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## Tri-City Medical Center Honored with Resuscitation Award

OCEANSIDE, Calif.—Tri-City Medical Center has received the Get With The Guidelines®-Resuscitation Silver Award for implementing specific quality improvement measures outlined by the American Heart Association for the treatment of patients who suffer cardiac arrests in the hospital.

More than 200,000 adults and children have an in-hospital cardiac arrest each year, according to the American Heart Association. The Get With The Guidelines-Resuscitation program was developed with the goal to save lives of those who experience in-hospital cardiac arrests through consistently following the most up-to-date research-based guidelines for treatment. Guidelines include following protocols for patient safety, medical emergency team response, effective and timely resuscitation (CPR) and post-resuscitation care.

Tri-City Medical Center received the award for meeting specific measures in treating adult and newborn patients who suffer in-hospital cardiac arrests in the hospital.

“Tri-City Medical Center is dedicated to helping our patients have the best possible outcome and implementing the American Heart Association’s Get With The Guidelines-Resuscitation program will help us accomplish this by making it easier for our teams to put proven knowledge and guidelines to work on a daily basis,” said Steve Dietlin, CEO, Tri-City Medical Center.

“We are pleased to recognize Tri-City Medical Center for their commitment in following these guidelines,” said Paul Heidenreich, M.D., M.S., national chairman of the Get With The Guidelines Steering Committee and Professor of Medicine at Stanford University. “Shortening the time to effective resuscitation and maximizing post-resuscitation care is critical to patient survival.”

Get With The Guidelines-Resuscitation builds on the work of the American Heart Association’s National Registry of Cardiopulmonary Resuscitation, originally launched in 1999 and has collected in-hospital cardiac arrest data from more than 500 hospitals. Data from the registry and the quality program give participating hospitals feedback on their resuscitation practice and patient outcomes. The data also help improve research-based guidelines for in-hospital resuscitation.

To receive this award a hospital must comply with the quality measures for one year.

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### About Tri-City Medical Center

Tri-City Medical Center has served its community for over 50 years and is a 388-bed full service, acute-care hospital in Oceanside, Calif. with a primary care clinic and over 700 physicians practicing in 60

specialties. Its Gold Seal of Approval® from the Joint Commission recognizes its commitment to safe and effective patient care for the residents of the community it serves. It operates the only Level III Neonatal Intensive Care Unit (NICU) in North County as well as an Orthopedic & Spine Institute, a Cardiovascular Health Institute and a Neuroscience Institute along with the Tri-City Wellness Center in Carlsbad, Calif., recognized as one of the best wellness centers in San Diego County. It also specializes in women's health, robotic surgery, cancer and emergency care. For more information about Tri-City Medical Center and Tri-City Healthcare District, please visit [www.tricitymed.org](http://www.tricitymed.org).

**About Get With The Guidelines**

Get With The Guidelines® is the American Heart Association/American Stroke Association's hospital-based quality improvement program that provides hospitals with the latest research-based guidelines. Developed with the goal of saving lives and hastening recovery, Get With The Guidelines has touched the lives of more than 6 million patients since 2001. For more information, visit [heart.org](http://heart.org).