p>	<p>3 Piece Honey Stung Fried Chicken Mashed Potatoes Country Gravy Mixed Vegetables/Rice Pilaf Swedish Meat Balls ♥Oven Browned Red Snapper Lentil Kielbasa Stew Oriental Bar</p>	<p>Spaghetti &amp; Meat Or Marinara Sauce Garlic Bread Italian Vegetables/Wild Rice ♥Chicken w/ Sage &amp; Cremini Mushrooms ♥Oven Browned Sea Bass Sausage &amp; Lentil Soup Chicken Osso Bucco</p>	<p>Chicken &amp; Shrimp Jambalaya California Veggies Beef Stroganoff Rotelle Pasta ♥Lemon Herb Chicken Rice Pilaf Mauri's Polole Pizza Shrimp Cocktail Bar</p>	<p><u>Surf &amp; Turf Special</u> Carved Prime Rib Au Jus/Horse Radish Fingerling Potatoes Fresh Asparagus/Jasmine Rice Shrimp w/ Chipotle Cream Sauce ♥Mustard &amp; Thyme Chicken Turkey Rice Soup Chili &amp; Corn Bread Bar</p>	<p>♥Salmon Tango Rice Pilaf/Whole Green Beans Chipotle Short Ribs Mashed Potatoes Beef Gravy ♥Vegetarian Linguine Primavera Louisiana Gumbo Taco &amp; Chicken Fajita Bar</p>	<p>Carved Pork Roast Mashed Potatoes Pork Gravy California Vegetables ♥Greek Chicken Rice Pilaf Mexican Chicken Soup Hamburger Bar</p>

