

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p><u>TCMC HAWAIIAN BBQ LUAU</u></p> <p><u>OUTSIDE PARKING LOT</u></p> <p>11:00AM – 2:00PM</p> <p><u>CAFETERIA</u></p> <p>11:00PM – 1:00AM (sat)</p>	<p><u>FATHER'S DAY JUNE 18</u></p> <p>CARVED FILET MIGNON & CRAB CAKES</p>		<p>1</p> <p>Kung Pao Shrimp & Scallops Oriental Skirt Steak Chicken Adobo Filipino Vegetable Egg Rolls Fried Rice & Sweet Sour Sauce Oriental Veggies Split Pea Soup Barbeque Bar</p>	<p>2</p> <p>♥Salmon Seattle Wild Rice CA Veggies Dixie Baked Pork Chops Mashed Potatoes & Pork Gravy ♥Chicken w/ Avocado Corn Salsa Beef Barley Soup Corn In A Cod Hamburger Bar</p>	<p>3</p> <p>Beef Stroganoff Rotelle Pasta Ranch Chicken Garden Wild Rice Chicken Tortilla Soup Chili & Cornbread Bar</p>
	<p>4</p> <p>Carved Honey Ham Dijon Sauce Whipped Sweet Potatoes Cut Green Beans ♥Lemon Herb Chicken Rice Pilaf Veggie Beef Soup Oriental Bar</p>	<p>5</p> <p>Buttermilk Baked Half Chicken Mashed Potatoes & Country Gravy Mixed Vegetables Cheese Stuffed Shells Marinara & Garlic Bread ♥Oven Baked Cod Ham & Lima Bean Soup Taco Chicken Fajita Bar</p>	<p>6</p> <p><u>Surf & Turf Special</u> Carved Filet Mignon Au Jus & Horseradish Fingerling Potatoes-Fresh Asparagus & Jasmine Rice Tempura Shrimp & Dipping Sauce ♥Chicken w/ Artichokes Chicken Rice Soup Chicken Breast Bar</p>	<p>7</p> <p>Beef Short Ribs w/ Mushroom & Onions Red Skin Mashed Potatoes Whole Green Beans & Rice Pilaf Ranch Style Chicken ♥Lemon Herb Trout Tony's Pizza Corn Italian Sausage Soup Shrimp Cocktail Bar</p>	<p>8</p> <p>Chicken Enchiladas Chile Rellenos w/ Spanish Sauce Tamales w/ Chili Chicken Taquitos Spanish Rice Mauris Frijoles Mixed Vegetables Tomato Florentine Soup Barbeque Bar</p>	<p>9</p> <p><u>TCMC HAWAIIAN BBQ LUAU!</u> Aloha Pineapple Pulled Pork Island Fire Chicken, Maui Macaroni salad, Garden Burgers, Spring Mix Salad & Fruit Bars, Macadamia Cookies, Strawberries & Pineapple Hawaiian Rolls 11am -- 2pm & 11pm – 1am</p>
<p>11</p> <p>4 Piece Honey Stung Fried Chicken Mashed Potatoes Country Gravy Mixed Veggies ♥Salmon Seattle Rice Pilaf Chicken Noodle Soup Oriental Bar</p>	<p>12</p> <p>Pork Roast Mashed Potatoes & Pork Gravy California Veggies ♥Chicken w/ Spinach & Feta Rice Pilaf ♥Chicken Lime Tilapia Steak & Veggie Soup Taco Chicken Fajita Bar</p>	<p>13</p> <p>Pear Balsamic Flank Steak Scalloped Potatoes Whole green Beans / Peas Chicken California-Supreme Sauce Garden Wild Rice ♥Oven Browned Orange Roughy Pork & Barley Soup Chicken Breast Bar</p>	<p>14</p> <p>Salmon w/ Chipotle Cream Sauce Jasmine Rice Fresh Asparagus Austin Blues Smoked Beef Brisket Red Skin Mashed Potatoes Beef Gravy ♥ Chicken w/ 40 cloves Garlic Tony's Pizza Mediterranean Vegetarian Soup Shrimp Cocktail Bar</p>	<p>15</p> <p><u>Surf & Turf Special</u> Rib Eye Steaks Roasted Herb Potatoes Fresh Broccoli / Wild Rice Shrimp Scampi ♥ Chicken w/ Mushroom & Balsamic Vinegar Mexican Chicken Soup Barbeque Bar</p>	<p>16</p> <p>Halibut w/ Pine Nuts & Parmesan Rice Pilaf & Fresh Zucchini ♥Italian Style Tenderloin Mashed Potatoes & Pork Gravy ♥Chicken Marsala Corn On The Cob Clam Chowder Soup Hamburger Bar</p>	<p>17</p> <p>Oriental Baby Back Ribs ♥Lemon Teriyaki Chicken w/ Pineapple Veggie Egg Rolls Sweet Sour Sauce, Fried Rice Oriental Veggies Chicken Barley Soup Chili & Cornbread Bar</p>
<p>18</p> <p><u>Father's Day</u> <u>Surf & Turf Special</u> Carved Filet Mignon Scalloped Potatoes Fresh Asparagus Crab Cakes w/ Red Pepper Aoli Jasmine Rice Split Pea & Ham Soup Oriental Bar</p>	<p>19</p> <p>4 Piece Honey Stung Fried Chicken Mashed Potatoes & Gravy Cut Green Beans Swedish Meat Balls Jasmine Rice ♥Oven Browned Tilapia Chicken Noodle Soup Taco Chicken Fajita Bar</p>	<p>20</p> <p>Carved Tri Tip Beef Mashed Potatoes & Beef Gravy California Vegetables, Rice Pilaf Chicken w/ Sage & Cremini Mushrooms ♥Tilapia Topped w/ Spinach & Cheese Minestrone Soup Chicken Breast Bar</p>	<p>21</p> <p>St Louis Style Huli- Huli Ribs Au Gratin Potatoes Fresh Asparagus ♥Southwestern Chicken Wild Rice ♥Cajun Style Trout Tony's Pizza Lentil Kielbasa Stew Shrimp Cocktail Bar</p>	<p>22</p> <p><u>The Carving Station</u> Marinated Flank Steak, Turkey, Honey Ham, Glaze Corned Beef Potato Medley, Pickle Spears Ciabatta/Kaiser Bread ♥Oven Browned Red Snapper Rice Pilaf / Carrots Slims Chicken Tortilla Soup Barbeque Bar</p>	<p>23</p> <p>Salmon & Fettuccine Alfredo Whole Green Beans Marshal Pork Chops Mashed Potatoes / Pork Gravy ♥Chicken Picante Wild Rice Corn On The Cob Bacon & Chicken Chowder Soup Hamburger Bar</p>	<p>24</p> <p>Spaghetti & Meat Sauce Marinara Sauce Garlic Bread Italian Veggies ♥Chicken w/ Spinach & Feta Rice Pilaf Mexican Chicken Soup Chili & Cornbread Bar</p>
<p>25</p> <p>Beef Short Ribs w/ Mushroom & Onions Red Skin Mashed Potatoes Beef Gravy California Veggies ♥Greek Chicken Jasmine Rice Beef Barley Soup Oriental Bar</p>	<p>26</p> <p>Eye of Round Beef Red Skin Mashed Potatoes Beef Gravy Carrot Slims/Peas Chicken Royale Jasmine Rice ♥Oven Browned Sea Bass Sausage Lentil Soup Taco Chicken Fajita Bar</p>	<p>27</p> <p>Spaghetti w/ Meat Sauce Marinara Sauce Garlic Bread Italian Veggies ♥Chicken Scalopine Wild Rice Pecan Crusted Tilapia Mauris Posole Chicken Breast Bar</p>	<p>28</p> <p>Beef Stroganoff Bow Tie Pasta Fresh Broccoli ♥Lemon Herb Chicken Garden Wild Rice ♥Oven Browned Fish Tony's Pizza Turkey Rice Soup Shrimp Cocktail Bar</p>	<p>29</p> <p><u>Surf & Turf Special</u> Carved Prime Rib Au Jus / Horse Radish Twice Baked Potatoes Fresh Asparagus / Rice Pilaf Shrimp w/ Chipotle Cream Sauce ♥Chicken & Chipotle Adobo Louisiana Gumbo Barbeque Bar</p>	<p>30</p> <p>♥Salmon w/ Apricot Glaze Garden Wild Rice Fresh Broccoli ♥Vegetarian Linguine Primavera ♥Roasted Garlic Pork Tenderloin Mashed Potatoes / Pork Gravy Corn On A Cob Corn Chowder Hamburger Bar</p>	<p>♥♥♥ HEART HEALTHY ENTREES</p>

