

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31 <u>New Year's Eve</u>		<i>December 25 Cafeteria Special</i> Free Turkey Meat "With All The Trimmings" For TCMC Employees Working 12/25 Visitors Welcome - \$6.75	♥♥♥ Heart Healthy Entrees	<u>Wellness Meal</u> Grilled Chicken Sandwich Or Fused Burger w/ Lettuce & Tomato, Salad w/ Balsamic Vinegar, Fresh Fruit & 1% Milk	<u>Surf & Turf Special</u> Carved Filet Mignon Au Jus / Horseradish Roasted Herb Potatoes Fresh Asparagus Crab Cakes Red Pepper Aioli Wild Rice Mexican Chicken Soup Chicken Breast Bar
2	3	4	5	6	7	8
<u>Hanukkah Begins</u> ♥Beef Brisket w/ Pearl Onions & Carrots Mashed Potatoes / Beef Gravy Whole Green Beans ♥Lemon Herb Chicken Rice Pilaf Pork Barley Soup Hamburger Bar	Buttermilk Baked Half Chicken Mashed Potatoes / Country Gravy Mixed Veggies Cheese Stuffed Shells Marinara / Garlic Bread ♥Lemon Herb Trout Brown Rice Split Pea & Ham Soup Taco, Chicken Fajita Bar	Beef Short Ribs Red Skin Mashed Potatoes Beef Gravy / Carrot Slims / Peas ♥Southwestern Style Chicken Garden Wild Rice ♥Oven Browned Tilapia Steak & Veggies Soup Chicken Wing Bar	Chicken Cordon Blue Supreme Sauce Rice Pilaf / Fresh Broccoli Dixie Baked Pork Chops Mashed Potatoes / Pork Gravy ♥Oven Browned Mahi Pizza Tomato Florentine Soup Shrimp, Cocktail Bar	Kung Pao Shrimp & Scallops Soy Flank Steak ♥Teriyaki Chicken w Pineapple Veggie Egg Rolls Sweet & Sour Sauce Fried Rice Oriental Vegetables Italian Sausage Soup Chili & Cornbread Bar	♥Salmon Seattle Garden Wild Rice California Veggies ♥Italian Style Pork Tenderloin Mashed Potatoes / Pork Gravy ♥Mustard & Thyme Grilled Chicken Bacon & Chicken Chowder Oriental Bar	Spaghetti & Meat Or Marinara Sauce Garlic Bread Italian Veggies Ranch Style Chicken Rice Pilaf Pizza Chicken Tortilla Soup Chicken Breast Bar
9	10	11	12	13	14	15
Three Piece Fried Chicken Mashed Potatoes Country Gravy Cut Green Beans ♥Salmon w/ Chipotle Cream Sauce Jasmine Rice Chicken Rice Soup Hamburger Bar	Carved Pork Roast Mashed Potatoes Pork Gravy Whole Green Beans Ranch Style Chicken Rice Pilaf ♥Spicy Cornmeal Cod Beef Barley Soup Taco, Chicken Fajita Bar	<u>Surf & Turf Special</u> Carved Filet Mignon Au Jus / Horseradish Roasted Herb Potatoes Fresh Asparagus Tempura Shrimp / Dipping Sauce Jasmine Rice ♥Chicken Masala w/ Sage & Creminis	Baby Back Ribs w/ Jalapeño Peach Sauce Au Gratin Potatoes / Fresh Broccoli ♥Chicken w/ Spinach Couscous Garlic Herb Tilapia Pizza Vegetable Soup Shrimp, Cocktail Bar	Chicken Enchiladas Tamales w/ Chili Chille Rellenos Spanish Sauce Chicken Taquitos Spanish Rice Maury's Frijoles / Mixed Veggies Lentil Kielbasa Stew Chili & Cornbread Bar	♥Salmon w/ Chipotle Cream Sauce Wild Rice Fresh Zucchini Maury's Albondigas ♥Chicken Parmesan w/ Vegetables Whole Wheat Spaghetti Clam Chowder Soup Oriental Bar	Beef Short Ribs w/ Mushroom & Onions Mashed Potatoes Beef Gravy Cut Green Beans ♥Oven Browned Cod Garden Wild Rice Steak Veggie Soup Chicken Breast Bar
16	17	18	19	20	21	22
Beef Stroganoff Rotelle Pasta California Veggies ♥Chicken w/Marinara & Mozzarella Rice Pilaf Pizza Chicken Lentil Soup Hamburger Bar	Eye Of Round Beef Mashed Potatoes / Beef Gravy Carrot Slims / Peas ♥Lemon Herb Chicken Wild Rice ♥Oven Browned Red Snapper Pork Barley Soup Taco, Chicken Fajita Bar	Carved Tri-Tip Beef Red Skin Mashed Potatoes Beef Gravy Fresh Asparagus ♥Garlic Baked Chicken Rice Pilaf ♥Trout w/ Lime Vinaigrette Salsa Chicken Tortilla Soup Chicken Wing Bar	♥ Salmon w/Fettuccine Alfredo Organic California Veggies ♥Chicken w/ Mushrooms & Balsamic Vinegar Chipotle Short Ribs Mashed Potatoes / Beef Gravy Jasmine Rice / Pizza Minestrone Soup Shrimp, Cocktail Bar	<u>Surf & Turf Special</u> Angus Rib Eye Steaks Scalloped Potatoes Fresh Broccoli Fried Shrimp / Cocktail Sauce Wild Rice ♥Chicken Veracruz Steak & Vegetable Soup Chili & Cornbread Bar	<u>Winter Begins</u> Tilapia Fish Tacos Saffron Cilantro Rice Refried Beans Whole Green Beans Austin Blues Smoked Beef Brisket Mashed Potatoes / Beef Gravy Mexican Chicken Soup Oriental Bar	Oriental Baby Back Ribs ♥Orange Island Chicken Veggie Egg Rolls Sweet & Sour Sauce Fried Rice Oriental Veggies Chicken Noodle Soup Chicken Breast Bar
22	24 <u>Christmas Eve</u>	25 <u>Christmas Day</u>	26	27	28	29
Dixie Baked Half Chicken Mashed Potatoes Country Gravy Mixed Veggies Swedish Meat Balls Jasmine Rice Beef Barley Soup Hamburger Bar	Chicken Stuffed w/ Spinach & Cheese Supreme Sauce / Rice Pilaf Fresh Asparagus ♥Rosemary Pork Tenderloin Mashed Potatoes / Pork Gravy Chicken Rice Soup Taco, Chicken Fajita Bar	Free Turkey Meal For Employees Working 12/25 Visitors Welcome - \$6.75 Roasted Turkey, Gravy, Mashed Potatoes, Bread Dressing, Cranberry Sauce, Cut Green Beans, Rolls, Salad Christmas Cookies <u>Happy Holidays</u>	Spaghetti & Meat Sauce Marinara Sauce Garlic Bread Italian Veggies ♥Chicken Parmesan Rice Pilaf Turkey Noodle Soup Shrimp, Cocktail Bar	3 Piece Fried Chicken Mashed Potatoes Country Gravy Mixed Veggies Swedish Meat Balls Jasmine Rice Veggie Beef Soup Chili & Corn Bread Bar	Salmon w/ Chipotle Cream Sauce Jasmine Rice California Veggies Masala Pork Chops Mashed Potatoes Pork Gravy Maury's Posole Oriental Bar	Carved Tri-Tip Beef Mashed Potatoes Beef Gravy Italian Veggies ♥Southwestern Style Chicken Wild Rice Chicken Barley Soup Chicken Breast Bar

