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North County Women Are Turning to a New Laser Therapy to Treat Vaginal Atrophy

Tri-City Medical Center and partner Radiance OB-GYN are helping patients with a new state-of-the art fractional carbon dioxide laser, MonaLisa Touch®

OCEANSIDE, Calif. – More than 40 percent of women will experience vaginal atrophy as a symptom of menopause and even more will experience it after breast cancer treatment or childbirth. To help bring them comfort and confidence, [Tri-City Medical Center](#) affiliate Dr. Jan Penvose-Yi has integrated a groundbreaking laser technology into her practice, [Radiance OB-GYN](#), 3998 Vista Way in Oceanside.

Designed to address a number of common vaginal conditions and complications, the [MonaLisa Touch®](#) allows women to treat pain and discomfort while regaining confidence through a quick, painless and minimally invasive procedure.

“When estrogen levels fall, gynecological changes can occur, causing pain and discomfort as well as emotional strain,” explained Dr. Penvose-Yi. “This is an outpatient treatment that can be completed in the privacy of my office with virtually no pain.”

After life events such as childbirth, menopause and breast cancer, women often face symptoms of discomfort or conditions including dryness, burning, pain during intercourse and/or urinary incontinence as a result of decreased estrogen levels. Ranging from uncomfortable to problematic, these issues have a profound impact on women’s health, quality of life and even sense of self. The MonaLisa Touch works to resolve and prevent gynecologic conditions related to estrogen deficiencies by stimulating collagen production in the vaginal mucosa. Its carbon dioxide fractional laser causes micro-lesions to activate tissue regeneration through a pain-free, safe process. Improvements are often noticed after just one treatment, with most patients seeing marked results after three.

To learn more about Women’s Care at Tri-City Medical Center, visit www.tricitymed.org. For more information on Radiance OB-GYN, visit www.radianceobgyn.com or call 760-385-8008.

About Tri-City Medical Center

Tri-City Medical Center has served its community for over 50 years and is a 397 bed full service, acute-care hospital in Oceanside, Calif. with a primary care clinic and over 700 physicians practicing in 60 specialties. Its

Gold Seal of Approval® from the Joint Commission recognizes its commitment to safe and effective patient care for the residents of the community it serves. It operates the only Level III Neonatal Intensive Care Unit (NICU) in North County as well as an Orthopaedic & Spine Institute, a Cardiovascular Health Institute and a Neuroscience Institute along with the Tri-City Wellness Center in Carlsbad, Calif., recognized as one of the best wellness centers in San Diego County. It also specializes in women’s health, robotic surgery, cancer and emergency care. Tri-City Medical Center has received its fifth consecutive “A” rating from the national hospital safety scoring organization, The Leapfrog Group.

For more information about Tri-City Medical Center and Tri-City Healthcare District, please visit www.tricitymed.org.

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