


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
MARCH IS NATIONAL NUTRITION MONTH	LOOK FOR HEALTHY SAMPLES IN THE CAFÉ ON WEDNESDAYS	B – BREAKFAST SPECIALS  WW – WALLET WATCHER SPECIALS  G – LUNCH & DINNER GRILL SPECIALS		B. Breakfast Sandwich + Tater Tots  WW. Ham & Cheese Melt + Pop Chips  G. Chef Salad	B. Chicken Tenders & Waffle  WW. Vegetable & Cheese Bagel + Fresh Fruit  G. Fuse Burger w/ Feta, Avocado On Yogurt Bun + Tossed Salad	B. Country Breakfast  WW. Fish Filet Sandwich + Tater Tots  G. Chicken Mushroom, Oregano, Swiss Sandwich + Baked Lays
4	5	6	7	8	9	10
B. California Eggs Benedict + Home Fries  WW. Chicken Nuggets + French Fries  G. Buffalo Chicken Wings + Celery, Blue Cheese & Sweet Potato Fries	B. Philly Cheesesteak Omelet + Home Fries  WW. Roast Beef Melt + Baked Lays  G. Chicken, Spinach, Bacon, Swiss On Pretzel Bun + Baked Lays	B. Pecan French Toast  WW. Zucchini Sticks + French Fries  <u>Taco Tuesday</u> 2 Beef Soft Tacos + Spanish Rice	B. Eggs Benedict + Home Fries  WW. Buffalo Burger + Pop Chips  G. Popcorn Chicken + French Fries	B. Spam, 2 Eggs + Home Fries  WW. Chicken Nuggets + French Fries  G. Meatballs & Cheese Sandwich + French Fries	<b>NEW</b> Breakfast Bacon Tacos + Avocado  WW. Fish Filet Sandwich + Coleslaw  G. California Turkey Burger + Tossed Salad	B. Breakfast Quesadilla  WW. Turkey Melt + Sweet Potato Fries  G. Ham, Guacamole, Bacon, Swiss On Ciabatta + Tater Tots
11	12	13	14	15	16	17
B. Meat Lover's Omelet +Home Fries  WW. Beef Tostada  G. Chicken BLTA + Sweet Potato Fries	B. Turkey & Cheese Scramble + Fresh Fruit  WW. Black Bean Burger +Fresh Fruit  G. Philly Cheesesteak Sandwich + Curly Fries	B. Brat, 2 eggs + Home Fries  WW. Calamari Rings + French Fries  G. A-1 Bacon, Swiss Steak Burger + Curly Fries	B. Egg White, Veggies & Feta Omelet + Fresh Fruit  WW. Chicken Spring Rolls + French Fries  G. California Roast Beef On Ciabatta + Kettle Chips	B. Breakfast Burger + Tater Tots  WW. Turkey Melt + Sea Salt Chips  G. 4 Chicken Taquitos + Spanish Rice	B. Breakfast Bowl  W. Turkey Burger + Pita Chips & Hummus  G. Fish & Chips + Coleslaw	B. Strawberry Belgian Waffle  WW. Chicken Tenders + French Fries  G. California French Dip Sandwich + Curly Fries
18	19	20	21	22	23	24
B. Ham & Cheese Scramble + Home Fries  WW. Roast Beef Melt + Curly Fries  G. Chicken Nachos Supreme	B. French Toast + 2 Sausage  WW. Chicken Filet Sandwich + Tater Tots  G. French dip + Curl Fries	B. Polish Sausage, 2 Eggs + Home Fries  WW. Hot Dog + Onion Rings  <u>Taco Tuesday</u> 2 Carne Asada Soft tacos + Spanish Rice	B. Sausage, Jalapeño, Cheese Scramble + Home Fries  WW. Chicken Tostada  G. Turkey Breast Reuben + Pop Chips	B. Country Breakfast  WW. Grilled Cheese + Tomato Soup  G. Chicken, Bacon, Avocado, Swiss On Pretzel Bun + Pop Chips	B. Vegetable & Cheese Scramble + Fresh Fruit  WW. Tuna Melt + Pop Chips  G. 3 Chicken Sliders + Curly Fries	B. Whole Wheat French Toast + 2 Sausage  WW. Zucchini Sticks + French Fries  G. Chicken Club On Ciabatta
25	26	27	28	29	30	31
B. Vegetable & Cheese Scramble + Fresh Fruit  WW. Chicken Filet Sandwich + French Fries  G. Salad-Tuna, Bacon, Egg, Tomato, Cheddar, Olives, Croutons	B. Breakfast Quesadilla  WW. Chicken Nuggets + Sweet Potato Fries  G. Chicken, Jalapeño, Bacon, Swiss On Pretzel Bun + French Fries	B. Steak & Eggs + Home Fries  WW. Pork Pot Stickers + French Fries  G. Turkey, Bacon, Avocado, Swiss On Whole Wheat Ciabatta +Fresh Fruit	B. Chicken Fried Steak, 2 Eggs + Home Fries  WW, Chicken Tenders + Fresh Fruit  G. Grilled Reuben + Tater Tots	B. Taco Omelet  WW. Turkey Melt + Pop Chips  G. Chicken Quesadilla + Spanish Rice	B. California Eggs Benedict + Fresh Fruit  WW. Garden Burger + Fresh Fruit  G. Fish & Chips + Coleslaw	B. Chicken Fried Steak, 2 Eggs + Home Fries  WW. Turkey Burger + Pita Chips & Hummus  G. Philly Cheese Steak Sandwich + Curly Fries

