

February 2018 — Cafeteria Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
<p><u>February 13</u> <u>Mardi Gras Specials</u></p> <p>Jambalaya, Cajun Shrimp, Jamaican Jerk Steak, Louisiana Red Beans & Rice, Gumbo</p> <p>Combo Plate - \$6.99</p>	<p>Valentine's Day</p> <p>&</p> <p>Ash Wednesday</p> <p>February 14</p> <p>♥Salmon & Fettucine Alfredo Special</p>	<p>♥</p> <p>HEART HEALTHY ENTREES</p> <p>♥</p>		<p>Beef Short Ribs w/ Mushroom & Onions</p> <p>Red Skin Mashed Potatoes</p> <p>California Veggies</p> <p>Ranch Style Chicken</p> <p>Wild Rice</p> <p>♥Lemon Herb Trout</p> <p>Split Pea & Ham Soup</p> <p>Hamburger Bar</p>	<p>♥Salmon Seattle Rice Pilaf</p> <p>Fresh Broccoli</p> <p>Dixie Baked Pork Chops</p> <p>Pork Gravy</p> <p>Chicken w/ Mushrooms & Balsamic Vinegar</p> <p>Corn</p> <p>Beef Barley Soup</p> <p>Italian Pasta Bar</p>	<p>Beef Stroganoff</p> <p>Rotelle Pasta</p> <p>Whole Green Beans</p> <p>♥South Western Chicken</p> <p>Garden Wild Rice</p> <p>Pork Barley Soup</p> <p>Chili & Cornbread Bar</p>
4	5	6	7	8	9	10
<p>Carved Tri-Tip Beef</p> <p>Mashed Potatoes</p> <p>Beef Gravy</p> <p>Carrot Slims</p> <p>Peas</p> <p>♥Lemon Herb Chicken</p> <p>Rice Pilaf</p> <p>Chicken Tortilla Soup</p> <p>Chicken Breast Bar</p>	<p>Buttermilk Baked Half Chicken</p> <p>Mashed Potatoes / Country Gravy</p> <p>Mixed Vegetables</p> <p>Cheese Stuffed Shells</p> <p>Marinara</p> <p>Garlic Bread</p> <p>♥Garlic & Herb Breaded Tilapia</p> <p>Chicken Rice Soup</p> <p>Taco & Chicken Fajita Bar</p>	<p>Thai Pasta & Chicken</p> <p>Vegetarian Thai Pasta Stir Fry</p> <p>♥Teriyaki Tilapia / Fried Rice</p> <p>♥Chicken Teriyaki w/ Pineapple</p> <p>Vegetable Egg Rolls</p> <p>Sweet Sour Sauce</p> <p>Oriental Veggies</p> <p>Ham & Lima Bean Soup</p> <p>Chicken Osso Bucco Bar</p>	<p>Huli-Huli St. Louis Style Pork Ribs</p> <p>Au Gratin Potatoes</p> <p>Fresh Broccoli / Rice Pilaf</p> <p>Chicken California & Supreme Sauce</p> <p>Macaroni & Cheese</p> <p>♥Spicy Cornmeal Cod</p> <p>Pizza</p> <p>Tomato Florentine Soup</p> <p>Shrimp & Cocktail Bar</p>	<p><u>Surf & Turf Special</u></p> <p>Carved Filet Mignon</p> <p>Au Jus / Horseradish</p> <p>Roasted Herb Potatoes</p> <p>Fresh Asparagus</p> <p>Tempura Shrimp & Dipping Sauce</p> <p>♥Chicken w/ Olive Oil</p> <p>Jasmine Rice</p> <p>Steak & Veggie Soup</p> <p>Hamburger Bar</p>	<p>♥Salmon & Chipotle Cream Sauce</p> <p>Garden Wild Rice</p> <p>Fresh Zucchini</p> <p>♥Italian Style Pork Tenderloin</p> <p>Mashed Potatoes / Pork Gravy</p> <p>♥Chicken w/ Sage & Cremini</p> <p>Mushrooms</p> <p>Clam Chowder / Albondigas</p> <p>Italian Pasta Bar</p>	<p>3 Piece Honey Strung Fried Chicken</p> <p>Mashed Potatoes / Country Gravy</p> <p>Mixed Veggies</p> <p>♥Salmon Seattle</p> <p>Rice Pilaf</p> <p>Mexican Chicken Soup</p> <p>Pizza</p> <p>Chili & Cornbread Bar</p>
11	12	13	14	15	16	17
<p>Spaghetti w/ Meat Or Marinara Sauce</p> <p>Garlic Bread</p> <p>Italian Veggies</p> <p>Ranch Style Chicken</p> <p>Wild Rice</p> <p>Chicken Rice Soup</p> <p>Chicken Breast Bar</p>	<p>Carved Pork Roast</p> <p>Mashed Potatoes / Pork Gravy</p> <p>Italian Veggies</p> <p>♥Chicken w/ Spinach & Feta</p> <p>Rice Pilaf</p> <p>♥Oven Browned Orange Roughy</p> <p>Peas</p> <p>Chicken Noodle Soup</p> <p>Taco & Chicken Fajita Bar</p>	<p><u>Mardi Gras Fat Tuesday</u></p> <p>Chicken & Shrimp Jambalaya</p> <p>Cajun Barbeque Shrimp</p> <p>Jamaican Jerk Flank Steak</p> <p>Louisiana Red Beans & Rice</p> <p>Mashed Potatoes / Beef Gravy</p> <p>Whole Green Beans</p> <p>Louisiana Gumbo</p> <p>Chicken Osso Bucco Bar</p>	<p><u>Valentine's Day</u> ♥</p> <p><u>Ash Wednesday</u></p> <p>♥Salmon & Fettucine Alfredo</p> <p>Fresh Broccoli / Garden Wild Rice</p> <p>Masala & Mushroom Pork Chops</p> <p>Mashed Potatoes / Pork Gravy</p> <p>♥South Western Style Chicken</p> <p>Corn / Pizza / Minestrone Soup</p> <p>Shrimp & Cocktail Bar</p>	<p>Carne Asada Ranchera</p> <p>Shrimp A La Mexicana</p> <p>♥Chicken Veracruz</p> <p>Chicken Taquitos</p> <p>Spanish Rice</p> <p>Mauri's Frijoles</p> <p>Mixed Vegetables</p> <p>Italian Sausage Soup</p> <p>Hamburger Bar</p>	<p>Halibut w/ Pine Nuts & Parmesan</p> <p>Rice Pilaf</p> <p>California Veggies</p> <p>♥Beef Brisket w/ Pearl Onions & Carrots</p> <p>Mashed Potatoes / Beef Gravy</p> <p>♥Chicken w/ Chipotle Adobo</p> <p>Picadillo Beef Soup</p> <p>Italian Pasta Bar</p>	<p><u>Surf & Turf Special</u></p> <p>Carved Prime Rib</p> <p>Au Jus / Horseradish</p> <p>Scalloped Potatoes</p> <p>Fresh Asparagus</p> <p>Shrimp Scampi</p> <p>Rice Pilaf</p> <p>Veggie Beef Soup</p> <p>Chili & Cornbread Bar</p>
18	19	20	21	22	23	24
<p>Beef Short Ribs w/ Mushrooms & Onions</p> <p>Red Skin Mashed Potatoes</p> <p>Beef Gravy</p> <p>California Veggies / Jasmine Rice</p> <p>♥Greek Style Chicken</p> <p>Pizza</p> <p>Chicken Barley Soup</p>	<p><u>Presidents' Day</u></p> <p>♥Roast Turkey Breast</p> <p>Bread Dressing</p> <p>Mashed Potatoes / Turkey Gravy</p> <p>Whole Green Beans</p> <p>♥Vegetarian Linguine Primavera</p> <p>♥Oven Browned Cod</p> <p>Pork Barley Soup</p> <p>Taco & Chicken Fajita Bar</p>	<p><u>Surf & Turf Special</u></p> <p>Angus Rib Eye Steaks w/ Mushroom & Onion</p> <p>Scalloped Potatoes</p> <p>Fresh Asparagus</p> <p>Shrimp Scampi Rice Pilaf</p> <p>♥White Zinfandel Chicken</p> <p>Lentil & Kielbasa Stew</p> <p>Chicken Osso Bucco Bar</p>	<p>Carved Tri-Tip Beef</p> <p>Red Skin Mashed Potatoes</p> <p>Beef Gravy / Garden Wild Rice</p> <p>California Veggies</p> <p>♥Lemon Herb Chicken</p> <p>♥Oven Browned Sea Bass</p> <p>Pizza</p> <p>Mauri's Posole</p> <p>Shrimp & Cocktail Bar</p>	<p><u>The Carving Station</u></p> <p>Marinated Skirt Steak, Turkey</p> <p>Corned Beef, Honey Ham</p> <p>Pickle Spears, Whole Wheat Ciabatta, Kaiser Potato Medley</p> <p>♥Tilapia w/ Spinach & Cheese</p> <p>Rice Pilaf / Carrot Slims</p> <p>Chicken Tortilla Soup</p> <p>Hamburger Bar</p>	<p>♥Salmon w/ Apricot Glaze</p> <p>Wild Rice</p> <p>Fresh Broccoli / Corn</p> <p>Chipotle Short Ribs</p> <p>Mashed Potatoes / Beef Gravy</p> <p>♥Chicken Picante</p> <p>Bacon & Chicken Chowder</p> <p>Italian Pasta Bar</p>	<p>Carved Honey Ham</p> <p>Dijon Sauce</p> <p>Fresh Hams</p> <p>Whole Green Beans</p> <p>♥Lemon Herb Chicken</p> <p>Garden Wild Rice</p> <p>Chicken Noodle Soup</p> <p>Chili & Cornbread Bar</p>
25	26	27	28			
<p>Oriental Baby Back Ribs</p> <p>♥Lemon Teriyaki Chicken w/ Pineapple</p> <p>Veggie Egg Rolls</p> <p>Sweet & Sour Sauce</p> <p>Fried Rice Oriental Veggies</p> <p>Veggie Chicken Soup</p> <p>Chicken Breast Bar</p>	<p><u>Surf & Turf Special</u></p> <p>Carved Prime Rib</p> <p>Fingerling Potatoes</p> <p>Fresh Asparagus / Wild Rice</p> <p>Sea Scallops w/ Shitakes</p> <p>♥Mustard & Thyme</p> <p>Grilled Chicken</p> <p>Sausage & Lentil Soup</p> <p>Taco & Chicken Fajita Bar</p>	<p>Spaghetti & Meat Or Marinara Sauce</p> <p>Garlic Bread / Italian Veggies</p> <p>♥Chicken with Artichokes</p> <p>Rice Pilaf</p> <p>♥Pecan Crusted Tilapia</p> <p>Turkey Rice Soup</p> <p>Chicken Osso Bucco</p>	<p>3 Piece Honey Stung Fried Chicken</p> <p>Mashed Potatoes / Country Gravy</p> <p>Swedish Meatballs / Jasmine Rice</p> <p>♥Fresh Vegetable Platter</p> <p>Fresh Broccoli, Carrot Slims, Cauliflower, Hummus, Cheese</p> <p>Vegetarian Mediterranean Soup</p> <p>Shrimp & Cocktail Bar</p>	<p>Cafeteria Hours</p> <p>Breakfast</p> <p>6:00am – 10:00am</p> <p>Lunch & Dinner</p> <p>11:00am – 6:30pm</p>	<p>Night Shift</p> <p>6:30pm – 1:30am</p>	

