

# DUAL RECOVERY PROGRAM

# PERSONALIZED TREATMENT APPROACH



The Dual Recovery Intensive Outpatient Program utilizes an integrated treatment approach to simultaneously address psychiatric and substance abuse disorders. We offer a comprehensive and individualized type of care, designed to help participants understand and address the interactive relationship between psychiatric illness and substance abuse issues.

The Dual Recovery Program provides services as a trans-disciplinary team, consisting of Psychiatrists, Certified Alcohol and Drug Counselors, Psychologists, Licensed Clinical Social Workers, Marriage Family Therapists, Licensed Professional Clinical Counselors and Nurses. Through medication management and a combination of intensive therapeutic treatment strategies and psycho-education, our program helps participants begin the recovery process while promoting lifestyle changes that support recovery.

**For more information or to make a referral please call the Community Liaison at (760) 940-5051**

 **Tri-City Medical Center**  
**Outpatient Behavioral**  
**Health Services**

510 W. Vista Way (Melrose Plaza) Vista, CA 92083