

BUILDING STRUCTURES

- A – Main Hospital**
 - Beatrice Riggs French Women’s Center
 - Behavioral Health
 - Cardiac Cath Lab
 - Cardiovascular Health Institute
 - Center Tower
 - Edgar & Jo Anne Jones Women’s Diagnostic Center
 - Emergency Department
 - Eugene L. Geil Pavilion Tower
 - Heart and Vascular Institute
 - Intensive Care Unit
 - Laboratory
 - Orthopedics
 - Rehabilitation Services
 - Pulmonary Rehabilitation Center
 - Radiology
 - Rehabilitation Unit
 - South Tower
 - Surgery
- B – MRI/CT**
- C – Outpatient Rehabilitation Services**
- D – Tri-City Medical Plaza**
 - John S. Middlekauf Outpatient Radiology Center – Suite 101
 - Outpatient Nuclear Medicine – Suite 111
 - Pre-Op Patient Education – Suite 107
 - Public Affairs & Marketing – Suite 214
- E – Cardiac Wellness Center**
- F – Tri-City Office Building**
- G – Business Management Services**

PARKING LOTS

- P-1** Visitor
- P-2** Emergency Department
- P-3** Pulmonary Rehabilitation Center
- P-4** MRI/CT
- P-5** Cardiac Wellness Center
- P-6** Tri-City Office Building
- P-7** Outpatient Rehabilitation Services
- P-8** Tri-City Medical Plaza

WELCOME TO TRI-CITY MEDICAL CENTER

This guide provides information to make your visit easier and more enjoyable. Maps to departments and services as well as available parking are located inside. The information desk is located in the lobby inside the Main Entrance, where volunteers can assist you with room directions and other information.

HELPFUL INFORMATION

VISITING HOURS • Most areas: 24 hours a day
Visitors are beneficial to a patient’s recovery, yet rest is an important part of each patient’s treatment. Therefore, we ask that no more than two visitors be with a patient at one time. Visitation may be restricted during flu season and/or other circumstances.

MATERNITY
Neonatal Intensive Care Unit: Our visiting hours are 24 hours a day, limit 2 at bedside; except during shift change which takes place from 6:45 – 7:45 a.m./pm. One “banded” person must be at bedside with visitor. We do not have child care services and ask that you do not bring young children without someone to watch them while you visit. Children must have current immunization card.
Labor and Delivery: Visiting Hours during triage/admission—significant other only. Visitors at the bedside allowed. Children under 14 years of age are limited to siblings only, with current immunization card and an adult responsible for their care.
Post Partum: Significant others and grandparents: open visiting. General visitors: 8:00 a.m. – 7:00 p.m. and 8:00 p.m. – 10:00 p.m. Limited to 4 visitors per room at one time. If patient is in semi-private room with a roommate: 2 visitors per patient at a time. Children under 14 years limited to siblings of baby and must have a current immunization card. To provide privacy and confidentiality, visitors may be requested to wait in designated waiting areas during physician examinations, nursing care, and the performance of tests or procedures.

ADULT CRITICAL CARE UNIT
• Visitors permitted all hours except 7:00 a.m. – 8:00 a.m. and 7:00 p.m. – 8:00 p.m.
• Family only, two at a time. Children under 14 not permitted.
• No flowers or plants allowed.

DINING AREA
The hospital cafeteria is located in the lower lever (LL) and is open for service 6:00 a.m. – 1:30 a.m. daily.
Coffee Cart hours: Located on the main floor in the lobby. Monday – Friday, 6:30 a.m. – 4:30 p.m., closed weekends.

GIFT SHOP
• The hospital Auxiliary operates a Gift Shop in the main lobby. Items available include candy, magazines, toiletries, cards, games, flowers, and a variety of gifts.
• The Gift Shop is open Monday – Friday, 9:00 a.m. – 7:30 p.m. Saturday 9:00 a.m. – 4:00 p.m., Sunday 11:00 a.m. – 3:00 p.m.

PARKING
Shuttles make regular rounds of the lots and are happy to give you a ride to the hospital.

INFORMATION FOR YOUR SAFETY

SMOKING POLICY
As part of our commitment to your good health and safety, Tri-City Medical Center is a completely smoke-free campus.

VALUABLES/PERSONAL ITEMS
• It is in your best interest to leave valuables at home or send them home with family members.
• While we do everything possible to assure the safety and security of your belongings, we cannot assume responsibility for loss or damage to valuables, clothing, or other personal items.
• For money and jewelry that cannot be sent home, a safe in the Business Office is available for your use. Please ask the nurse for further information regarding the use of the hospital safe.
• If you misplace your personal belongings, please notify your nurse.
• Please turn off your cell phone in areas where signs are posted restricting cell phone use.
• Balloons: There are people who have severe allergies to latex. Some balloons are made with latex. The hospital prohibits latex balloons and we ask that Mylar balloons be used. Most florists are aware of this issue and use only Mylar balloons for hospital deliveries.

STANDARD PRECAUTIONS
• Good hand hygiene is our single most important way to prevent disease.
• Occasionally members of your health care team may wear a gown, mask, eye protection, and gloves. This is a precautionary measure to protect you and your healthcare provider against contact with blood and other bodily fluids.
• These procedures are required by the Federal Occupational Safety and Health Administration.

DISTRICT RESIDENT BENEFIT PROGRAM
If you live in the Tri-City Healthcare District consisting of most areas of Carlsbad, Oceanside, and Vista, you may be eligible to receive certain hospital benefits as part of the District Resident Benefit Program.
For more information about becoming a member, call 760.940.5700 or visit www.tricitymed.org.

IMPORTANT NUMBERS

CONTACT INFORMATION

- Main Hospital Number** 760.724.8411
- Hospital Security** Dial 0
- Lost & Found** 760.940.7461
- Shuttle Service** Dial 0
- ValuesLine** 800.273.8452
- Compliance Officer** 760.940.5955
- Tri-City Hospital Auxiliary** 760.940.3125
- Tri-City Hospital Foundation** 760.940.3370



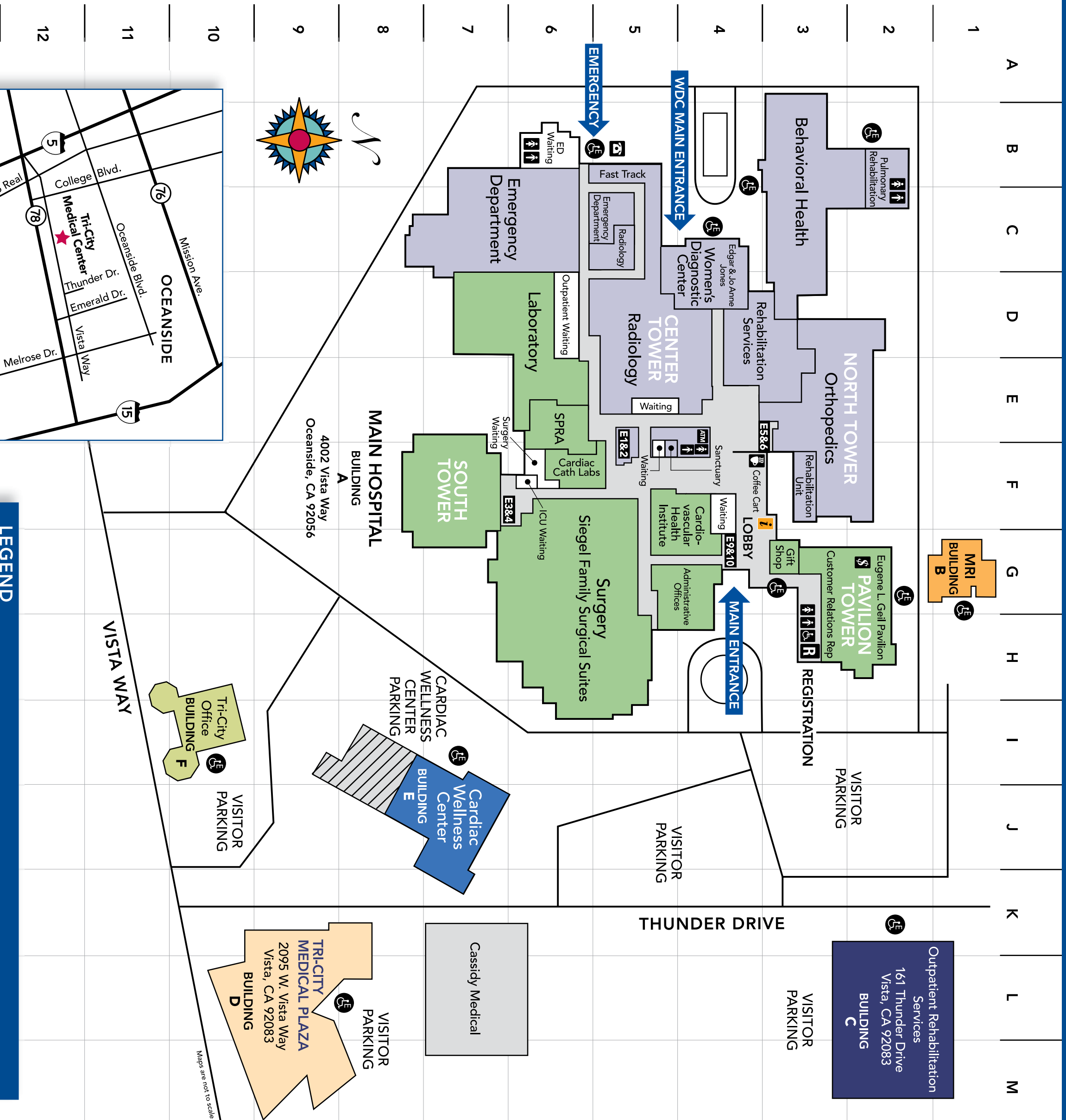
4002 Vista Way, Oceanside, CA 92056
855.222.8262 | www.tricitymed.org

Tri-City Medical Center
Administered by
Tri-City Healthcare District



*My Hospital
My Information*





HOSPITAL GUIDE	
Administration	G-4 First Floor, Main
Assembly Rooms 1-3	G-3 Lower Level, Main
Auxiliary Office	G-3 First Floor, Main
Beatrice Riggs French Women's Center	E-3 First Floor, Main
Beatrice Riggs French W.C. Elevators (E 586)	E-4
Behavioral Health	B-3 First Floor, Main
Cafeteria	E-5 Lower Level, Main
Cardiac Cath Lab	F-6 First Floor, Main
Cardiac Wellness Center	J-7 Building E
Cardiovascular Health Institute	F-4 First Floor, Main
Center Tower Elevators (E 182)	F-5
Classrooms 4-7	G-3 Lower Level, Main
Customer Relations Representative	G-3 First Floor, Main
Edgar & Jo Anne Women's Diagnostic Cntr.	C-4 First Floor, Main
Education Department – Professional	C-3 Lower Level, Main
Emergency Department	G-6 First Floor, Main
Eugene L.Gell Pavilion Tower Elevators (E 9&10)	G-4
Fast Track	B-5 First Floor, Main
Foundation Office	G-3 First Floor, Main
Gift Shop	G-3 First Floor, Main
Tri-City Office Building	I-10 Building F
ICU Waiting	F-6 First Floor, Main
Intensive Care Unit: Rooms 127-152	F-7 First Floor, Main
Intermediate Care: Rooms 227-252	F-7 Second Floor, Main
Intermediate Care: Rooms 327-352	F-7 Third Floor, Main
Intermediate Care: Rooms 427-452	F-7 Fourth Floor, Main
Labor & Delivery: LDRP 1-18	F-3 Second Floor, Main
Laboratory	D-6 First Floor, Main
Medical Library	G-3 Lower Level, Main
Medical Records	E-5 Lower Level, Main
Medical-Surgical: Rooms 275-297	G-3 Second Floor, Main
Medical-Surgical: Rooms 375-397	G-3 Third Floor, Main
Medical-Surgical: Rooms 475-497	G-3 Fourth Floor, Main
MRI	G-1 Building B
Neonatal Intensive Care	F-7 Third Floor, Main
Oncology	G-3 Fourth Floor, Main
Orthopedics	E-3 First Floor, Main
Outpatient Rehab Services	L-2 Building C
Outpatient Waiting	D-6 First Floor, Main
Patient Accounting / Cashier	G-2 First Floor, Main
Postpartum: Rooms 263-274	E-3 Second Floor, Main
Pre-Op Patient Education: Bldg D, Suite 107	L-9 Building D
Pulmonary Rehabilitation Center	B-2 First Floor, Main
Radiology	D-5 First Floor, Main
Radiology Waiting	E-4 First Floor, Main
Registration	H-3 First Floor, Main
Rehabilitation Services	D-3 First Floor, Main
Rehabilitation Unit: Rooms 118-122	F-3 First Floor, Main
Sanctuary	E-5 First Floor, Main
Special Procedures Recovery Area (SPRA)	E-6 First Floor, Main
South Tower Elevators (E 3&4)	F-7
Siegel Family Surgical Suites	G-6 First Floor, Main
Surgery Waiting Area	F-6 First Floor, Main
Tri-City Medical Plaza	L-9 Building D
Waiting Area	F-4 First Floor, Main
WorkPartners: Bldg D, Suite 106	M-9 Building D

PATIENT ROOMS BY NUMBER

Rooms 1-18: Labor & Delivery (LDRS)	F-3 Second Floor, Main
Rooms 100-118: Rehabilitation Unit	F-3 First Floor, Main
Rooms 118-122: Rehabilitation Unit	F-3 First Floor, Main
Rooms 127-152: Intensive Care Unit	F-7 First Floor, Main
Rooms 227-252: Intermediate Care	F-7 Second Floor, Main
Rooms 263-274: Postpartum	E-3 Second Floor, Main
Rooms 275-297: Medical-Surgical	G-3 Second Floor, Main
Rooms 327-352: Intermediate Care	F-7 Third Floor, Main
Rooms 375-397: Medical-Surgical	G-3 Third Floor, Main
Rooms 427-452: Intermediate Care	F-7 Fourth Floor, Main
Rooms 475-497: Medical-Surgical	G-3 Fourth Floor, Main

LEGEND

	Wheelchair Accessible
	Entrance
	Registration
	Information Desk
	Cashier
	ATM
	Telephone
	Coffee Cart
	Women's Restroom
	Men's Restroom
	Wheelchair Accessible Restroom
	Office Space
	Main Hallways
	Waiting Areas

ELEVATORS

E1&2	Center Tower Elevators
E3&4	South Tower Elevators
E5&6	Beatrice Riggs French Women's Center Elevators
E9&10	Pavilion Elevators

CONTACT

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Maps are not to scale