


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>MARCH IS</b></p> <p><b>NATIONAL NUTRITION MONTH</b></p> <p>♥HEART HEALTHY ENTREES</p>	<p><b>LOOK FOR</b></p> <p><b>HEALTHY SAMPLES</b></p> <p><b>IN THE CAFÉ</b></p> <p><b>ON WEDNESDAYS!</b></p>	<p><b>March 17</b></p> <p><b>St Patrick's Day Special</b></p> <p>♣</p> <p><b>Glazed Corned Beef &amp; Cabbage</b></p>		<p>1</p> <p>Coffee Marinated Beef Short Ribs Red Skin Mashed Potatoes Beef Gravy Cut Green Beans Tortilla Lime Chicken Saffron Cilantro Rice ♥Spicy Cornmeal Cod Chicken Rice Soup Chili &amp; Corn Bread Bar</p>	<p>2</p> <p>♥Salmon w/ Cucumber Dill Sauce Rice Pilaf California Veggies Beef Tips w/ Bell Peppers Mashed Potatoes &amp; Beef Gravy ♥Chicken w/ Cumin &amp; Guacamole Beef Barley Soup Pulled Pork bar</p>	<p>3</p> <p>Swedish Meatballs Mashed Potatoes Beef Gravy Carrot Slims Peas Ranch Chicken Garden Wild Rice Chicken Tortilla Soup Hamburger Bar</p>
<p>4</p> <p>Carved Tri Tip Beef Mashed Potatoes Beef Gravy California Veggies ♥Lemon Herb Chicken Rice Pilaf Mexican Chicken Soup Oriental Bar</p>	<p>5</p> <p>Dixie Baked Half Chicken Mashed Potatoes &amp; Country Gravy Mixed Veggies Cheese Manicotti &amp; Marinara Garlic Bread ♥Oven Browned Cod Split Pea &amp; Ham Soup Taco, Chicken Fajita Bar</p>	<p>6</p> <p><u>Surf &amp; Turf Special</u> Carved Filet Mignon Roasted Herb Potatoes Fresh Broccoli / Garden Wild Rice Crab Cakes &amp; Red Pepper Aioli ♥Chicken w/ Avocado Corn Salsa Beef Barley Soup Chicken Breast Bar</p>	<p>7</p> <p>Oriental Baby Back Ribs ♥Orange Island Chicken ♥Mandarin Mahi Mahi Vegetable Egg Rolls Sweet Sour Sauce Fried Rice Sugar Snap Peas Tomato Florentine Soup Shrimp Cocktail Bar</p>	<p>8</p> <p>Marinated Fajitas Chicken, Steak Shrimp Saffron Cilantro Rice Refried Beans ♥Chicken w/ Chipotle Adobo Fresh Zucchini Chicken &amp; Chili Relleno Casserole Italian Sausage Soup Chili &amp; Corn Bread bar</p>	<p>9</p> <p>♥Avocado Soy Salmon Jasmine Rice Fresh Asparagus Mauri's Albondigas Pork Chops w/ Portabellas Mashed Potatoes &amp; Pork Gravy ♥Pineapple Chicken Clam Chowder Soup Pulled Pork Bar</p>	<p>10</p> <p>Spaghetti &amp; Meat Or Marinara Sauce Garlic Bread Italian Veggies / Rice Pilaf ♥Chicken w/ Spinach &amp; Feta Pizza Chicken Rice Soup Hamburger Bar</p>
<p>11</p> <p>Beef Short Ribs w/ Mushrooms &amp; Onions Red Skin Mashed Potatoes Beef Gravy Cut Green Beans / Wild Rice Ranch Chicken Veggie Beef Barley Soup Oriental Bar</p>	<p>12</p> <p>Carved Pork Roast Mashed Potatoes &amp; Pork Gravy California Veggies / Corn Ranch Style Chicken Rice Pilaf ♥Cajun Style Trout Ham &amp; Lima Bean Soup Taco, Chicken Fajita Bar</p>	<p>13</p> <p>Carved Honey Ham Dijon Sauce Fresh Yams Fresh Broccoli ♥Greek Style Chicken Wild Rice ♥Oven Browned Orange Roughy Steak &amp; Veggie Soup Chicken Breast Bar</p>	<p>14</p> <p>Homemade Lasagna Meat Sauce Garlic Bread Bar Italian Veggies ♥Turkey Breast Forester Jasmine Rice / Corn ♥Parmesan Crusted Tilapia Chicken Noodle Soup Shrimp Cocktail Bar</p>	<p>15</p> <p><u>Surf &amp; Turf Special</u> Angus Ribeye Steaks, Mushrooms &amp; Onions Scalloped Potatoes Fresh Asparagus / Rice Pilaf Shrimp In Champagne Sauce ♥Chicken w/ 40 Cloves Garlic Minestrone Soup Chili &amp; Corn Bread Bar</p>	<p>16</p> <p>♥Salmon Neptune Garden Wild Rice Whole Green Beans ♥Pork Tenderloin w/ Lemon, Thyme, Garlic Mashed Potatoes &amp; Pork Gravy ♥Chicken w/ Spinach Pork Barley Soup Pulled Pork Bar</p>	<p>17</p> <p>♣<u>St Patrick's Day</u>♣ <u>Glazed Corned Beef &amp; Cabbage Special</u> Roasted Red Potatoes Steamed Cabbage <u>Irish Beef Stew</u> Shamrock Cup Cakes Hamburger Bar</p>
<p>18</p> <p>Huli Huli Baby Back Ribs Scalloped Potatoes Fresh Asparagus Fired Braised Chicken Thigh Meat Mashed Potatoes Pizza Chicken Noodle Soup Oriental Bar</p>	<p>19</p> <p>Baked Meat Loaf Mashed Potatoes &amp; Beef Gravy Carrot Slims / Peas ♥Lemon Herb Chicken Garden Wild Rice ♥Trout w/ Wild Mushrooms Chicken Veggie Soup Taco, Chicken Fajita Bar</p>	<p>20</p> <p><u>Spring Begins</u> ♥Maple Glazed Salmon w/ Pineapple Salsa Rice Pilaf / Fresh Asparagus Chicken &amp; Pasta Primavera Chipotle Pork Chops Mashed Potatoes &amp; Pork Gravy Lentil &amp; Kielbasa Stew Chicken Breast Bar</p>	<p>21</p> <p>Carved Tri Tip Beef Red Skin Mashed Potatoes Cut Green Beans ♥Balsamic Vinegar Chicken w/ Almonds &amp; Peppers Wild Rice / Corn ♥Oven Browned Sea Bass Mauri's Posole Shrimp Cocktail Bar</p>	<p>22</p> <p>Pear Balsamic Flank Steak Au Gratin Potatoes Fresh Zucchini Chicken California Chablis Sauce ♥Lemon Cilantro Tilapia Peas Vegetable Soup Chili &amp; Corn Bread Bar</p>	<p>23</p> <p>Halibut w/ Pine Nuts &amp; Parmesan Garden Wild Rice Fresh Broccoli Eye Of Round Beef Mashed Potatoes &amp; Beef Gravy ♥Chicken w/ Artichokes Ham &amp; Potato Chowder Pulled Pork Bar</p>	<p>24</p> <p><u>Surf &amp; Turf Special</u> Carved Filet Mignon Au Jus / Horseradish Roasted Herb Potatoes Fresh Asparagus / Jasmine Rice Tempura Shrimp &amp; Dipping Sauce Chicken Barley Soup Hamburger Bar</p>
<p>25</p> <p>Carved Pork Roast Mashed Potatoes Pork Gravy California Veggies ♥Salmon &amp; Fettucine Alfredo Veggie &amp; Chicken Soup Oriental Bar</p>	<p>26</p> <p>♥Roast Turkey Mashed Potatoes &amp; Pork Gravy Bread Dressing California Veggies / Rice Pilaf ♥Chicken Marsala w/ Sage &amp; Creminis Swedish Meatballs Sausage Lentil Soup Taco, Chicken Fajita Bar</p>	<p>27</p> <p><u>Surf &amp; Turf Special</u> Carved Prime Rib Au Jus / Horseradish Fingerling Potatoes Fresh Asparagus / Jasmine Rice Shrimp w/ Chipotle Cream Sauce ♥Chicken Parmesan Corn Chowder Chicken Breast Bar</p>	<p>28</p> <p>Spaghetti w/ Meat Or Marinara Sauce Garlic Bread Italian Veggies ♥Chicken Breast Cacciatorre ♥Chipotle Lime Tilapia Corn Chicken Tortilla Soup Shrimp Cocktail Bar</p>	<p>29</p> <p>3 Piece Honey Stung Fried Chicken Mashed Potatoes &amp; Country Gravy Mixed Veggies Beef Stroganoff Bowtie Pasta ♥Oven Browned Cod Turkey Noodle Soup</p>	<p>30</p> <p><u>Good Friday</u> Salmon Tango Wild Rice Cut Green Beans Chilled Flank Steak Mashed Potatoes &amp; Beed Gravy ♥Chicken Breast Dijon Bacon Chicken Chowder</p>	<p>21</p> <p>Dixie Baked Half Chicken Half Chicken Mashed Potatoes Country Gravy Mixed Veggies Swedish Meat Balls Rice Pilaf Beef Barley Soup Hamburger Bar</p>

