

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><u>Thanksgiving Day</u></p> <p>Free Turkey Meal "With All The Trimmings" For Employees Working Nov 23.</p> <p>Visitors Welcome - \$6.75</p> <p>Happy Holidays!</p>	<p><u>Daily Breakfast Special</u></p> <p>Muffin &amp; Cup Of Coffee</p> <p>\$1.99 – Employees</p> <p>6:00am – 11:00am Only</p>	<p>♥♥♥ HEART HEALTHY SPECIALS</p>	<p>1</p> <p>Oriental Baby Back Ribs Chicken Royale ♥Teriyaki Tilapia Sweet &amp; Sour Sauce Fried Rice Oriental Veggies Pizza Spit Pea &amp; Ham Soup Shrimp Cocktail Bar</p>	<p>2</p> <p>Coffee Marinated Short Ribs Red Skin Mashed Potatoes Beef Gravy Whole Green Beans / Corn Tortilla Lime Chicken Saffron Cilantro Rice ♥Spicy Cornmeal Cod Chicken Rice Soup Chili &amp; Corn Bread Bar</p>	<p>3</p> <p>♥Salmon w Cucumber Dill Sauce Wild Rice California veggies Beef Tips w/ Pell Peppers Mashed Potatoes/Beef Gravy ♥Chicken w/ Cumin &amp; Guacamole Beef Barley Soup Taco &amp; Chicken Fajita Bar</p>	<p>4</p> <p>Swedish Meat Balls Mashed Potatoes Beef Gravy Fresh Broccoli Ranch Chicken Wild Rice Chicken Tortilla Soup Pizza Hamburger Bar</p>
<p>5</p> <p>Carved Tri-tip Beef Red Skin Mashed Potatoes Beef Gravy Whole Green Beans ♥Lemon Herb Chicken Rice Pilaf Pork Barley Soup Chicken Osso Bucco Bar</p>	<p>6</p> <p><u>Surf &amp; Turf Special</u> Carved Filet Mignon Au Jus / Horseradish Roasted Herb Potatoes Fresh Broccoli Shrimp In Champagne Sauce Rice Pilaf ♥Safari Chicken Ham &amp; Lima Bean Soup Italian Pasta Bar</p>	<p>7</p> <p>Baked Meat Loaf Mashed Potatoes Beef Gravy Cut Green Beans / Corn ♥Lemon Herb Chicken Garden Wild Rice ♥Trout w/ Wild Mushrooms Tomato Florentine Soup Chicken Breast Bar</p>	<p>8</p> <p>Dixie Fried Chicken Mashed Potatoes / Country Gravy Mixed Veggies Cheese Manicotti / Marinara Garlic Bread ♥Oven Browned Cod Pizza / Peas Italian Sausage Soup Shrimp Cocktail Bar</p>	<p>9</p> <p>Chicken Enchiladas Tamales w/ Chili Chili Rellenos w/ Spanish Sauce Chicken Taquitos Spanish Rice Frijoles Carrot Coins Steak &amp; Vegie Soup Chili &amp; Corn Bread Bar</p>	<p>10</p> <p>♥Maple Glazed Salmon w/ Pineapple Salsa Rice Pilaf / Fresh Zucchini Mauri's Albondigas Chipotle Pork Chops Mashed Potatoes / Pork Gravy Chicken w/ Avocado Corn Salsa Clam Chowder Taco &amp; Chicken Fajita Bar</p>	<p>11</p> <p><u>Veterans Day</u> Surf &amp; Turf Special Carved Filet Mignon Au Jus / Horseradish Scalloped Potatoes Fresh Broccoli / Jasmine Rice Tempura Shrimp &amp; Dipping Sauce Chicken Rice Soup</p>
<p>12</p> <p>Carved Pork Roast Mashed Potatoes Pork Gravy California Veggies ♥Salmon Tango Wild Rice Mexican Chicken Tortilla Soup Chicken Osso Bucco Bar</p>	<p>13</p> <p>Glaze Corned Beef Red Potatoes Steam Cabbage Ranch Style Chicken Wild Rice / Yellow Squash Macaroni &amp; Cheese ♥Pecan Crusted Tilapia Chicken Noddle Soup Italian Pasta Bar</p>	<p>14</p> <p>Carved Honey Ham Dijon Sauce Fresh Yams California Veggies ♥Greek Chicken Rice Pilaf ♥Oven Browned Orange Roughy Pork Barley Soup Chicken Breast Bar</p>	<p>15</p> <p>Homemade Lasagna Meat Sauce / Garlic Bread Italian Veggies ♥Garlic Chicken Breast Garden Wild Rice ♥Lemon Cilantro Halibut Pizza / Peas Minestrone Soup Shrimp Cocktail Bar</p>	<p>16</p> <p><u>Surf &amp; Turf Special</u> Angus Rib Eye Steaks w/ Mushrooms &amp; Onions Scalloped Potatoes Fresh Asparagus / Jasmine Rice Crab Cakes &amp; Red Pepper Aioli ♥Chicken Breast Dijon Chicken Vegie Soup Chili &amp; Corn Bread Bar</p>	<p>17</p> <p>♥Salmon Tango Garden Wild Rice Fresh Broccoli / Corn ♥Pork Tenderloin w/ Lemon, Thyme, &amp; Garlic Mashed Potatoes / Pork Gravy ♥Pineapple Chicken Ham &amp; Potato Chowder Taco &amp; Chicken Fajita Bar</p>	<p>18</p> <p>Spaghetti &amp; Meat Sauce Marinara Sauce Garlic Bread Italian Veggies ♥Chicken w/ Spinach &amp; Feta Jasmine Rice Chicken Barley Soup Hamburger Bar</p>
<p>19</p> <p>Huli-Huli Baby Baby Back Ribs Au Gratin Potatoes Fresh Asparagus Fired Braised Chicken Thigh Meat Mashed Potatoes / Country Gravy Pizza Veggie Beef Soup Chicken Osso Bucco Bar</p>	<p>20</p> <p>Beef Stroganoff Rotelle Pasta California Veggies / Peas ♥Vegetarian Linguine Primavera ♥Chicken California &amp; Supreme Sauce Garden Wild Rice Lentil &amp; Kielbasa Stew Italian Pasta Bar</p>	<p>21</p> <p>Carved Tri-tip Beef Red Skin Mashed Potatoes Beef Gravy Carrot Slims / Peas ♥Chicken Masala Rice Pilaf ♥Oven Browned Sea Bass Mexican Chicken Soup Chicken Breast Bar</p>	<p>22</p> <p>♥Salmon Neptune Jasmine Rice Whole Green Beans Pork Chops w/ Portobello Mushroom Mashed Potatoes / Pork Gravy ♥Chicken w Marinara &amp; Mozzarella Pizza Chicken Barley Soup Shrimp Cocktail Bar</p>	<p>23</p> <p>Thanksgiving Day</p> <p>Free Turkey Meal With "ALL THE TRIMINGS" For TCMC EMPLOYEES Working 11/23. Roast Turkey &amp; Gravy Mashed Potatoes Bread Dressing, Green Beans, Cranberry, Tossed, Macaroni Salad Or Fruit Salad Roll Pumpkin Pie</p>	<p>24</p> <p>♥Salmon w/ Hollandaise Dill Sauce Garden Wild Rice California Veggies ♥Beef Brisket w/ Pearl Onion &amp; Carrots Mashed Potatoes / Beef Gravy Bacon Chicken Chowder Taco &amp; Chicken Fajita Bar</p>	<p>25</p> <p>3 Piece Honey Stung Fried Chicken Mashed Potatoes Country Gravy Mixed Veggies ♥Oven Browned Cod Rice Pilaf Veggie Chicken Soup Hamburger Bar</p>
<p>26</p> <p>Beef Short Ribs w/ Mushroom &amp; Onions Red Skin Mashed Potatoes Beef Gravy Cut Green Beans Ranch Style Chicken Garden Wild Rice Chicken Noodle Soup Chicken Osso Bucco bar</p>	<p>27</p> <p>3 Piece Honey Stung Fried Chicken Mashed Potatoes / Country Gravy Mixed Veggies / Corn Swedish Meat Balls Jasmine Rice ♥Parmesan Crusted Tilapia Mauris Polole Italian Pasta Bar</p>	<p>28</p> <p><u>Surf &amp; Turf Special</u> Carved Prime Rib Au Jus / Horseradish Fingerling Potatoes Fresh Asparagus / Wild Rice Fries Shrimp &amp; Cocktail Sauce ♥Mustard &amp; Thyme Grilled Chicken Louisiana Gumbo</p>	<p>29</p> <p>Spaghetti &amp; Meat or Marinara Sauce Garlic Bread Italian Veggies / Rice Pilaf ♥Chicken w/ Artichokes ♥Oven Browned Red Snapper Pizza Turkey Rice Soup Shrimp Cocktail Bar</p>	<p>30</p> <p>Marinated Skirt Steak Twice Baked Potato California Veggies / Peas Pasta &amp; Chicken Primavera ♥Macademia Halibut Garden Wild Rice Chicken Tortilla Soup Chili &amp; Corn Bread Bar</p>	<p>Cafeteria Hours</p> <p><u>Breakfast</u> 6:00am – 10:00am <u>Lunch &amp; Dinner</u> 11:00am – 6:30pm <u>Night Shift</u> 6:30pm – 1:30am</p>	

