

# DUAL RECOVERY PROGRAM

# PERSONALIZED TREATMENT APPROACH

The Dual Recovery Intensive Outpatient Program utilizes an integrated treatment approach to simultaneously address psychiatric and substance use disorders. We offer a comprehensive and individualized type of care, designed to help participants understand and address the interactive relationship between psychiatric illness and substance use issues.

The Dual Recovery Program provides services as a transdisciplinary team, consisting of Psychiatrists, Psychologists, Licensed Clinical Social Workers, Marriage Family Therapists, Licensed Professional Clinical Counselors and Nurses.

Through medication management and a combination of intensive therapeutic treatment strategies and psycho-education, our program helps participants begin the recovery process while promoting lifestyle changes that support recovery.

**For more information or to make a referral please call  
the Community Liaison at 760.940.5051**



 **Tri-City Medical Center**  
**Behavioral  
Health Services**

510 W. Vista Way (Melrose Plaza) Vista, CA 92083