



August 2016 — Cafeteria Grill Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 B: Egg White, Feta, Vegetable Omelet + Fruit WW: Vegetable & Cheese Bagel + Fruit G: Angus Beef Sliders + Curly Fries	2 B: Polish Sausage, 2 Eggs + Home Fries WW: Chicken Nuggets + Fries G: FUSE Burger with Feta, Avocado + Tossed Salad	3 B: Strawberry Belgian Waffle WW: Ham & Cheese Melt & Pop Chips G: Beef Quesadilla Deluxe + Spanish Rice	4 B: Luis' Breakfast Sandwich + Fruit WW: Turkey Melt + Sweet Potato Tortilla Chips G: California Roast Beef Melt + Sweet Potato Fries	5 B: Chili – Cheese Omelet + Home Fries WW: Zucchini Sticks + Fries G: Focaccia – Turkey, Bacon, Swiss, Avocado + Salad	6 B: Breakfast Quesadilla WW: <u>NEW - PRETZEL BUN</u> Hot Dog + Coleslaw G: Turkey, Bacon, Avocado, Swiss WW Ciabatta + Sea Salt Chips
7 B: Country Breakfast WW: Turkey Burger + Pita Chips & Hummus G: Chicken, Jalapeno, Bacon, Provolone Sandwich + Fries	8 B: Philly Cheesesteak Omelet + Home Fries WW: Chicken Filet Sandwich with Bacon Aioli + Fries G: Philly Cheese Steak Sandwich + Sweet Potato Fries	9 B: Pecan French Toast WW: Chicken Fingers + Fries G: <u>NEW</u> - ALL NATURAL BEEF BARBECOA CIABATTA + Sweet Potato Fries	10 B: Chicken Fried Steak, 2 Eggs, Home Fries WW: Calamari Rings + Fries G: <u>NEW</u> - PRETZEL BUN – Healthy Hut + Jalapeno Kettle Chips	11 B: Chicken Machaca WW: Chicken Spring Rolls + Fries G: Chef Salad	12 B: Spam Fried Rice + 2 Eggs WW: Grilled Cheese + Tater Tots G: Two Chicken Soft Tacos & Spanish Rice	13 B: Strawberry Belgian Waffle WW: Beef Tostada G: Chicken Breast Reuben + Fruit
14 B: California Eggs Benedict + Fruit WW: Fish Filet Sandwich + Tater Tots G: Buffalo Chicken Wings + Fries	15 B: Meat Lover's Omelet + Home Fries WW: Roast Beef Melt with Sriracha Sauce + Fries G: Pollo Asado Quesadilla + Spanish Rice	16 B: Whole Wheat French Toast WW: Jalapeno Poppers + Fries G: Chicken, Spinach, Bacon, Swiss Sandwich + Sweet Potato Tortilla Chips	17 B: Luis' Breakfast Bowl WW: Turkey Burger with Pita Chips & Hummus G: Chicken Cordon Bleu Sandwich + Sweet Potato Fries	18 B: Steak & Eggs + Home Fries WW: Chicken Tostada G: Turkey B L T A on Whole Wheat Ciabatta + Baked Lay's Chips	19 B: Taco Omelet + Home Fries WW: Grilled Tuna Melt + Pop Chips G: Popcorn Shrimp, Steak Fries + Coleslaw	20 B: Whole Wheat French Toast + Sausage WW: Pork Pot Stickers + Fries G: Chicken Philly Cheese Sandwich + Sweet Potato Fries
21 B: Meat Lover's Omelet + Home Fries WW: Roast Beef Melt + Curly Fries G: Beer Battered Cod Sandwich + Coleslaw	22 B: Country Breakfast WW: Turkey Melt + Sweet Potato Tortilla Chips G: <u>NEW!</u> Alaskan Beer Brewed Shrimp, Steak Fries, Coleslaw	23 B: California Eggs Benedict + Fruit WW: Chicken Fingers + Fries G: French Beef Dip + Curly Fries	24 B: Mexican Omelet + Home Fries WW: Fish Filet Sandwich + Tater Tots G: UMAMI Burger with Avocado + Tossed Salad	25 B: Tomato, Cilantro, Jalapeno, Avocado Omelet WW: Grilled Cheese + Tomato Soup G: Steak & Cheese Sandwich + Onion Rings, Fries	26 B: French Toast + Berry Sauce WW: Garden Burger + Fruit G: 2 Tilapia Fish Tacos + Spanish Rice	27 B: Vegetable & Cheese Scramble + Home Fries WW: Chicken Filet Sandwich + Fries G: Fuse Burger with Feta, Avocado + Tossed Salad
28 B: French Toast + Sausage WW: Chicken Nuggets + Fries G: Philly Cheese Steak Sandwich + Curly Fries	29 B: Multi Grain Pancakes WW: Chicken Nuggets + Fries G: Turkey Club Croissant + Sea Salt Chips	30 B: Vegetable Eggs Benedict + Fruit WW: Buffalo Burger + Baked Lay's Chips G: Chicken Caesar Salad Wrap + Fruit	31 B: Ham & Cheese Scramble + Home Fries WW: Roast Beef Melt + pop Chips G: Beer Battered Fish & Chips + Coleslaw	<div style="background-color: #90EE90; padding: 5px; text-align: center;">Cafeteria Hours</div> <p style="text-align: center;"> Breakfast 6:00am – 10:00am Lunch & Dinner 11:00am – 6:30pm Night Shift 6:30pm – 1:30am </p>		<div style="border: 2px dashed blue; padding: 10px;"> <p>B – Breakfast Specials</p> <p>WW – Wallet Watcher Specials</p> <p>G – Lunch & Dinner Specials</p> </div>