

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
<p>December 25 Cafeteria Special</p> <p>Free Turkey Meal "With All The Trimmings" For TCMC Employees</p> <p>Visitors & Family Members Welcome - \$6.75</p>	<p>♥♥♥ Heart Healthy Specials</p>		<p>Cafeteria Hours</p> <p><u>Breakfast</u> 6:00am – 10:00am</p> <p><u>Lunch & Dinner</u> 11:00am – 6:30pm</p> <p><u>Night Shift</u> 6:30pm – 1:30am</p>	<p>Beef Short Ribs w/ Mushrooms & Onions Red Skin Mashed Potatoes California Vegetables / Corn Ranch Style Chicken Wild Rice ♥Lemon Herb Trout Split Pea & Ham Soup Carolina Pulled Pork Bar</p>	<p>♥Salmon w/ Apricot Glaze Rice Pilaf Whole Green Beans ♥Italian Pork Tenderloin Mashed Potatoes & Pork Gravy Chicken w/ 40 Cloves Garlic Beef Barley Soup Natural Grass Fed Hamburger Bar</p>	<p>Beef Short Stroganoff Rotelle Pasta California veggies Tortilla Lime Chicken Saffron Cilantro Rice Pizza Beef & Veggie Soup Taco & Chicken Fajita Bar</p>
4	5	6	7	8	9	10
<p>Carved Tri Tip Beef Red Skin Mashed Potatoes Beef Gravy Whole Green Beans Ranch Style Chicken Garden Wild Rice Chicken Tortilla Soup Chili & Cornbread Bar</p>	<p>Buttermilk Baked ½ Chicken Mashed Potatoes Country Gravy Mixed Vegetables Cheese Stuffed Shells / Marinara Garlic Bread ♥Oven Browned Cod Rice Pilaf Ham & Lima Bean Soup Italian Pasta Bar</p>	<p>Thai Pasta & Shrimp Oriental Skirt Steak ♥Lemon Teriyaki Chicken Vegetable Egg Rolls Sweet & Sour Sauce Oriental Vegetables Chicken Rice Soup Chicken Wing Bar</p>	<p><u>The Carving Station</u> Marinated Flank Steak Glazed Corned Beef Roasted Turkey, Ham Potato Medley / Pickle Spears w/ Ciabatta / Kaiser ♥Tilapia w/ Spinach Cheese Wild Rice/ Pizza Italian Sausage Soup Shrimp Cocktail Bar</p>	<p>Marinated Fajitas Chicken, Steak & Shrimp Spanish Rice Maury's Frijoles Chicken Chilaquiles Chili Rellenos Spanish Sauce Mixed Veggies Steak & Veggie Soup Carolina Pulled Pork Bar</p>	<p><u>Surf & Turf Special</u> Carved Filet Mignon Roasted Herb Potatoes Fresh Asparagus / Rice Pilaf Shrimp Scampi Maury's Albondigas ♥Chicken Scalopine Clam Chowder Soup Natural Grass Fed Hamburger Bar</p>	<p>Oriental Baby Back Ribs ♥Lemon Teriyaki Chicken w/ Pineapple Vegetable Egg Rolls Sweet Sour Sauce Fried Rice Sugar Snap Peas Chicken Noddle Soup Taco & Chicken Fajita Bar</p>
11	12	13	14	15	16	17
<p>3 Piece Honey Stung Fried Chicken Mashed Potatoes Country Gravy Mixed Veggies ♥Oven Browned Tilapia Rice Pilaf Chicken Veggies Soup Chili & Cornbread Bar</p>	<p>Carved Pork Roast Mashed Potatoes Pork Gravy Whole Green Beans / Corn ♥Chicken w/ Spinach & Feta Garden Wild Rice ♥Chili Lime Tilapia Tomato Florentine Soup Italian Pasta Bar</p>	<p><u>Surf & Turf Special</u> Rib Eye Cab Steaks Fingerling Potatoes/ Fresh Broccoli Shrimp w/ Chipolte Cream Sauce Saffron Cilantro Rice ♥Chicken w/ Mushroom & Balsamic Vinegar Wisconsin Cheddar Soup Chicken Wing Bar</p>	<p>♥Salmon & Fettuccine Alfredo Fresh Asparagus Marsala Pork Chops Mashed Potatoes / Pork Gravy ♥Chicken Picante Jasmine Rice Pizza Pork Barley Soup Shrimp Cocktail Bar</p>	<p>St. Louis Rib w/ Jalapeño Peach Glaze Scalloped Potatoes California Vegetables ♥Southern Style Chicken Rice Pilaf / Peas ♥Oven Browned Orange Roughy Sausage Lentil Soup Carolina Pulled Pork Bar</p>	<p>Barramundi Fish w/ Pinenuts & Parmesan Garden Wild Rice Fresh Zucchini ♥Chipolte Pork Tenderloin Mashed Potatoes ♥Mustard & Thyme Grilled Chicken Louisiana Gumbo Natural Grass Fed Hamburger Bar</p>	<p>Homemade Lasagna Meat Sauce Garlic Bread Italian Veggies ♥Chicken Cacciatore Jasmine Rice Beef Barley Soup Taco & Chicken Fajita Bar</p>
18	19	20	21	22	23	24
<p>Coffee Beef Short Ribs Red Skin Mashed Potatoes Beef Gravy Fresh Asparagus ♥Salmon Seattle Wild Rice Pizza Chicken Lentil Soup Chili & Cornbread Bar</p>	<p><u>Surf & Turf Special</u> Carved Prime Rib Scalloped Potatoes Fresh Asparagus Tempura Shrimp / Dipping Sauce Jasmine Rice ♥Chicken w/ Avocado Corn Salsa Chicken Noddle Soup Italian Pasta Bar</p>	<p>Baked Meatloaf Mashed Potatoes / Beef Gravy Carrot Slim / Peas ♥Marsala Chicken ♥Oven Browned Sea Bass Minestrone Soup Chicken Wing Bar</p>	<p><u>WINTER BEGINS</u> Carved Tri Tip Beef Red Skin Mashed Potatoes Beef Gravy California Veggies / Wild Rice ♥Chicken Veracruz ♥Oven Browned Cod / Pizza Chicken Tortilla Soup Shrimp Cocktail Bar</p>	<p>Eye Of Round Beef Mashed Potatoes / Beef Gravy Fresh Broccoli / Corn ♥Lemon Herb Chicken Garden Wild Rice Pecan Crusted Tilapia Lentil Kielbasa Soup Carolina Pulled Pork Bar</p>	<p>♥Salmon Tango Rice Pilaf Fresh Zucchini Chipolte Short Ribs Mashed Potatoes Beef Gravy Maury's Posole Natural Grass Fed Hamburger Bar</p>	<p><u>CHRISTMAS EVE</u> Hanukkah Begins Carved Honey Ham Dijon Sauce / Fresh Yams Whole Green Beans ♥Lemon Herb Chicken Wild Rice Chicken Rice Soup Taco & Chicken Fajita Bar</p>
25	26	27	28	29.	30.	31.
<p><u>CHRISTMAS DAY</u> Fresh Turkey Meal For TCMC Employees Working Visitor's Welcome \$ 6.75 Roast Turkey & Gravy Bread Dressing / Roll Mashed Potatoes/Green Beans Tossed, Macaroni OR Fruit Salad & Holiday Cookies</p>	<p>3 Piece Honey Stung Fried Chicken Mashed Potatoes / Country Gravy Mixed Veggies Swedish Meatballs Jasmine Rice Chicken Barley Soup Italian Pasta Bar</p>	<p>Spaghetti & Meat or Marinara Sauce Garlic Bread Italian Veggies ♥Chicken w/ Sage & Cremini Mushrooms Rice Pilaf Turkey Rice Soup Chicken Wing Bar</p>	<p>Beef Stroganoff Rotelle Pasta Fresh Asparagus Chicken California Supreme Sauce Garden Wild Rice / Pizza Veggie Chicken Soup Shrimp Cocktail Bar</p>	<p>Molasses Flank Steak Mashed Potatoes / Beef Gravy Fresh Broccoli ♥Oven Browned Red Snapper Rice Pilaf Mexican Chicken Soup Carolina Pulled Pork Bar</p>	<p>♥Salmon w/ Chipolte Cream Sauce Jasmine Rice Whole Green Beans Austin Blues Smoked Beef Brisket Mashed Potatoes & Gravy Bacon Chicken Chowder Natural Grass Fed Hamburger Bar</p>	<p><u>NEW YEAR'S EVE</u> Surf & Turf Special Carved Filet Mignon Au Jus / Horseradish / Rice Pilaf Twice Baked Potato/ Asparagus Fried Shrimp / Cocktail Sauce Mexican Chicken Soup Taco & Chicken Fajita Bar</p>

