

August 2010 Gale	steria meria				Iri-City i	viedicai Center
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
Beat The Heat Summer Special  All Ice Cream Bars & Pints  25 cents OFF		♥♥♥ Heart Healthy Entrees	Kung-Pao Chicken Soy Flank Steak  *Japanese Grilled Salmon Vegetable Eggs Rolls Sweet Sour Sauce Fried Rice / Oriental Veggies Pizza Split Pea & Ham Soup Shrimp, Cocktail Bar	Chicken Cordon Blue Supreme Sauce Rice Pilaf / Whole Green Beans Dixie Baked Pork Chops Mashed Potatoes / Pork Gravy *Oven Browned Tilapia Steak & Veggie Soup Italian Pasta Bar	Seafood Platter Shrimp, Calamari, Cod Steak Fries, Coleslaw  *Beef Brisket w/ Pearl Onions & Carrots / Broccoli Mashed Potatoes/ Beef Gravy  *Chicken Masala w/ Sage Corn-On-The-Cob Italian Sausage Soup Hamburger Bar	3 Piece Fried Chicken Mashed Potatoes Country Gravy California Veggies ♥Salmon Seattle Wild Rice Veggie Chicken Soup Barbeque Bar
5	6	7 Surf & Turf Special	St. Louis Smoked Ribs w/	Beef Short Ribs w/ Mushroom &	Salmon w/ Chipotle Cream Sauce	11
Beef Stroganoff Bow Tie Pasta Cut Green Beans *Chicken w/ Marinara & Mozzarella Rice Pilaf Chicken Tortilla Soup Chicken Breast Bar	Buttermilk Baked Half Chicken Mashed Potatoes / Country Gravy Mixed Vegetables Cheese Stuffed Shells Marinara / Garlic Bread *Lemon Herb Trout Ham & Lima Bean Soup Taco & Chicken Fajita Bar	Carved Filet Mignon Au Jus / Horseradish Roasted Red Potatoes Fresh Asparagus / Jasmine Rice Tempura Shrimp & Dipping Sauce Mustard & Thyme Chicken Louisiana Gumbo Chicken Wing Bar	Jalapeño Peach Glaze Au Gratin Potatoes Fresh Broccoli Ranch Style Chicken Wild Rice Spicy Cornmeal Cod Pizza Tomato Florentine Soup	Onions Red Skin Mashed Potatoes Organic California Veggies Chicken California Supreme Sauce  VOven Browned Orange Roughy Pork & Barley Soup Italian Pasta Bar	Garden Wild Rice/Cut Green Beans  VItalian Style Pork Tenderloin Mashed Potatoes / Pork Gravy Corn-On-The-Cob  Chicken w/ Mushrooms & Balsamic Vinegar Picadillo Beef Soup Hamburger Bar	Oriental Baby Back Ribs  Vlemon Teriyaki Chicken  Veggie Egg Rolls  Sweet Sour Sauce  Fried Rice  Oriental Veggies  Mexican Chicken Soup  Barbeque Bar
12	13	14	15	16	17	18
Carved Tri-Tip Beef Red Skin Mashed Potatoes Beef Gravy Italian Veggies Ranch Style Chicken Wild Rice Chicken Rice Soup Chicken Breast Bar	Eye Of Round Beef Mashed Potatoes / Beef Gravy Fresh Asparagus *Lemon Herb Chicken Rice Pilaf / Corn Garlic & Herb Breaded Tilapia Sausage & Lentil Soup Taco & Chicken Fajita Bar	Carved Pork Roast Mashed Potatoes / Pork Gravy Carrot Slims / Peas Saucy Shrimp & Asparagus *Chicken w/ Spinach Garden Wild Rice Mexican Chicken Soup Chicken Wing Bar	The Carving Station  Marinated Skirt Steak, Turkey, Honey Ham, Glazed Corned Beef Potato Medley, Pickle Spear Whole Wheat Ciabatta / Kaiser Oven Browned Cod Jasmine Rice / Mixed Veggies Pizza / Beef Barley Soup Shrimp, Cocktail Bar	Surf & Turf Special Angus Rib Eye Steak W/ Mushroom & Onions Twice Baked Potatoes Fresh Broccoli / Wild Rice Shrimp Scampi White Zinfandel Chicken Minestrone Soup Italian Pasta Bar	♥Salmon Seattle Rice Pilaf Organic Veggies ♥Chicken Veracruz Swedish Meat Balls Mashed Potatoes / Beef Gravy Corn-On-The-Cob Maury's Posole Hamburger Bar	Spaghetti w/ Meat OR Marinara Sauce Garlic Bread Fresh Broccoli *Lemon Herb Chicken Rice Pilaf Chicken Noddle Soup Barbeque Bar
19	20	21	22	23	24	25
Surf & Turf Special Carved Filet Mignon Au Jus / Horseradish Scalloped Potatoes Fresh Asparagus Crab Cakes & Red Pepper Aioli Jasmine Rice Chicken Barley Soup Chicken Breast Bar	Molasses Flank Steak Mashed Potatoes / Beef Gravy Italian Veggies Ranch Style Chicken Wild Rice VOven Browned Red Snapper Chicken Rice Soup Taco & Chicken Fajita Bar	Carved Tri-Tip Beef Red Skin Mashed Potatoes Beef Gravy / Fresh Asparagus Southwestern Style Chicken Rice Pilaf Trout w/ Lime Vinaigrette Salsa Lentil & Kielbasa Stew Chicken Wing Bar	Mediterranean Stuffed Chicken Breast Supreme Sauce Rice Pilaf Whole Green Beans Chipotle Pork Tenderloin Mashed Potatoes / Pork Gravy Pizza / Veggie Beef Soup Shrimp, Cocktail Bar	♥Salmon & Fettucine Alfredo Fresh Broccoli Masala Pork Chops Mashed Potatoes / Pork Gravy Eggplant Parmesan Marinara-Garlic Bread Turkey Rice Soup Italian Pasta Bar	Tilapia Fish Tacos Spanish Rice Maury's Frijoles Maury's Albondigas ♥Chicken w/ Chipotle Adobo Carrot Slims Corn-On-The-Cod Clam Chowder Hamburger Bar	Beef Short Ribs w/ Mushroom & Onion Mashed Potatoes Beef Gravy California Veggies Ranch Style Chicken Rice Pilaf Steak Veggie Soup Barbeque Bar
26	27	28	29	30	31	
Dixie Baked Half Chicken Mashed Potatoes Country Gravy Cut Green Beans Swedish Meat Balls Jasmine Rice Beef Barley Soup Chicken Breast Bar	Surf & Turf Special Carved Prime Rib Au Jus / Horseradish Fingerling Potatoes Fresh Asparagus / Rice Pilaf Sea Scallops In Champagne Sauce Vegetarian Linguine Primavera Ham & Potato Chowder Taco & Chicken Fajita Bar	Spaghetti & Meat Or Marinara Sauce Garlic Bread Italian Veggies *Chicken Parmesan Wild Rice Pecan Crusted Tilapia Chicken Noddle Soup Chicken Wing Bar	3 Piece Fried Chicken Mashed Potatoes / Country Gravy Mixed Veggies Beef Stroganoff Rotelle Pasta *Oven Browned Sea Bass Pizza Chicken Tortilla Soup Shrimp Cocktail Bar	♥Roast Turkey Mashed Potatoes / Turkey Gravy Bread Dressing Cut Green Beans / Rice Pilaf Halibut w/ Pine Nuts & Parmesan ♥Chicken w/ Chipotle Adobo Cream Of Asparagus Italian Pasta Bar	♥Salmon w/ Apricot Glaze Wild Rice / Fresh Zucchini Chipotle Short Ribs Mashed Potatoes / Beef Gravy ♥Garlic Baked Chicken Breast Corn-On-The-Cod Bacon & Chicken Chowder Hamburger Bar	Wellness Meal - \$5.25 Emp Grilled Chicken Sandwich Or Fuse Burger w/ Lettuce & Tomato, Salad w/ Balsamic Vinegar, Fresh Fruit & 1% Milk