


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p><u>Cafeteria Hours</u></p> <p><u>Breakfast</u> 6:00am – 10:00am</p> <p><u>Lunch & Dinner</u> 11:00am – 6:30pm</p> <p><u>Night Shift</u> 6:30pm – 1:30am</p>		1	2
		♥♥♥ HEART HEALTHY SPECIALS			♥Salmon w/ Tomato Basil Salsa Rice Pilaf / Fresh Zucchini ♥Pork Tenderloin w/ Lemon, Thyme & Garlic Mashed Potatoes / Pork Gravy Chicken Veracruz Chicken Rice Soup Taco & Chicken Bar	Carved Tri Tip Beef Red Skin Mashed Potatoes Beef Gravy Whole Green Beans ♥Lemon Herb Chicken Garden Wild Rice Chicken Tortilla Chips Hamburger Bar
3	4	5	6	7	8	9
Swedish Meat Balls Mashed Potatoes Beef Gravy Fresh Broccoli Chicken Style Ranch Rice Pilaf Pork Barley Soup Oriental Chicken Beef Bar	<u>LABOR DAY</u> Dixie Fried chicken Mashed Potatoes / Country Gravy Mixed Veggies Chipotle Pork Chops Au Gratin potatoes Beef Barley Soup Barbeque Bar	Oriental Baby Back Ribs Chicken Royale ♥Teriyaki Tilapia Vegetable Egg Rolls Sweet Sour Sauce Fried Rice Sugar Snap Peas Split Pea Ham Soup Hot Dog & Chicken Brat Bar	Coffee Beef Short Ribs Red Skin Mashed Potatoes Beef Gravy Cut Green Beans Tortilla Lime Chicken Saffron Cilantro Rice ♥Spicy Cornmeal Cod Pizza Ham & Lima Bean Soup Shrimp Cocktail Bar	Chicken, Steak Or Shrimp Fajitas Chicken Chilaquiles Chili Rellenos & Spanish Sauce Spanish Rice Chicken Taquitos Mauri's Frijoles Mixed Veggies Corn On The Cod Tomato Florentine Soup Italian Pasta Bar	♥Salmon w/ Cucumber Dill Sauce Wild Rice / Fresh Asparagus Cheese Manicotti / Marinara Garlic Bread Mauri's Albondigas ♥Chicken w/ Cumin & Guacamole Clam Chowder Soup Taco & Chicken Fajita Bar	Carved Pork Roast Mashed Potatoes Pork Gravy California Veggies ♥Salmon Tango Rice Pilaf Steak & Veggie Soup Hamburger Bar
10	11	12	13	14	15	16
Spaghetti & Meat Or Marinara Sauce Garlic Bread Italian Veggies ♥Chicken w/ Spinach & Feta Jasmine Rice Vegetable Chicken Soup Oriental Chicken Beef Bar	<u>PARIOT DAY</u> Baked Meatloaf Mashed Potatoes / Beef Gravy California Vegetables ♥Lemon Herb Chicken Garden Wild Rice ♥Trout w/ Wild Mushrooms Mexican Chicken Soup Barbeque Bar	<u>Surf & Turf Special</u> Carved Filet Mignon Au Jus / Horseradish Twice Baked Potato Fresh Asparagus / Rice Pilaf Shrimp w Champagne Sauce ♥Vegetarian Linguine Primavera Pork Barley Soup Hot Dog & Chicken Brat Bar	Homemade Lasagna Meat Sauce / Garlic Bread Italian Veggies ♥Garlic Chicken Breast Garden Wild Rice Pecan Crusted Tilapia Pizza Italian Sausage Soup Shrimp Cocktail Bar	Carved Honey Ham Dijon Sauce Fresh Yams Fresh Broccoli / Wild Rice ♥Greek Style Chicken ♥Oven Brownd Orange Roughy Corn On The Cod Minestrone Soup Italian Pasta Bar	♥Salmon Neptune Jasmine Rice Whole Green Beans Pork Chops w/ Onion & Portabellos Mashed Potatoes / Pork Gravy ♥Safari Chicken Ham & Potato Chowder Taco & Chicken Fajita Bar	Huli-Huli Baby Back Ribs Au Gratin Potatoes Fresh Asparagus Fired Braised Chicken Thigh Meat Mashed Potatoes Country Gravy Chicken Noodle Soup Hamburger Bar
17	18	19	20	21	22	23
Beef Short Ribs w/ Mushroom & Onions' Red Skin Mashed Potatoes Beef Gravy California Veggies ♥Lemon Herb Chicken Chicken Barley Soup Oriental Chicken Beef Bar	<u>Surf & Turf Special</u> Angus Rib Eye Steaks w/ Mushroom & Onions Roasted Herb Potatoes Fresh Broccoli / Crab Cakes Roasted Red Pepper Aioli Chicken w/ Avocado Corn Salsa Chicken Noodle Soup Barbeque Bar	Glazed Corned Beef Red Herb Potatoes Steam Cabbage Ranch Style Chicken Garden Wild Rice Mixed Veggies ♥Oven Brownd Cod Chicken Vegetable Soup Hot Dog & Chicken Brat Bar	♥Maple Glazed Salmon w/ Pineapple Salsa Rice Pilaf / Fresh Asparagus Beef Stroganoff Mashed Potatoes / Beef Gravy Macaroni & Cheese / Pizza ♥Chicken Dijon Turkey Noodle Soup Shrimp Cocktail Bar	Carved Tri Tip Beef Red Skin Mashed Potatoes Beef Gravy Whole Green Beans / Wild Rice ♥Chicken Marsala ♥Trout Almondine Corn On The Cod Lentil & Kielbasa Stew Italian Pasta Bar	Macademia Halibut Garden Wild Rice California Veggies Beef Tips w/ Bell Pepper & Mushrooms Mashed Potatoes / Beef Gravy ♥Chicken w/ Artichokes Corn Chowder Taco & Chicken Fajita Bar	<u>Surf & Turf Special</u> Carved Filet Mignon Au Jus / Horseradish Scalloped Potatoes Fresh Asparagus Tempura Shrimp & Dipping Sauce Jasmine Rice Beef Barley Soup
24	25	26	27	28	29	30
Buttermilk Baked ½ Chicken Mashed Potatoes Country Gravy Mixed Veggies ♥Spicy Cornmeal Cod Wild Rice Mexican Chicken Soup Oriental Chicken & Beef Soup	♥Roast Turkey Mashed Potatoes / Turkey Gravy Bread Dressing / California Veggies Chicken w/ Marinara & Mozzarella Jasmine Rice ♥Oven Brownd Sea Bass Chicken Barley Soup Barbeque Bar	Marinated Skirt Steak Scalloped Potatoes Fresh Broccoli Chicken California Chablis Sauce Wild Rice Parmesan Crusted Tilapia Louisiana Gumbo Hot Dog & Chicken Brat Bar	Spaghetti & Meat Or Marinara Sauce Garlic Bread Italian Veggies / Jasmine Rice ♥Pineapple Chicken Breast ♥Oven Brownd Barramundi Fish Pizza Chicken Tortilla Soup Shrimp Cocktail Bar	<u>Surf & Turf Special</u> Carved Carved Prime Rib Fingerling Potatoes / Asparagus Fried Shrimp & Cocktail Sauce ♥Mustard & Thyme Grilled Chicken Garden Wild Rice Mauri's Posole Italian Pasta Bar	♥Salmon Tango Rice Pilaf Whole Green Beans ♥Beef Brisket w/ Carrots & Pearl Onions Mashed Potatoes / Beef Gray ♥Chicken Tangiers Bacon & Chicken Chowder Taco & Chicken Fajita Bar	3 Piece Honey Stung Chicken Mashed Potatoes Country Gravy Cut Green Beams ♥Oven Brownd Cod Wild Rice Chicken Rice Soup Hamburger Bar

