**Chicken Wing Bar** 

**Chicken Breast Bar** 



August 2017 — Car	eteria wienu		Tri-City Medical Center			
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
AUGUST  SUMMER SPECIAL  ALL ICE CREAM BARS AND PINTS  25 cents OFF	HEART HEALTHY SPECIALS	SURF & TURF Carved Filet Mignon Au Jus / Horseradish Roasted Herb Potatoes Fresh Broccoli Tempura Shrimp / Dipping Sauce Jasmine Rice VChicken Scalopine Split Pea & Ham Soup Chicken Breast Bar	Beef Short Ribs w/ Mushrooms & Onions Red Skin Mashed Potatoes Fresh Asparagus Ranch Chicken Breast Garden Wild Rice *Lemon Herb Trout Corn Pizza Beef Barley Soup Shrimp Cocktail Bar	Pork Roast  Mashed Potatoes / Pork Gravy Carrot Slims / Peas  Chicken w/ Feta & Spinach Rotelle Pasta  Oven Browned Cod Corn On The Cod Ham & Lima Bean Soup Chili & Corn Bread Bar	♥Salmon Seattle Rice Pilaf / Cut Green Beans Dixie Baked Pork Chops Mashed Potatoes Pork Gravy ♥Chicken w/ Sage & Cremini Mushrooms Chicken Rice Soup Hamburger Bar	Carved Honey Ham Dijon Sauce Fresh Yams Cut Green Beans *Lemon Herb Chicken Rice Pilaf Chicken Tortilla Soup Taco & Chicken Fajita Bar
6	7	8	9	10	11	12
Beef Stroganoff Rotelle Pasta Ranch Chicken Garden Wild Rice Fresh Broccoli Pizza Vegetable Beef Soup Pulled Pork Bar	Buttermilk Baked Chicken Mashed Potatoes / Country Gravy Mixed Veggies Cheese stuffed Shells Marinara / Garlic Bread *Oven Browned Orange Roughy Tomato Florentine Soup Chicken Wing Bar	Thai Pasta & Shrimp  ▼Sesame Pork Tenderloin  ▼Teriyaki Chicken w/ Pineapple  Vegetable Egg Rolls  Sweet & Sour Sauce  Fried Rice  Oriental Veggies  Italian Sausage Soup  Chicken Breast Bar	The Carving Station Marinated Skirt Steak, Glazed Corned Beef Turkey & Honey Ham Potato Medley / Pickle Spear Chicken A-La Artichoke Rice Pilaf / Cut Green Beas Pizza Picadillo Beef Shrimp Cocktail Bar	Chicken Enchiladas Tamales w/ Chili\ Chile Rellenos / Spanish Sauce Chicken Taquitos Spanish Rice Mauri's Frijoles Mixed Vegetables Corn On The Cob Steak & Veggie Soup Chili & Corn Bread bar	Salmon & Chipotle Cream Sauce Wild Rice California Veggies *Roasted Garlic Pork Tenderloin Mashed Potatoes / Pork Gravy Mauri's Albondigas Chicken w/ 40 Cloves Garlic Clam Chowder Soup Hamburger Bar	Beef Short Ribs w/ Mushroom & Onions Mashed Potatoes Beef Gravy Fresh Asparagus •Greek Chicken Jasmine Rice Vegetable Chicken Soup Taco & Chicken Fajita Bar
13	14	15	16	17	18	19
♥Roast Turkey Mashed Potatoes Bread Dressing California Veggies ♥Oven Browned Cod Wild Rice Chicken Noodle Soup Pulled Pork Bar	Pasta & Chicken Primavera Whole Green Beans Masala & Mushroom Pork Chops Mashed Potatoes / Pork Gravy Chili Lime Tilapia Corn Pork Barley Soup Chicken Wing Bar	4 Piece Honey Stung Chicken Mashed Potatoes / Country Gravy California Veggies Swedish Meat balls Beef Gravy ♥Oven Browned Red Snapper Mediterranean Vegetarian Soup Chicken Breast Bar	Eye Of Round In Red Wine Mashed Potatoes / Beef Gravy Fresh Broccoli Chicken California Supreme Sauce Jasmine Rice *Cajun Style Trout Pizza Chicken Noodle Soup Shrimp Cocktail Bar	Surf & Turf Special Angus Rib Eye Steaks w/ Mushroom & Onions Fresh Asparagus / Rice Pilaf Twice Baked Potatoes Shrimp Scampi Chicken W/ Chipotle Adobo Corn On The Cob Lentil Kielbasa Stew Chili & Corn Bread Bar	▼Salmon & Apricot Glaze Jasmine Rice Fresh Zucchini / Peas ▼Beef Brisket w/ Carrots & Pearl Onions Mashed Potatoes / Beef Gravy ▼Jamaican Jerk Chicken Mexican Chicken Soup Hamburger Bar	Spaghetti & Meat Sauce Marinara Sauce Garlic Bread Italian Veggies Ranch Style Chicken Jasmine Rice Chicken Barley Soup Taco & Chicken Fajita Bar
20	21	22	23	24	25	26
Surf & Turf Special Carved Filet Mignon Au Jus / Horseradish Scalloped Potatoes Fresh Asparagus Crab Cakes & Red Pepper Aoli Garden Wild Rice Beef Barley Soup Pulled Pork Bar	Molasses Flank Steak Scalloped Potatoes Italian Vegetables Mexican Oven Fried Half Chicken Mashed Potatoes Country Gravy *Oven Browned Swea Bass Mauri's Posole Chicken Wing Bar	St. Louis Pork Ribs w/ Jalapeño Peach Glaze Sweet Mashed Potatoes Fresh Broccoli / Corn Macaroni & Cheese *Southwestern Style Chicken Pecan Crusted Tilapia Chicken Tortilla Soup Chicken Breast Bar	♥Salmon & Fettuccine Alfredo California Vegetables ♥Italian Style Pork Tenderloin Mashed Potatoes / Pork Gravy ♥Chicken Masala Pizza Minestrone Soup Shrimp Cocktail Bar	Carved Tri-Tip Beef Red Skin Mashed Potatoes Fresh Asparagus Vegetarian Linguine Primavera Tilapia Topped w/ Spinach & Cheese Corn On The Cob Sausage & Lentil Soup Chili & Corn Bread Bar	Halibut W/ Pine Nuts & Parmesan Garden Wild Rice Whole Green Beans Chipotle Short Ribs Mashed Potatoes / Beef Gravy *Chicken w/ Olive Oil Peas Bacon & Chicken Chowder Hamburger Bar	4 Piece Honey Stung Fried Chicken Mashed potatoes Country Gravy California Veggies ♥Salmon Seattle Jasmine Rice Pizza Mexican Chicken Soup
27	28	29	30	31		
Oriental Baby Back Ribs Chicken Royale Veggie Egg Rolls Sweet & Sour Sauce Fried Rice	Beef Stroganoff Rotelle Pasta Cut Green Beans *Lemon Herb Chicken Rice Pilaf	Spaghetti & Meat Sauce Marinara Sauce Garlic Bread Italian Veggies / Jasmine Rice  Chicken w/ Mushroom & Balsamic Vinegar	♥Roast Turkey Bread Dressing Mashed Potatoes / Turkey Gravy California Veggies Chipotle Pork Chops / Pork Gravy ♥Oven Browned Barramundi Fish	Surf & Turf Special Carved Prime Rib Au-Jus / Fingerling Potatoes Fresh Asparagus / Wild Rice Shrimp w/ Chipotle Cream Sauce **Chicken Picante*	Cafeteria Hours Breakfast 6:00am – 10:00am  Lunch & Dinner	
Oriental Vegetables Chicken Rice Soup Pulled Pork Bar	Peas  ♥Oven Browned Tilapia  Turkey Rice Soup  Chicken Wing Bar	♥Lemon Cilantro Halibut  Corn Chowder  Chicken Breast Bar	Pizza  Vegetable Soup  Shrimp Cocktail Bar	Corn On The Cob Louisiana Gumbo Chili & Corn Bread Bar	11:00am – 6:30pm  Night Shift 6:30pm – 1:30am	

**Shrimp Cocktail Bar** 

Chili & Corn Bread Bar

6:30pm - 1:30am

