### TRI-CITY HEALTHCARE DISTRICT AGENDA FOR A REGULAR MEETING

March 27, 2025 – 3:30 o'clock p.m. Assembly Rooms 2 & 3 – Eugene L. Geil Pavilion 4002 Vista Way, Oceanside, CA 92056

## The Board may take action on any of the items listed below, unless the item is specifically labeled "Informational Only"

|   | Agenda Item  | Time<br>Allotted | Requestor     |
|---|--|------------------|---------------|
| 1 | Call to Order  | 3 min.           | Standard      |
| 2 | Report from Chairperson on any action taken in Closed Session (Authority: Government Code, Section 54957.1)  | 2 min.           | Board Counsel |
| 3 | Roll Call / Pledge of Allegiance   | 3 min.           | Standard      |
|   | Approval of Agenda   | 2 min            | Standard      |
| 4 | Public Comments — Announcement Members of the public may address the Board regarding any item listed on the Board Agenda at the time the item is being considered by the Board of Directors. Per Board Policy 19-018, members of the public may have three minutes, individually, to address the Board of Directors.  NOTE: Members of the public `may speak on any item not listed on the Board Agenda, which falls within the jurisdiction of the Board of Directors, immediately prior to Board Communications. | 2 min.           | Standard      |
| 5 | February 2025 Financial Statement Results  | 10 min.          | CFO           |
| 6 | Legislative Update – Dr. Robert Hertzka  | 15 min.          | Chair         |
| 7 | New Business - None  |                  |               |
| 8 | Old Business – None  |                  |               |
| 9 | Chief of Staff -      a) Consideration of March 2025 Credentialing Actions and Reappointments Involving the Medical Staff as recommended by the Medical Executive Committee on March 24, 2025.      b) Consideration of revised Clinical Privilege Form – Pathology  | 5 min.           | COS           |

Note: This certifies that a copy of this agenda was posted in the entrance to the Tri-City Medical Center at 4002 Vista Way, Oceanside, CA 92056 at least 72 hours in advance of the meeting. Any writings or documents provided to the Board members of Tri-City Healthcare District regarding any item on this Agenda is available for public inspection in the Administration Department located at the Tri-City Medical Center during normal business hours.

| Agenda Item | Time<br>Allotted | Requestor |
|-------------|------------------|-----------|
|             |                  |           |

| 10 | Consent Calendar   | 10 min. | Chair |
|----|--|---------|-------|
|    | (1) Board Committee  |         |       |
|    | (a) Finance, Operations & Planning Committee Director Younger, Committee Chair   |         |       |
|    | 1) Approval of an expenditure, not to exceed \$1,215,000, to facilitate the addition of Ahmed Khouqeer, M.D., a Cardiothoracic Physician, to practice medicine in the communities served by the District. This will be accomplished through an independent physician recruitment agreement (not to exceed a two-year income guarantee and a three-year forgiveness period) between Tri-City Healthcare District and Ahmed Khouqeer, M.D. |         |       |
|    | 2) Approval of an agreement with Neville Alleyne, M.D. for the Consulting Services for Spine Surgery for a term of 12 months beginning April 1, 2025 and ending March 31, 2026, for a monthly cost of \$6,000 and a total term cost of \$72,000.   |         |       |
| ;  | 3) Approval of an agreement with Victor Souza, M.D., as the Medical<br>Staff Physician Behavior Committee Chair for a term of 24 months,<br>beginning May 1, 2025 and ending April 30, 2027, for an annual cost<br>not to exceed \$54,000 and a total term cost not to exceed \$108,000.   |         |       |
|    | 4) Approval of an agreement with Henry Showah, M.D. as the coverage<br>physician for Inpatient Wound Care, for a term of 24 months, beginning<br>May 1, 2025 and ending April 30, 2027, not to exceed an average of 12<br>hours per month, at an hourly rate of \$180 for a total term cost of<br>\$51,840.  |         |       |
|    | 5) Approval of an agreement with Henry Showah, M.D. as the coverage physician for Outpatient Wound Care, for a term of 24 months, beginning May 1, 2025 and ending April 30, 2027, not to exceed an average of 22.9 hours per month, at an hourly rate of \$180 for a total term cost of \$99,000.   |         |       |
| Ì  | 6) Approval of an agreement with Sharon Slowik, M.D., as the coverage<br>physician for Inpatient Wound Care for a term of 24 months, beginning<br>May 1, 2025 and ending April 30, 2027, not to exceed an average of 12<br>hours per month, at an hourly rate of \$180 for a total term cost of<br>\$51,840.   |         |       |
|    | 7) Approval of an agreement with Sharon Slowik, M.D. as the coverage physician for Outpatient Wound Care for a term of 24 months, beginning May 1, 2025 and ending April 30, 2027, not to exceed an average of 22.9 hours per month, at an hourly rate of \$180 for a total term cost of \$99,000.   |         |       |
|    | 8) Approval of an agreement with New Ultimate Billing for 1206(b) revenue cycle management services for a term of three years beginning April 1, 2025 and ending March 31, 2028 for a total term cost of \$1,890,000.  |         |       |
|    | 9) Approval of an agreement with Stryker for placement of nine Neptune Waste Management Systems in the operating room for a term of 36 months, beginning April 1, 2025 and ending March 31, 2028, for an   |         |       |

|               | Agenda Item   | Time<br>Allotted | Requestor |
|---------------|---|------------------|-----------|
| а             | nnual cost of \$136,167.50 and a total term cost of \$408,502.50.   |                  |           |
| e<br>2        | D) Approval of an agreement with Unifirst Corporation for essential nvironmental supplies for a term of 60 months, beginning May 16, 225, and ending May 15, 2030 for a monthly cost of \$9,109, and a total term cost of \$546,540.  |                  |           |
| # 1           | 1) Approval of the agreement with 3907 Waring Road MOB, LLC (Suite 4 – Urology San Diego) for an additional 12-month term beginning April 2025 and ending March 31, 2026 for a monthly expense of \$7,626 and total expense for the 12-month term of \$91,512.                  |                  |           |
| #<br>te       | 2) Approval of an agreement with 3907 Waring Road MOB, LLC (Suite 2 – Pulmonary Specialists of North County) for an additional 12-month rm beginning May 2, 2025 and ending May 1, 2026, for a monthly spense of \$10,112 and a total expense for the 12-month term of 121,344. |                  |           |
| (2) 1         | Policies and Procedures   |                  |           |
| а             | ) Patient Care Services  1. Patient Safety Plan   |                  |           |
| b             | <ol> <li>Mammography Women's Center</li> <li>Communication of Results Women Center</li> <li>Distribution of Mammography Reports Policy</li> <li>Mammography Medical Outcomes Audit Policy</li> <li>Staff &amp; Personnel Listing Women's Center Policy</li> </ol>               |                  |           |
| c             | Pharmacy 1. Transdermal Fentanyl Patch Prescribing and Use  |                  |           |
| d             | Pulmonary Rehab  1. Six Minute Walking Test Monitoring  2. Staffing Policy  3. Supplemental Oxygen and Oximetry Monitoring  |                  |           |
| ` ' ;         | Minutes<br>a) Special Meeting – February 27, 2025<br>b) Regular Meeting – February 27, 2025   |                  |           |
| (4) F         | eports – (Discussion by exception only)   |                  |           |
|               | Building Lease Report – (February, 2025)<br>Reimbursement Disclosure Report – (February, 2025)  |                  |           |
| 1 Discu       | ssion of Items Pulled from Consent Agenda   | 10 min.          | Standard  |
| NOTI<br>minut | nents by Members of the Public E: Per Board Policy 19-018, members of the public may have three (3) es, individually and 15 minutes per subject, to address the Board on em not on the agenda.  | 5-10<br>minutes  | Standard  |
| 3 Board       | Communications  | 18 min.          | Standard  |
| 4 Total       | Time Budgeted for Open Session  | 1.5 hours        |           |



## TRI-CITY MEDICAL CENTER MEDICAL STAFF CREDENTIALS REPORT March 12, 2025

Attachment A

#### **Initial Appointments**

Any items of concern will be "red" flagged in this report. Verification of education, training, experience, current competence, health status, current licensure, liability coverage, claims history and the National Practitioner Data Bank, the following practitioners are recommended for a 2-year appointment with delineated clinical privileges, to the Provisional Staff with customary monitoring.

#### **Medical Staff:**

| Practitioner Name | Specialty         | Staff Status   | Initial Appointment Term | Comments  |
|-------------------|-------------------|----------------|--------------------------|---|
| O'BRIEN, Mark DO  | Internal Medicine | Provisional    | 3/27/2025 - 3/27/2027    |   |
| SANCHEZ, Juan MD  | Oncology          | Refer & Follow | 3/27/2025 - 3/27/2027    |   |
| SHARIF, Ali MD    | Teleradiology     | Provisional    | 3/27/2025 - 3/27/2027    | One open claim<br>from 2023,<br>Reviewed by<br>chairman, no<br>concerns found |
| SINGH, Ajay MD    | Teleradiology     | Provisional    | 3/27/2025 - 3/27/2027    |   |
| TYE, Karen MD     | Oncology          | Refer & Follow | 3/27/2025 - 3/27/2027    | -   |



## TRI-CITY MEDICAL CENTER MEDICAL STAFF CREDENTIALS REPORT – 1 of 1 March 12, 2025

Attachment B

#### Reappointments:

Any items of concern will be "red" flagged in this report. The following practitioners were presented to members of the Credentials Committee for consideration for reappointment to the Medical Staff or Allied Health Professional Staff, based upon practitioner specific and comparative data profiles and reports demonstrating ongoing monitoring and evaluation, activities reflecting level of professionalism, delivery of compassionate patient care, medical knowledge based upon outcomes, interpersonal and communications skills, use of system resources, participation in activities to improve care, blood utilization, medical records review, department specific monitoring activities, health status and relevant results of clinical performance. Reappointment is for 2-years unless otherwise noted below.

#### **Medical Staff**

#### **Department of Medicine:**

| Practitioner Name          | Specialty         | Staff Status: | Reappointment Term  | Comments  |
|----------------------------|-------------------|---------------|---------------------|---|
| BRAR, Karanbir, MD         | Internal Medicine | Active        | 3/27/2025-3/27/2027 | 14  |
| FARHOOMAND, Kaveh S,<br>DO | Internal Medicine | Active        | 3/27/2025-3/27/2027 |   |
| PADUGA, Remia S, MD        | Neurology         | Active        | 3/27/2025-3/27/2027 |   |
| PARK, Young In, DO         | Internal Medicine | Active        | 3/27/2025-3/27/2027 | Change in staff<br>status from<br>Provisional to<br>Active. |
| SHARSAN, Afsaneh, MD       | Internal Medicine | Active        | 3/27/2025-3/27/2027 | Change in staff<br>status from<br>Provisional to<br>Active. |
| WANG, Anchi, MD            | Neurology         | Active        | 3/27/2025-3/27/2027 |   |

#### **Department of Radiology:**

| Practitioner Name  | Specialty     | Staff Status:    | Reappointment Term  | Comments |
|--------------------|---------------|------------------|---------------------|----------|
| LORENTS, Evelyn M, | Teleradiology | Active Affiliate | 03/27/2025-03/27/27 |          |
| MD                 |               |                  |                     |          |

#### **Department of Surgery:**

| Practitioner Name     | Specialty             | Staff Status: | Reappointment Term  | Comments                              |
|-----------------------|-----------------------|---------------|---------------------|---------------------------------------|
| DSOUZA, Gehaan F, MD  | Plastic Surgery       | Active        | 3/27/2025-3/27/2027 |                                       |
| HARTMAN, Andrew P, MD | Orthopedic<br>Surgery | Active        | 3/27/2025-3/27/2027 |                                       |
| JACOBS, Robert D, MD  | Otolaryngology        | Active        | 3/27/2025-3/27/2027 | · · · · · · · · · · · · · · · · · · · |



# TRI-CITY MEDICAL CENTER MEDICAL STAFF CREDENTIALS REPORT – 1 of 1 March 12, 2025

Attachment B

| JAIN, Atul, MD | Ophthalmology | Active    | 3/27/2025-3/27/2027 |  |
|----------------|---------------|-----------|---------------------|--|
|                |               | Affiliate |                     |  |

#### Resignations Medical Staff:

| Practitioner Name                | Department/Specialty | Reason for Resignation   |
|----------------------------------|----------------------|--|
| ALTER, Mark T, MD                | Telepsychiatry       | Letter received from RTP (CA), PC. dba Array<br>Behavioral Care who provided notice to<br>terminate partnership with Tri-City Medical<br>Center effective 12/03/2024 |
| AQUINO, Suzanne L, MD            | Teleradiology        | Voluntarily Resignation: Fail to complete Reappointment application effective 3/31/2025.   |
| ATTREYA, Akash, DO               | Telemedicine         | Voluntarily Resignation: E-mail received by Med Staff effective 2/15/2025  |
| BHATEJA, Anjali, DO              | Telemedicine         | Voluntarily Resignation: E-mail received by Med Staff effective 2/15/2025  |
| BLAIZE, Marie, MD                | Telemedicine         | Voluntarily Resignation: E-mail received by Med Staff effective 2/15/2025  |
| BODDU, Navneet K, MD             | Pain Medicine        | Voluntarily Resignation: Fail to complete Reappointment Application effective 3/31/2025.   |
| CAPINELLO, Matthew, MD           | Telepsychiatry       | Letter received from RTP (CA), PC. dba Array<br>Behavioral Care who provided notice to<br>terminate partnership with Tri-City Medical<br>Center effective 12/03/2024 |
| DeMASCO, Michael PA              | Emergency Medicine   | Voluntarily Resignation: E-mail received by Med Staff effective 12/30/2024   |
| DERAKHSHANIAN JONES,<br>Sahar MD | Telepsychiatry       | Letter received from RTP (CA), PC. dba Array Behavioral Care who provided notice to terminate partnership with Tri-City Medical Center effective 12/03/2024          |
| FARRELLY, Erin MD                | Surgery              | Voluntarily Resignation: E-mail received by Med Staff on 01/07/2025  |
| FUSSNER, Steven                  | Teleneurology        | Voluntary Resignation Effective 11/30/2024   |
| GILL, Puneet MD                  | Telemedicine         | Voluntarily Resignat2025ion: E-mail received by Med Staff effective 2/15/2025  |
| GIOIOSO, Valeria MD              | Radiology            | Voluntarily Resignation: E-mail received by Med Staff on 01/07/2025  |
| KADAKIA, Hemal, MD               | Telemedicine         | Voluntarily Resignation: E-mail received by Med Staff effective 2/15/2025  |
| LAUW, Marietya I. MD             | Pathology            | Voluntarily Resignation: E-mail received by Med Staff effective 3/04/2025.   |
| LI, Robin T, MD                  | Anesthesiology       | Voluntary Resignation: E-mail received by MD effective 2/19/2025   |
| RAJA, Wasim, MD                  | Telemedicine         | Voluntarily Resignation: E-mail received by Med Staff effective 2/15/2025  |
| SANBORN, Michelle M, MD          | Telemedicine         | Voluntarily Resignation: E-mail received by Med Staff effective 2/15/2025  |



# TRI-CITY MEDICAL CENTER MEDICAL STAFF CREDENTIALS REPORT - 1 of 1 March 12, 2025

Attachment B

| SHUMATE, Wendy A. MD  | Medicine       | Voluntarily Resignation: E-mail received by Med Staff effective 3/9/2025   |
|-----------------------|----------------|--|
| STRIDIRON, Marissa MD | Telepsychiatry | Letter received from RTP (CA), PC. dba Array<br>Behavioral Care who provided notice to<br>terminate partnership with Tri-City Medical<br>Center effective 12/03/2024 |

MBOC (Medical Board of California): No new information at this time

NPDB (National Practitioner Data Bank): No new information at this time



## TRI-CITY MEDICAL CENTER CREDENTIALS COMMITTEE REPORT – Part 2 of 3 March 12, 2025

#### Addition/Deletion of Privilege(s)

The following practitioners have requested addition/deletion of privilege(s) as noted below. Effective March 27, 2025.

| <b>Practitioner Name</b> | Department/Specialty | Change in Privilege/s  |
|--------------------------|----------------------|--|
| MA, Ruhong MD            | Internal Medicine    | Additional: Admit patients and history and physical examination WITH proctoring. |

#### **Modification of Staff Status**

The following practitioners have requested privilege status change as noted below.

| Practitioner Name | Department/Specialty | Change in Staff Status   |
|-------------------|----------------------|--|
| MA, Gene, MD      | Emergency Medicine   | Provider changing from Leave of Absence status to Administrative status, effective 01/01/2025. |



# TRI-CITY MEDICAL CENTER CREDENTIALS COMMITTEE REPORT – Part 3 of 3 March 12, 2025

#### **Proctoring Recommendations**

The following providers have successfully completed their <u>initial</u> FPPE (Focused Professional Practice Evaluation) and are being recommended for release of their proctoring requirements for the privilege(s) as noted below.

| Practitioner Name       | Department/Specialty   | Privilege(s)   |
|-------------------------|------------------------|--|
| ZGLINIEC, Steven W., MD | Medicine/Critical Care | Admit patients, Consultations, including via telemedicine (F) and sleep tests/polysomnography, perform history & physical examination, including via telemedicine (F). General Critical Care Bundle. |



#### **Clinical Privilege Request Form**

Pathology - (Revised 32/2519)

|   | Privilege  |
|---|--|
|   | BASIC QUALIFICATIONS: Only physicians who are certified by the American Board of Pathology, or who are actively progressing towards certification during the first five (5) years of eligibility. All pathologists applying for Medical Staff membership or practicing in the Division must have a contractual relationship with the existing pathology group at that time.  |
|   | <b>GRANTING OF PRIVILEGES:</b> Specific clinical privileges will be recommended for an applicant by the Pathology Division only upon providing, in the opinion of the Division, satisfactory evidence of appropriate training and / or experience. The awarding and continued exercise of such privileges shall be based upon the scope and currency of training and experience, demonstrated competence and sound professional judgement. Such recommendations shall be made to the Medical Executive Committee and the Governing Body of the District. |
|   | Initial: Training Proctoring: (15) cases must be proctored Reappointment: (5) cases required per every two year reappointment cycle  |
| _ | Surgical Pathology, Cytopathology  |
| _ | Hematopathology  |
| - | Serology   |
|   | Immunopathology  |
|   | Hematology   |
|   | Venipuncture   |
|   | Clinical Chemistry   |
|   | Clinical Microbiology  |
|   | Immunohematology   |
|   | Bone Marrow Interpretation   |
| _ | Skin Testing   |
| _ |  |

**Applicant Signature** 



#### **Clinical Privilege Request Form**

Pathology - (Revised 32/2519)

| vider Name:                       |   |
|-----------------------------------|---|
|                                   | Privilege   |
|                                   |   |
| Date                              |   |
|                                   |   |
|                                   |   |
| Division/Department Signature (By | y Signing this form I agree with the granting of these privileges indicated above.) |
|                                   |   |
|                                   |   |
| Date                              |   |

## Tri-City Medical Center Finance, Operations and Planning Committee Minutes March 19, 2025

Members Present Director Adela Sanchez, Dr. Mohammad Jamshidi-Nezhad, Dr. Henry Showah

**Non-Voting Members** 

Present: Janice Gurley, CFO; Jeremy Raimo, COO; Donald Dawkins, CNE; Roger Cortez, CCO;

Mark Albright, CIO; Susan Bond, General Counsel

Others Present: Jane Dunmeyer, Anh Nguyen, Deanine Dolphin, Alona Stein, Miava Sullivan

Members Absent: Director Tracy Younger, Director Nina Chaya

| Topic   | Discussions, Conclusions Recommendations   | Action Recommendations/ Conclusions  | Person(s)<br>Responsible |
|---|--|--|--------------------------|
| Call to order   | Director Sanchez called the meeting to order at 3:03 pm.                           |  | Chair                    |
| 2. Approval of Agenda   |  | MOTION It was moved by Dr. Showah, Dr. Jamshidi-Nezhad seconded, and it was unanimously approved to accept the agenda of March 19, 2025.   | Chair                    |
| <ol> <li>Comments by members of the<br/>public on any item of interest to<br/>the public before committee's<br/>consideration of the item.</li> </ol> | Director Sanchez read the paragraph regarding comments from members of the public. | No comments  | Chair                    |
| 4. Ratification of minutes of February 19, 2025   | Minutes were ratified.   | Minutes were ratified.  MOTION It was moved by Dr. Jamshidi- Nezhad, Dr. Showah seconded, that the minutes of February 19, 2025, are to be approved without any requested modifications. | Chair                    |
| 5. Old Business   | None   |  |                          |

| Topic |  | Recommendations |  | Person(s)<br>Responsible |  |
|-------|--|-----------------|--|--------------------------|--|
| 6.    | New Business   | None            | 11 Y 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1   |                          |  |
| 7.    | Consideration of Consent Calendar:   |                 | MOTION It was moved by Director Sanchez to approve the Consent Calendar and seconded by Dr. Showah.  Members: AYES: Sanchez, Jamshidi-Nezhad, Showah NOES: None ABSTAIN: None ABSENT: Younger, Chaya | Chair                    |  |
|       | <ul> <li>a) Physician Recruitment</li> <li>Agreement</li> <li>Dr. Ahmed Khouqeer</li> <li>Cardiothoracic</li> <li>Medicine</li> </ul>                        |                 | Approved via Consent Calendar  | Jeremy Raimo             |  |
|       | <ul> <li>b) Consulting Agreement</li> <li>Dr. Neville Alleyne –</li> <li>Spine Surgery, OR,</li> <li>Nursing, Supply Chain,</li> <li>ASC Services</li> </ul> |                 | Approved via Consent Calendar  | Jeremy Raimo             |  |
|       | <ul> <li>c) Physician Agreement for<br/>Physician Behavior<br/>Committee Chair</li> <li>• Victor Souza, MD –<br/>Medical Staff Leadership</li> </ul>         |                 | Approved via Consent Calendar  | Dr. Gene Ma              |  |
|       | <ul> <li>d) Physician Agreement for Covering Physician</li> <li>Henry Showah, MD – Inpatient Wound Care</li> </ul>   |                 | Approved via Consent Calendar  | Donald Dawkins           |  |
|       | <ul> <li>e) Physician Agreement for Covering Physician</li> <li>• Henry Showah, MD – Outpatient Wound Care</li> </ul>  |                 | Approved via Consent Calendar  | Donald Dawkins           |  |

|        | Topic  | Discussions, Co<br>Recommend   |   | Action Recommendations/ Conclusions | Person(s)<br>Responsible |
|--------|--|--|---|-------------------------------------|--------------------------|
| f)     | Physician Agreement for Covering Physician  • Sharon Slowik, MD – Inpatient Wound Care                               |  |   | Approved via Consent Calendar       | Donald Dawkins           |
| g)     | Physician Agreement for Covering Physician  Sharon Slowik, MD – Outpatient Wound Care                                |  |   | Approved via Consent Calendar       | Donald Dawkins           |
| h)     | Revenue Cycle Management Agreement New Ultimate Billing  |  |   | Approved via Consent Calendar       | Jeremy Raimo             |
| i)     | Product Placement Proposal  Stryker – Neptune  |  |   | Approved via Consent Calendar       | Donald Dawkins           |
| j)     | Service Agreement - EVS  Unifirst Corporation  |  |   | Approved via Consent Calendar       | Jeremy Raimo             |
| k)     | Fourth Lease Amendment Proposal  • 3907 Waring Rd MOB, LLC – Urology San Diego 1206b Lease Renewal                   |  |   | Approved via Consent Calendar       | Jeremy Raimo             |
| I)     | First Lease Amendment Proposal  • 3907 Waring Rd MOB, LLC – Pulmonary Specialist of North County 1206b Lease Renewal |  |   | Approved via Consent Calendar       | Jeremy Raimo             |
| 8. Fir | nancials   | Janice Gurley presents ending February 28, 20 thousands) TCHD – Financial Su Fiscal Year to Date Operating Revenue Operating Expense EBITDA EROE | 025 (dollars i<br>mmary<br>\$ 219,<br>\$ 227,<br>\$ 12, | n<br>379<br>741                     | Janice Gurley            |

| Topic                            | Discussions, Conclusions Recommendations  | Action Recommendations/ Conclusions | Person(s)<br>Responsible |
|----------------------------------|---|-------------------------------------|--------------------------|
|                                  | TCMC – Key Indicators Fiscal Year to Date  Avg. Daily Census 126  Adjusted Patient Days 54,597  Surgery Cases 3,594  ED Visits 31,620  TCHD – Financial Summary  Current Month  Operating Revenue \$ 26,688  Operating Expense \$ 27,964  EBITDA \$ 1,761  EROE \$ 370  TCMC – Key Indicators  Current Month  Avg. Daily Census 130  Adjusted Patient Days 6,455  Surgery Cases 398  ED Visits 3,638  Graphs:  TCHD-EBITDA and EROE  TCHD Financial Summary  TCMC-Average Daily Census, Total Hospital - Excluding Newborns  TCMC-Emergency Department Visits  TCMC-Acute Average Length of Stay  TCMC-Adjusted Patient Days  TCMC-Paid Full Time |                                     |                          |
| a. Dashboard                     | Equivalents-13 Month Trend No discussion  | Information Only                    | Janice Gurley            |
| 7. Comments by Committee Members | None  | None                                | Chair                    |
| 8. Date of next meeting          | April 16, 2025  |                                     | Chair                    |

| Topic           | Discussions, Conclusions Recommendations | Action Recommendations/ Conclusions | Person(s)<br>Responsible |
|-----------------|--|-------------------------------------|--------------------------|
| 10. Adjournment | Meeting adjourned 3:23 pm                |                                     | Chair                    |



## FINANCE, OPERATIONS & PLANNING COMMITTEE DATE OF MEETING: March 19, 2025 PHYSICIAN RECRUITMENT AGREEMENT

| Type of Agreement   |   | Medical Directors | Panel                 | х | Other: Physician<br>Recruitment |
|---------------------|---|-------------------|-----------------------|---|---------------------------------|
| Status of Agreement | х | New Agreement     | Renewal: New<br>Rates |   | Renewal: Same<br>Rates          |

**Physician Name:** 

Ahmed F. Khouqeer, M.D.

Areas of Service:

Cardiothoracic Medicine

**Key Terms of Agreement:** 

**Effective Date:** 

October 1, 2025, or the first of the month following the date Dr. Khouqeer becomes a

credentialed member in good standing of the Tri-City Healthcare District Medical

Staff.

Community Need:

TCHD Physician Needs Assessment shows significant community need for

**Cardiothoracic Surgery** 

Service Area:

Area defined by the lowest number of contiguous zip codes from which the hospital

draws at least 75% of its inpatients

| Terms of the Engagement:      | Proposal Costs:  |  |  |
|-------------------------------|--|--|--|
| Sign-on Advance               | \$50,000   |  |  |
| Monthly Income Guarantee, NTE | \$47,917 per month<br>(\$575,000/year x 2 yrs.; 3-year forgiveness period) |  |  |
| Relocation Allowance          | \$15,000 (not part of the loan)  |  |  |
| Total Amount of Request:      | \$1,215,000  |  |  |

#### Requirements:

<u>Business Pro Forma</u>: Must submit a 24-month business pro forma for TCHD approval relating to the addition of this physician to the medical practice.

| Document Submitted to Legal for Review: | х | Yes | - | No |
|---|---|-----|---|----|
| Approved by Chief Compliance Officer:   | х | Yes |   | No |
| Is Agreement a Regulatory Requirement:  |   | Yes | х | No |
| Budgeted Item: Will be in FY26 Budget   | х | Yes |   | No |

Person responsible for oversight of agreement: Jeremy Raimo, Chief Operating Officer

#### **Motion:**

I move that the Finance, Operations & Planning Committee approve expenditure, not to exceed \$1,215,000, to facilitate the addition of Ahmed Khouqeer M.D., a Cardiothoracic Physician to practice medicine in the communities served by the District. This will be accomplished through an independent physician recruitment agreement (not to exceed a two-year income guarantee with a three-year forgiveness period) between Tri-City Healthcare District, and Ahmed Khouqeer, M.D.



## PINANCE, OPERATIONS & PLANNING COMMITTEE DATE OF MEETING: March 19, 2025 CONSULTING AGREEMENT FOR SPINE SERVICES

| Type of Agreement   |   | Medical Directors | Panel                  | х | Other: Consulting<br>Services |
|---------------------|---|-------------------|------------------------|---|-------------------------------|
| Status of Agreement | х | New Agreement     | Renewal –<br>New Rates |   | Renewal – Same Rates          |

Physician's Name:

Neville Alleyne, M.D.

Area of Service:

Spine Surgery, OR, Throughput, Supply Chain, ASC services

**Term of Agreement:** 

12 months, Beginning, April 1, 2025 - Ending, March 31, 2026

**Maximum Totals:** 

Within Hourly and/or Annualized Fair Market Value: YES

| Rate/Hour | Hours per | Hours per | Monthly | 12-month    |
|-----------|-----------|-----------|---------|-------------|
|           | Month     | Year      | Cost    | (Term) Cost |
| \$300     | 20        | 240       | \$6,000 | \$72,000    |

#### **Position Responsibilities:**

- Provide consulting and services for spine surgery
- Recommend to the medical staff that patients receive evidence-based spine and reconstructive care
- Participate in in-service training, utilization review, and service as a liaison for the community and business partners
- Assist with supply chain procurement and identify high-value industry relationships with Tri-City Medical Center

| Document Submitted to Legal for Review: | х | Yes |   | No |
|---|---|-----|---|----|
| Approved by Chief Compliance Officer:   | х | Yes |   | No |
| Is Agreement a Regulatory Requirement:  |   | Yes | х | No |
| Budgeted Item:                          |   | Yes | Х | No |

Person responsible for oversight of agreement: Jeremy Raimo, Chief Operating Officer

#### Motion:

I move that the Finance Operations & Planning Committee recommend that the TCHD Board of Directors authorize the consulting agreement with Neville Alleyne, M.D. for Spine Services for a term of 12 months beginning April 1, 2025, and ending March 31, 2026, for a monthly cost of \$6,000 for a total term cost of \$72,000.



## FINANCE, OPERATIONS & PLANNING COMMITTEE DATE OF MEETING: March 19, 2025 PHYSICIAN AGREEMENT for PHYSICIAN BEHAVIOR COMMITTEE CHAIR

| Type of Agreement   | х | Medical Directors | Panel                  |   | Other:                  |
|---------------------|---|-------------------|------------------------|---|-------------------------|
| Status of Agreement |   | New Agreement     | Renewal –<br>New Rates | Х | Renewal – Same<br>Rates |

Physician's Name:

Victor Souza, M.D.

Area of Service:

Medical Staff Leadership: Physician Behavior Committee

**Term of Agreement:** 

24 months, Beginning June 1, 2025 - Ending, May 31, 2027

**Maximum Totals:** 

Within Hourly and/or Annualized Fair Market Value: YES

| Rate/Hour      | Monthly Cost | Annual Cost | Total Term Cost |
|----------------|--------------|-------------|-----------------|
| (NTE 30 hours) | (NTE)        | (NTE)       | (NTE)           |
| \$150/hr.      | \$4,500      | \$54,000    | \$108,000       |

#### **Position Responsibilities:**

- Perform the duties of Chair of the Physician Behavior Committee as set forth in the Tri-City Healthcare District
   Medical Staff Bylaws
- Be available as a resource to the Medical Staff and Hospital with respect to physician behavior issues
- Liaise with hospital Administration and Medical Staff on issues relating to physician behavior programs

| Document Submitted to Legal for Review: | Х | Yes | No     |
|---|---|-----|--------|
| Approved by Chief Compliance Officer:   | Х | Yes | No     |
| Is Agreement a Regulatory Requirement:  | Х | Yes | No     |
| Budgeted Item:                          | Х | Yes | <br>No |

**Person responsible for oversight of agreement:** Jonathan Gonzalez, Director-Medical Staff Services / Gene Ma, M.D., Chief Executive Officer

#### Motion:

I move that Finance Operations and Planning Committee recommend that the TCHD Board of Directors authorize Dr. Victor Souza as the Medical Staff Physician Behavior Committee Chair for a term of 24 months, beginning June 1, 2025 and ending May 31, 2027, for an annual cost not to exceed \$54,000 and a total term cost not to exceed \$108,000.



## FINANCE, OPERATIONS & PLANNING COMMITTEE DATE OF MEETING: March 19, 2025 PHYSICIAN AGREEMENT FOR COVERING PHYSICIAN – INPATIENT WOUND CARE

| Type of Agreement   | Х | Medical Directors | Х | Panel                  |   | Other:                  |
|---------------------|---|-------------------|---|------------------------|---|-------------------------|
| Status of Agreement |   | New Agreement     |   | Renewal – New<br>Rates | х | Renewal – Same<br>Rates |

Vendor's Name:

Henry Showah, M.D.

Area of Service:

**Inpatient Wound Care** 

**Term of Agreement:** 

24 months, Beginning May 1, 2025 - Ending, April 30, 2027

**Maximum Totals:** 

Within Hourly and/or Annualized Fair Market Value: YES

| Rate/Hour | Hours per | Hours per | Cost per | 12 Month  | 24 Month  |
|-----------|-----------|-----------|----------|-----------|-----------|
|           | Month     | Year      | Month    | Term Cost | Term Cost |
| \$180     | 12        | 144       | \$2,160  | \$25,920  | \$51,840  |

#### **Description of Services/Supplies:**

- Provide supervision for the clinical operation of the Inpatient Wound Care Team
- Provide staff education to improve outcome of care
- Resolve conflicts that are intra-departmental or inter-departmental in nature to ensure or improve timeliness of patient treatment and intervention
- Ensure that services provided are compliant with regulatory standards
- Participate in Quality Assurance and Performance Improvement activities
- Timely communication with primary care physicians and/or other community health resources
- Documentation: Full and timely documentation for all patients. Comply with all legal regulatory, accreditation, Medical Staff and billing criteria, including applying Medicare guidelines, including, Title 1X for admission and discharge decisions
- Utilization Review, Quality Improvement: Actively participate in hospital and Medical Staff utilization review, quality, performance improvement and risk programs

| Document Submitted to Legal for Review: | х | Yes | No |
|---|---|-----|----|
| Approved by Chief Compliance Officer:   | х | Yes | No |
| Is Agreement a Regulatory Requirement:  | х | Yes | No |
| Budgeted Item:                          | х | Yes | No |

Person responsible for oversight of agreement: Donald Dawkins, RN, BSN, MBA, Chief Nursing Executive

#### Motion:

I move that the Finance, Operations & Planning Committee recommend that the TCHD Board of Directors approve the agreement with Henry Showah, M.D. as the coverage physician for Inpatient Wound Care for a term of 24 months, beginning May 1, 2025 and ending April 30, 2027, not to exceed an average of 12 hours per month, at an hourly rate of \$180 for a total term cost of \$51,840.



## FINANCE, OPERATIONS & PLANNING COMMITTEE DATE OF MEETING: March 19, 2025 PHYSICIAN AGREEMENT FOR COVERING PHYSICIAN – OUTPATIENT WOUND CARE

| Type of Agreement   | Х | Medical Directors | Х | Panel                  |   | Other:                  |
|---------------------|---|-------------------|---|------------------------|---|-------------------------|
| Status of Agreement |   | New Agreement     |   | Renewal – New<br>Rates | х | Renewal – Same<br>Rates |

Vendor's Name:

Henry Showah, M.D.

Area of Service:

**Outpatient Wound Care** 

**Term of Agreement:** 

24 months, Beginning May 1, 2025 - Ending, April 30, 2027

Maximum Totals:

Within Hourly and/or Annualized Fair Market Value: YES

| Rate/Hour | Hours per | Hours per | Cost per | 12 Month  | 24 Month  |
|-----------|-----------|-----------|----------|-----------|-----------|
|           | Month     | Year      | Month    | Term Cost | Term Cost |
| \$180     | 22.9      | 275       | \$4,125  | \$49,500  | \$99,000  |

#### **Description of Services/Supplies:**

- Provide supervision for the clinical operation of the Outpatient Wound Care Team
- Provide staff education to improve outcome of care
- Resolve conflicts that are intra-departmental or inter-departmental in nature to ensure or improve timeliness of patient treatment and intervention
- Ensure that services provided are compliant with regulatory standards
- Participate in Quality Assurance and Performance Improvement activities
- Timely communication with primary care physicians and/or other community health resources
- Documentation: Full and timely documentation for all patients. Comply with all legal regulatory, accreditation,
   Medical Staff and billing criteria, including applying Medicare guidelines, including, Title 1X for admission and discharge decisions
- Utilization Review, Quality Improvement: Actively participate in hospital and Medical Staff utilization review, quality, performance improvement and risk programs

| Document Submitted to Legal for Review: | Х | Yes | No |
|---|---|-----|----|
| Approved by Chief Compliance Officer:   | х | Yes | No |
| Is Agreement a Regulatory Requirement:  | х | Yes | No |
| Budgeted Item:                          | х | Yes | No |

Person responsible for oversight of agreement: Donald Dawkins, RN, BSN, MBA, Chief Nurse Executive

#### Motion:

I move that the Finance, Operations & Planning Committee recommend that the TCHD Board of Directors approve the agreement with Henry Showah, M.D. as the coverage physician for Outpatient Wound Care for a term of 24 months, beginning May 1, 2025 and ending April 30, 2027, not to exceed an average of 22.9 hours per month, at an hourly rate of \$180 for a total term cost of \$99,000.



## FINANCE, OPERATIONS & PLANNING COMMITTEE DATE OF MEETING: March 19, 2025 PHYSICIAN AGREEMENT FOR COVERING PHYSICIAN – INPATIENT WOUND CARE

| Type of Agreement   | Х | Medical Directors | Х | Panel                  |   | Other:                  |
|---------------------|---|-------------------|---|------------------------|---|-------------------------|
| Status of Agreement |   | New Agreement     |   | Renewal – New<br>Rates | х | Renewal – Same<br>Rates |

Vendor's Name:

Sharon Slowik, M.D.

Area of Service:

**Inpatient Wound Care** 

Term of Agreement:

24 months, Beginning May 1, 2025 - Ending, April 30, 2027

**Maximum Totals:** 

Within Hourly and/or Annualized Fair Market Value: YES

| Rate/Hour | ate/Hour Hours per |     | Cost per | 12 Month  | 24 Month  |  |
|-----------|--------------------|-----|----------|-----------|-----------|--|
|           | Month              |     | Month    | Term Cost | Term Cost |  |
| \$180     | 12                 | 144 | \$2,160  | \$25,920  | \$51,840  |  |

#### **Description of Services/Supplies:**

- Provide supervision for the clinical operation of the Inpatient Wound Care Team
- Provide staff education to improve outcome of care
- Resolve conflicts that are intra-departmental or inter-departmental in nature to ensure or improve timeliness of patient treatment and intervention
- Ensure that services provided are compliant with regulatory standards
- Participate in Quality Assurance and Performance Improvement activities
- Timely communication with primary care physicians and/or other community health resources
- Documentation: Full and timely documentation for all patients. Comply with all legal regulatory, accreditation,
   Medical Staff and billing criteria, including applying Medicare guidelines, including, Title 1X for admission and discharge decisions
- Utilization Review, Quality Improvement: Actively participate in hospital and Medical Staff utilization review, quality, performance improvement and risk programs

| Document Submitted to Legal for Review: | Х | Yes | No |
|---|---|-----|----|
| Approved by Chief Compliance Officer:   | Х | Yes | No |
| Is Agreement a Regulatory Requirement:  | Х | Yes | No |
| Budgeted Item:                          | Х | Yes | No |

Person responsible for oversight of agreement: Donald Dawkins, RN, BSN, MBA, Chief Nursing Executive

#### Motion:

I move that the Finance, Operations & Planning Committee recommend that the TCHD Board of Directors approve the agreement with Sharon Slowik, M.D. as the coverage physician for Inpatient Wound Care for a term of 24 months, beginning May 1, 2025 and ending April 30, 2027, not to exceed an average of 12 hours per month, at an hourly rate of \$180 for a total term cost of \$51,840.



## FINANCE, OPERATIONS & PLANNIG COMMITTEE DATE OF MEETING: March 19, 2025 PHYSICIAN AGREEMENT FOR COVERING PHYSICIAN – OUTPATIENT WOUND CARE

| Type of Agreement   | Х | Medical Directors | Х | Panel                  |   | Other:                  |
|---------------------|---|-------------------|---|------------------------|---|-------------------------|
| Status of Agreement |   | New Agreement     |   | Renewal – New<br>Rates | х | Renewal – Same<br>Rates |

Vendor's Name:

Sharon Slowik, M.D.

Area of Service:

**Outpatient Wound Care** 

**Term of Agreement:** 

24 months, Beginning May 1, 2025 - Ending, April 30, 2027

**Maximum Totals:** 

Within Hourly and/or Annualized Fair Market Value: YES

| Rate/Hour | Hours per | Hours per | Cost per | 12 Month  | 24 Month  |
|-----------|-----------|-----------|----------|-----------|-----------|
|           | Month     | Year      | Month    | Term Cost | Term Cost |
| \$180     | 22.9      | 275       | \$4,125  | \$49,500  | \$99,000  |

#### **Description of Services/Supplies:**

- Provide supervision for the clinical operation of the Outpatient Wound Care Team
- Provide staff education to improve outcome of care
- Resolve conflicts that are intra-departmental or inter-departmental in nature to ensure or improve timeliness of patient treatment and intervention
- Ensure that services provided are compliant with regulatory standards
- Participate in Quality Assurance and Performance Improvement activities
- Timely communication with primary care physicians and/or other community health resources
- Documentation: Full and timely documentation for all patients. Comply with all legal regulatory, accreditation, Medical Staff and billing criteria, including applying Medicare guidelines, including, Title 1X for admission and discharge decisions
- Utilization Review, Quality Improvement: Actively participate in hospital and Medical Staff utilization review, quality, performance improvement and risk programs

| Document Submitted to Legal for Review: | Х | Yes | No |
|---|---|-----|----|
| Approved by Chief Compliance Officer:   | Х | Yes | No |
| Is Agreement a Regulatory Requirement:  | х | Yes | No |
| Budgeted Item:                          | Х | Yes | No |

Person responsible for oversight of agreement: Donald Dawkins, RN, BSN, MBA, Chief Nursing Executive

#### Motion:

I move that the Finance, Operations & Planning Committee recommend that the TCHD Board of Directors approve the agreement with Sharon Slowik, M.D. as the coverage physician for Outpatient Wound Care for a term of 24 months, beginning May 1, 2025 and ending April 30, 2027, not to exceed an average of 22.9 hours per month, at an hourly rate of \$180 for a total term cost of \$99,000.



## FINANCE, OPERATIONS & PLANNING COMMITTEE DATE OF MEETING: March 19, 2025 REVENUE CYCLE MANAGEMENT AGREEMENT

| Type of Agreement   | Medical Director | Panel               |   | Other:                  |
|---------------------|------------------|---------------------|---|-------------------------|
| Status of Agreement | New Agreement    | Renewal – New Rates | х | Renewal – Same<br>Rates |

Vendor's Name:

**New Ultimate Billing** 

Area of Service:

Revenue Cycle for OSNC; Credentialing for: TCPC, PSNC, USD, and OSNC

**Term of Agreement:** 

36 months, Beginning, April 1, 2025 – Ending, March 31, 2028

#### **Maximum Totals:**

| Monthly Cost | Annual Cost | Total Term Cost |  |  |
|--------------|-------------|-----------------|--|--|
| \$52,500     | \$630,000   | \$1,890,000     |  |  |

#### **Description of Services/Supplies:**

 Revenue Cycle Management Services, coding, authorizations, accounts receivable, appeals management, customer call center for claims, patient statements and provider credentialing

| Document Submitted to Legal for Review: | Х | Yes | No |
|---|---|-----|----|
| Approved by Chief Compliance Officer:   | х | Yes | No |
| Is Agreement a Regulatory Requirement:  | х | Yes | No |
| Budgeted Item:                          | х | Yes | No |

Person responsible for oversight of agreement: Jeremy Raimo, Chief Operating Officer

#### Motion:

I move that Finance Operations and Planning Committee recommend that the TCHD Board of Directors authorize the agreement between Tri-City Healthcare District and New Ultimate Billing for a total cost of \$1,890,000 for a term of 36 months, beginning April 1, 2025 and ending March 31, 2028



## FINANCE, OPERATIONS & PLANNING COMMITTEE DATE OF MEETING: March 19, 2025 PRODUCT PLACEMENT PROPOSAL

| Type of Agreement   |   | Medical Director | Panel               | Х | Other: Product<br>Placement |
|---------------------|---|------------------|---------------------|---|-----------------------------|
| Status of Agreement | Х | New Agreement    | Renewal – New Rates |   | Renewal – Same<br>Rates     |

Vendor's Name:

Stryker - Neptune Product Placement

Area of Service:

Surgery- Operating Room

**Term of Agreement:** 

36 months, Beginning, April 1, 2025 - Ending, March 31, 2028

**Maximum Totals:** 

| Monthly Cost | Annual Cost  | Total Term Cost |
|--------------|--------------|-----------------|
| \$11,347.29  | \$136,167.50 | \$408,502.50    |

#### **Description of Services/Supplies:**

 Placement of 9 Neptune Waste Management Systems in the OR for management of fluids during operation in addition to 3 Smart Docking Stations

 Requires a minimum spend on disposable products each semi-annual period, to cover the cost of product placement.

| Document Submitted to Legal for Review: | х | Yes |     | No |
|---|---|-----|-----|----|
| Approved by Chief Compliance Officer:   |   | Yes | N/A | No |
| Is Agreement a Regulatory Requirement:  |   | Yes | Х   | No |
| Budgeted Item:                          | х | Yes |     | No |

**Person responsible for oversight of agreement:** Melissa Terah, Clinical Director-Nursing Strategy & Integration / Donald Dawkins, Chief Nursing Executive

#### Motion:

I move that Finance Operations and Planning Committee recommend that the TCHD Board of Directors authorize the agreement with Stryker for placement of nine Neptune Waste Management Systems in the operating room for a term of 36 months, beginning April 1, 2025 and ending March 31, 2028, for an annual cost of \$136,167.50 and a total term cost of \$408,502.50.



## FINANCE, OPERATIONS & PLANNING COMMITTEE DATE OF MEETING: March 19, 2025 SERVICE AGREEMENT – ENVIRONMENTAL SERVICES SUPPLIES

| Type of Agreement   | Medical Directors |   | Panel                      | Other:                  |  |
|---------------------|-------------------|---|----------------------------|-------------------------|--|
| Status of Agreement | New Agreement     | х | Renewal – Rate<br>Decrease | Renewal – Same<br>Rates |  |

Vendor's Name:

**Unifirst Corporation** 

Area of Service:

**Environmental Service Department Supplies** 

**Term of Agreement:** 

60 months, Beginning, May 16, 2025 - Ending, May 15, 2030

**Maximum Totals:** 

| Services             | Monthly Cost | Annual Cost | <b>Total Term Cost</b> |
|----------------------|--------------|-------------|------------------------|
| Current Cost         | \$11,660     | \$139,920   | \$699,600              |
| New Cost             | \$9,109      | \$109,308   | \$546,540              |
| Net Change (savings) | (\$2,551)    | (\$30,612)  | (\$153,060)            |
|                      |              | Total:      | \$546,540              |

#### **Description of Services/Supplies:**

Renewal agreement for mats, scrapers, mop handles, other mops

| Document Submitted to Legal for Review: | Х | Yes |     | No |
|---|---|-----|-----|----|
| Approved by Chief Compliance Officer:   |   | Yes | N/A | No |
| Is Agreement a Regulatory Requirement:  | Х | Yes |     | No |
| Budgeted Item:                          | Х | Yes |     | No |

**Person responsible for oversight of agreement:** Hope Chaney, Manager-Environmental Services / Jeremy Raimo, Chief Operating Officer

#### Motion:

I move that Finance Operations and Planning Committee recommend that the TCHD Board of Directors authorize the renewal of the agreement with Unifirst Corporation for essential environmental supplies for a term of 60 months, beginning May 16, 2025, ending May 15, 2030 for a monthly cost of \$9,109, and a total term cost of \$546,540.



### FINANCE, OPERATIONS & PLANNING COMMITTEE DATE OF MEETING: March 19, 2025

Fourth Lease Amendment Proposal - 3907 Waring Rd. MOB, LLC.

| Type of Agreement   | Medical Directors |   | Panel                  | х | Other: Lease<br>Renewal |
|---------------------|-------------------|---|------------------------|---|-------------------------|
| Status of Agreement | New Agreement     | Х | Renewal –<br>New Rates |   | Renewal – Same<br>Rates |

**Practice Name:** 

Urology San Diego (TCMC 1206b practice)

**Premises:** 

3907 Waring Rd, Ste. #4, Oceanside, CA 92056 (2,460 sq. ft.)

**Term of Agreement:** 

12 months, Beginning, April 1, 2025 - Ending, March 31, 2026

Within Fair Market Value:

Yes (FMV was determined by Lease Comparables)

| Rental Rate:   | Monthly<br>Expense |
|--|--------------------|
| Rental Rate of \$2.40 per square foot, per month, (2,460 rentable sq. ft.) | \$5,904            |
| Common Area Maintenance (CAM) Fees-\$0,70 SF                               | \$1,722            |
| Total 1 Yr. Term Expense Amount:   | \$91,512           |

| Document Submitted to Legal for Review: | Х | Yes |     | No |
|---|---|-----|-----|----|
| Approved by Chief Compliance Officer:   |   | Yes | N/A | No |
| Is Agreement a Regulatory Requirement:  |   | Yes | Х   | No |
| Budgeted Item:                          | х | Yes |     | No |

Person responsible for oversight of agreement: Jeremy Raimo, Chief Operating Officer

#### Motion:

I move that the Finance, Operations & Planning Committee recommend that the TCHD Board of Directors authorize the Fourth Amendment Lease Renewal with 3907 Waring Rd. MOB, LLC for an additional 12-month term beginning April 1, 2025 and ending March 31, 2026. This proposal remains within the current fair market value rental rate of \$2.40 per square foot, plus monthly CAM fees of \$0.70 for a monthly expense of \$7,626, for a total expense for the 12-month term of \$91,512.



### FINANCE, OPERATIONS & PLANNING COMMITTEE DATE OF MEETING: March 19, 2025

First Lease Amendment Proposal – 3907 Waring Rd MOB, LLC

| Type of Agreement   | Medical Directors |   | Panel                  | Х | Other: Lease<br>Renewal |
|---------------------|-------------------|---|------------------------|---|-------------------------|
| Status of Agreement | New Agreement     | х | Renewal –<br>New Rates |   | Renewal – Same<br>Rates |

**Practice Name:** 

Pulmonary Specialist of North County (TCMC 1206B Practice)

**Premises:** 

3907 Waring Rd, Ste. #2, Oceanside, CA 92056 (3,262 sq. ft.)

**Term of Agreement:** 

12 Months, Beginning, May 2, 2025 - Ending, May 1, 2026

Within Fair Market Value:

Yes (FMV was determined by Lease Comparables)

| Rental Rate:   | <b>Monthly Expense</b> |
|--|------------------------|
| Rental Rate of \$2.40 per square foot, per month, (3,262 rentable sq. ft.) | \$7,829                |
| Common Area Maintenance (CAM) Fees – \$0.70 SF                             | \$2,283                |
| Total 12 Month Term Expense Amount:  | \$121,344              |

| Document Submitted to Legal for Review: | Х | Yes |     | No |
|---|---|-----|-----|----|
| Approved by Chief Compliance Officer:   |   | Yes | N/A | No |
| Is Agreement a Regulatory Requirement:  |   | Yes | Х   | No |
| Budgeted Item:                          | Х | Yes |     | No |

Person responsible for oversight of agreement: Jeremy Raimo, Chief Operating Officer

#### **Motion:**

I move that the Finance, Operations & Planning Committee recommend that the TCHD Board of Directors authorize the First Amendment Lease Renewal with 3907 Waring Rd., Suite #2 MOB, LLC for an additional 12-month term beginning May 2, 2025, ending May 1, 2026. This proposal remains within the current fair market value rental rate of \$2.40 per square foot, plus monthly CAM fees of \$0.70 per sq. ft. for a monthly expense of \$7,829, for a total expense for the 12-month term of \$121,344.



#### ADMINISTRATION CONSENT AGENDA March 7, 2025

**CONTACT: Donald Dawkins, CNE** 

| Policies and Pro      | cedures                            | Reason                         | Recommendations             |
|-----------------------|------------------------------------|--------------------------------|-----------------------------|
| Patient Care Ser      | vices                              |                                |                             |
| Patient Safety        | . Patient Safety Plan              |                                | Forward to BOD for Approval |
| Mammography \         | Nomen's Center                     |                                |                             |
| 1. Communication      | on of Results Women Center         | Practice change                | Forward to BOD for Approval |
| 2. Distribution of    | Mammography Reports Policy         | Practice change                | Forward to BOD for Approval |
| 3. Mammograph         | y Medical Outcomes Audit Policy    | Practice change                | Forward to BOD for Approval |
| 4. Staff & Persor     | nnel Listing Women's Center Policy | Practice change                | Forward to BOD for Approval |
| Pharmacy              |                                    |                                |                             |
| 1. Transdermal I      | Fentanyl Patch Prescribing and Use | 3 year review, practice change | Forward to BOD for Approval |
| <b>Pulmonary Reha</b> | b                                  |                                |                             |
| 1. Six Minute Wa      | alking Test Monitoring             | 3 year review                  | Forward to BOD for Approval |
| 2. Staffing Policy    |                                    | 3 year review                  | Forward to BOD for Approval |
| 3. Supplemental       | Oxygen and Oximetry Monitoring     | 3 year review                  | Forward to BOD for Approval |

#### Oceanside, California

#### Patient Safety Plan 20235 - 20247

#### A. PURPOSE:

- 1. Tri-City Hospital District (TCHD) Patient Safety Plan e.g., the Plan supports a culture of safety by adopting Just Culture principles for accountability, communication of learned lessons, transparency, event investigation, early resolutions of potential and actual harmful events to our patients, visitors, and workforce.
- 2. The Plan incorporates evidence-based and best practices to implement continuous improvement strategies to develop and support an organizational culture of safety.
- 3. The Patient Safety Plan is also developed to:
  - a. Identify system potential and actual patient safety concerns
  - b. Reduce system-related errors and potentially unsafe conditions
  - c. Implement activities which contribute to the maintenance and improvement of the healthcare equity of the community we serve
  - d. Develop a culture that supports a dynamic, proactive, and harm free environment for patients, visitors, and the workforce through continuous learning and improving patient safety policies, procedures, systems and processes
- 4. TCHD is committed to:
  - a. A comprehensive approach to improving patient safety by aligning with our Mission, Vision, and Values identified below:
    - i. Mission: to advance the health and wellness of the community we serve
    - ii. Vision: be recognized as a healthcare system of choice in our community
    - iii. Values: the needs of our patients come first:
      - 1) Quality
      - 2) Caring
      - 3) Innovation
      - 4) Safety
      - 5) Integrity
      - 6) Stewardship
- 5. The Plan is an overarching conceptual framework that guides the development of a program for patient safety initiatives and activities. It is operationalized through various activities in the realm of both patient safety and patient safety risk.

#### B. SCOPE:

- 1. The scope of the Plan:
  - a. Is organizational and hospital-wide
  - b. Requires all workforce members support and participation
  - c. Encourages leaders support and implement Just Culture practices that accentuates best practices, learning from harmful events, providing constructive feedback and learning opportunities that are nonpunitive
  - d. Is implemented through the coordination of activities in multiple departments

| Patient Care Service<br>Content Expert | Medical Executive Committee | Administration             | Professional Affairs<br>Committee | Board of Directors |
|--|-----------------------------|----------------------------|-----------------------------------|--------------------|
| 03/22, 07/23, <b>02/25</b>             | 05/22, 10/23, <b>02/25</b>  | 06/22, 12/23, <b>03/25</b> | n/a                               | 06/22, 12/23       |

#### C. FOCUS:

- 1. The Plan focuses on the process rather than the individual and recognizes both internal and external customers, as well as facilitates the need of analyzing and improving processes.
- 2. The core principles of the plan include but are not limited to:
  - a. Identify safety concerns by regularly reviewing incident reports, near misses, and patient complaints to identify patterns and areas of improvement
  - b. Analyze data on patient safety issues to understand root cases and assist with the development of targeted interventions that are based on data and facts
  - c. Develop Safety Initiatives by creating and implementing strategies to mitigate identified risks, including new policies, procedures and training programs
  - d. Monitoring effectiveness by tracking the impact of implemented safety initiatives and adjusting as needed
  - e. Raising awareness by educating staff about patient safety issues, best practices and reporting mechanisms
- The Patient Safety Plan is designed to:
  - a. Reduce system related errors and potentially unsafe conditions by implementing continuous improvement strategies to support an organizational culture of safety by implementing standardized processes throughout the organization.
  - Implement activities which contribute to the maintenance and improvement of patient safety.
- 2. The committee's 2023 2024 PS activities include but are not limited to the following:
  - a: Reduce falls with and without injuries by 50% by December 2022
  - b. Update the National Patient Safety Goals (NSPG) 2022 Net Learning Module and monitor staff compliance to the NSPGs
  - c. Provide education on Implicit Bias
  - d. Reinforcing the use of the Teach-Back method to assist with care transition
  - e. Identify patient safety projects that are potential risk and required Risk Management to conduct one of the following: Root Cause Analysis, Performance Improvement (PI), or Failure Mode and Effects Analysis (FEMA
- 3. Conduct a Culture of Safety Employee survey at annually
  - a. Support the mission, vision, and values of Tri-City Medical Center (TCMC) as it pertains to patient safety, the work force and visitor.
    - i. Mission: to advance the health and wellness of the community we serve.
    - ii. Vision: be recognized as a healthcare system of choice in our community.
    - iii. Values: the needs of our patients come first:
      - 1) Quality
      - 2) Caring
      - 3) Innovation
      - 4) Safety
      - 5) Integrity
      - 6) Stewardship

#### B. GUIDING PRINCIPLES

- The Patient Safety Plan e.g., the Plan is an overarching conceptual framework that guides the development of a program for patient safety initiatives and activities. It is operationalized through various activities in the realm of both patient safety and patient safety risk.
- 2. The plan supports TCMC philosophy that patient safety and risk management are everyone's responsibilities. Teamwork and participation among management, providers, employees, and volunteers is essential for an efficient and effective risk management and patient safety program.
- 3. The Plan is implemented through the coordination of activities in multiple departments. TCMC supports the establishment of a just culture that emphasizes evidence-based, best-practices, learning from error analysis, and providing constructive feedback, rather than blame and

- punishment. In a just culture, unsafe conditions and hazards are readily and proactively identified and reported.
- a. Medical and/or patient care errors are reported and analyzed, mistakes are openly discussed, and suggestions for systemic improvements are welcomed.
- b. Individuals are still held accountable for compliance with patient safety. As such, if evaluation and investigation of an error or event reveal reckless behavior or willful violation of policies, disciplinary actions may be taken.
- 4. The Plan stimulates the development, review, and revision of the organization's practices and protocols in light of identified risk to patient safety, and chosen loss prevention and reduction strategies. These principles provide the foundation for developing and updating key policies and procedures for day to day activities, including the following:
- a. Reporting and management of adverse events and near misses
- b. Staff education as it pertains to patient safety matters

#### C.D. GOVERING BODY LEADERSHIP

- 1. **TCMC's** The governing Board authorizes the formal program and adoption of this plan through a resolution documented in the Board meeting minutes.
- **2.** The governing Board:
  - 2.a. Is-is committed to promoting the safety of all patients, visitors, employees, volunteers, and other individuals involved in organization operations.
  - 3.b. The governing body eEmpowers the organization's leadership and management teams with the responsibility for implementing risk management and patient safety strategies by their leadership, commitment and support.

#### D.E. DEFINITIONS

- 1. Adverse Event or Incident: An a patient safety event that resulted in harm to a patient. An adverse event may or may not result from an error undesired outcome or occurrence not expected within the normal course of care or treatment, disease process, condition of the patient, or delivery of services. The outcome may or may not be a patient safety incident.
- 4.2. <u>Close Call:</u> a patient: a patient safety event that did not cause harm but posed a risk of harm. Also called near miss or good catch
- 2. <u>Culture of Safety:</u> The collective product of individual and group values, attitudes, competencies, and patterns of behavior in safety performance. It is an environment that regards safety as its primary goal through promotion of teamwork, effective communication, and the implementation of modern safety concepts. A culture of safety is concerned with preventing errors, accidents, and adverse events.
- Healthcare Associated Harm: Harm arising from or associated with plans or actions taken during the provision of health care rather than an underlying disease or injury.
- 4. <u>Hazardous Condition</u>: A circumstance (other than a patient's own disease process or condition) that increases the probability of an adverse event. Also called unsafe condition
- 4.5. <u>Just Culture:</u> A values-supportive system of shared accountability where organizations are accountable for the systems they have designed and for responsible to the behaviors of their employees in a fair and just manner An organizational paradigm that emphasizes evidence based best practices, learning from error analysis, and providing constructive feedback, rather than blame and punishment.
- 5. <u>National Patient Safety Goals (NPSGs):</u> Annual list published by The Joint Commission (TJC). The purpose of the NPSGs is to improve patient safety by focusing on problems widely identified in healthcare and ways to mitigate or solve them..
- 6. <u>Patient Safety Evaluation System:</u> The collection, management, and analysis of patient safety information.
- 7. <u>Patient Safety Event:</u> An event, incident, or condition that could have resulted or did result in harm to a patient.
  - 7. event that negatively impacts a patient including patient safety incidents and near misses.

- 8. <u>Patient Safety Incident:</u> A patient safety event that reaches a patient and resulted either in no harm (no harm incident) or harm (harm incident).
- 9. <u>Preventive Measure:</u> Process designed, or course of action taken, to keep something possible or probable from happening or existing; i.e., to prevent a patient safety event
- 8. <u>Safety Culture of a Hospital</u>: is the product of individual and group beliefs, values, attitudes, perceptions, competencies, and patterns of behavior that determines the organization's commitment to quality and patient safety.
- 10.9. Sentinel Event: A patient safety event (not primarily related to the natural course of the patient's illness or underlying condition) that reaches a patient and results in death, severe harm (regardless of the duration of harm, or permanent harm (regardless of severity of harm. Sentinel events are subcategory of adverse events an unexpected eccurrence involving death or serious physical or psychological injury, or the risk thereof. Serious injury specifically includes loss of limb or function. The phrase "or the risk thereof" includes any process variation for which a recurrence would carry a significant chance of a serious adverse event
- 11. Time of Discovery: Date/time when a patient safety concern was discovered.
- 12. <u>Time of Occurrence:</u> Date/time when a patient safety event occurred or began if it occurred over a period of time.
- 13. <u>Unsafe and/or Hazardous Condition:</u> Any set of circumstances, exclusive of a patient's own disease process, that significantly increases the likelihood of a serious adverse outcome or loss for a patient due to an accident or injury to a visitor, workforce member, volunteer, or other individual

#### SCOPE AND FUNCTIONS

- The Patient Safety Plan in collaboration with the Risk Management Program interfaces with many operational and clinical departments and services throughout the organization. These operational and clinical departments include, but are not limited to the following:
  - a. Administration and Senior Management
  - b. Ancillary Services
  - Buildings and Grounds
  - d. Disaster Preparation and Management
  - e. Education Department / Staff Education
  - f. Employee Health Services
  - g. Event/Incident/Accident Reporting and Investigation
  - h. Infection Control
  - i. Information Technology
  - i. Marketing/Advertising/Public Relations
  - k. Medical Records
  - I. Nursing Administration
  - m. Nursing Services
  - n. Pharmaceuticals and Therapeutics
  - e. Product/Materials Management
  - p. Pulmonary Department
  - q. Quality/Performance Improvement
  - r. Regulatory Compliance
  - s. Safety and Security

#### F. PATIENT SAFETY (PS) PROGRAM

- 1. Patient Safety (PS) programlan is administered through by the Patient Safety Officer or alternate as designated by the Chief Nurse Executive (CNE) with the support of the Leadership and the Patient Safety Committee
- 2. Goals and Objectives
  - a. The PS program lan goals and objectives include but are not limited to the following:are as follows:
    - Becoming a learning organization that incorporates the five following principles recommended by The Joint Commission:

- 1) Team learning
- 2) Shared visions and goals
- 3) A shared mental model e.g., similar way of thinking
- 4) Individual commitment to lifelong learning
- 5) Systems thinking
- . Encourage organizational learning about medical and health care errors
- ii. Incorporate recognition of patient safety as an integral job responsibility
- iii. Provide education on patient safety in job specific competencies
- iv. Encourage recognition and reporting of medical and health care errors without judgment or blame
- v.ii. Involve patients and their caregivers in decisions about their health care
- vi.iii. Report investigative findings internally including actions taken to refine and optimize systems and processes related to patient safety
- vii. Collaborate with Risk Department leadership, Management, Nurse Managers and TCMC clinical and non-clinical staff to promote patient care a Just Culture
- viii.iv. Pursue opportunities to improve the quality of patient care, services, and safety

#### 3. Patient Safety (PS) Committee

- a. The PS Committee is an interdisciplinary group that manages the PS Program through a systematic, coordinated, continuous approach.
- b. The committee shall meet at least quarterly to assure the maintenance and improvement of patient safety in establishment of plans, processes and mechanisms identified in the Centers for Medicare and Medicaid (CMS) Conditions of Participation provisions, The Joint Commission (TJC) PS standards and state and federal regulations.
- a.c. The PS committee will be chaired by the Patient Safety Officer or designee
- d. The Patient Safety Officer (PSO) will be the Manager of Regulatory Compliance and Accreditation or designee identified by CNE. The PSO:
  - i. -rReports to the CNE or designee.
    - 1) Chairs the Patient Safety Committee
    - 2) Leads the committee to oversee patient safety activities, compliance with patient safety standards and initiatives, and evaluation of work performance as it relates to patient safety
    - 3) Reinforcement of PS plan expectations
    - b.4) Reports patient safety measures and activities to the Quality
      Assessment and Performance Improvement (QAPI) Committee
  - c. The responsibilities of the PSO include but are not limited to compliance with patient safety standards and initiatives, evaluation of work performance as it relates to patient safety, reinforcement of the expectations of the PS plan and reporting patient safety measures and activities to the Quality Assessment and Performance Improvement (QAPI) Committee
  - The PS Committee is an interdisciplinary group that manages the Patient Safety Program through a systematic, coordinated, continuous approach
  - ii. The PS Committee membership includes a medical staff representative and services involved in patient care i.e., Pharmacy, Laboratory, Surgical Services, Risk Management, Infection Control, Radiology, Rehabilitation Services, and Nursing and non-clinical services and departments
  - iii. The team shall meet at least quarterly to assure the maintenance and improvement of patient safety in establishment of plans, processes and mechanisms identified in the Centers for Medicare and Medicaid (CMS) Conditions of Participation provisions and The Joint Commission (TJC) PS standards
- e. The PS Committee membership includes:
  - i. Medical Staff representative or designee
  - ii. Services involved in patient care:
    - 1) Pharmacy
    - 2) Laboratory

- 3) Surgical Services
- 4) Risk
- 5) Infection Control and Prevention
- 6) Radiology
- 7) Rehabilitation Services
- 8) Nursing
- 9) Non-clinical providing indirect patient care services

#### 4. Scope and Functions

- d.a. The scope of the PS committee includes the sharing of knowledge and practices across multiple disciplines to optimize the use of findings from internal reports e.g., incident reporting, quality measures, risk management, and committee discussions
- e.b. The committee will review and analyze external resources e.g., Sentinel Events, California Department of Public Health All Facilities Letters (AFLs), and nationally recognized patient safety organizations
- f.c. The committee will make recommendations to reduce the overall prospect of adverse events based on evidence-based and best practices to improve patient safety
  - i. As an integral part of a patient safety and quality improvement the PS committee will monitor data from the following as outlined in the PS Reporting Calendar:
    - i-1) Medication Safety, Adverse Drug Events/Reactions, Medication Errors, Use of Opioids
    - ii.2) Nursing Documentation in the medical record
    - iii.3) Blood Transfusion Administration and Reactions
      Patient Flow (throughput)
    - 4) Pain Management and Assessment Documentation when Opioids are used
    - iv.5) Nursing Quality Indicators:
      - 1)a) Pressure Injuries
      - 2)b) Falls
      - a)c) Restraint monitoring and documentation of discontinuo use
    - v.6) Moderate Sedation Outcome monitoring
    - 7) Critical Results of Test Timeliness e.g., laboratory and diagnostic
    - 8) Suicide screening and monitoring
    - 9) Patient elopements in the Emergency Department
    - 10) Patient Safety Survey results
    - 11) Risk reported events related to patient, visitor, and staff safety
    - 1) Staff and patient communication
    - 2) Conduct a Patient Safety Survey
  - vi. As an integral part of a patient safety and quality improvement the PS measures will focus of the following activities:
    - Medication Safety, Adverse Drug Events/Reactions, Medication Errors, Use of Opioids
    - 2) Documentation in the medical record
    - 3) Blood Transfusion administration and reactions
    - 4) Patient Flow (throughput)
    - 5) Pain Management & Assessment Documentation when Opioids are used
    - 6) Nursing Quality Indicators
      - a) Pressure Injuries
      - b) Falls
      - c) Restraint use and documentation of discontinue use
    - 7) Moderate Sedation Outcome monitoring
    - 8) Critical Results of Test Timeliness e.g., laboratory and diagnostic
    - Patient elopements in the Emergency Department
      - Patient Safety Survey results
    - Risk reported events related to patient, visitor, and staff safety
    - 9) Staff and patient communication

- 10) Conduct a Patient Safety Survey
- 5. The committee's FY 2025 PS activities include, but are not limited, to the following:
  - a. Optimize clinical alarm settings for the Telemetry new cardiac monitoring system
  - b. Improve staff education and training on patient safety practices related to the following:
    - i. Using and disposing of sharps
    - ii. Pressure injury preventative care
    - iii. Screening and management patients at risk for self-harm or harm to others in the Emergency Department (ED)
    - iv. Monitoring patients at risk for elopement from the ED
    - v. Improve healthcare equity by addressing disparities in a selected patient population that we serve
    - vi. Restraints, initial assessment, reassessment, and monitoring of patient care needs
    - vii. Nursing Quality Indicators; reduce slips and falls with injuries
  - c. Adopt two Just Culture principles of accountability across the organization
  - d. Conduct a Culture of Safety Employee survey with at least 60% response rate.
  - e. Facilitate unit-level debriefs of the results of culture of safety survey
  - f. The time frame for initiating and completing PS activities will be determined by the PS committee.
    - vii. The committee's FY 20244-PS activities include but are not limited to the following:
    - 1) Reduce falls with and without injuries by 50% based on the previous year reported data
    - 2) Update the National Patient Safety Goals (NSPG) annual Net Learning Module and monitor staff compliance to the NSPGs
    - 3) Reinforcing the use of the Teach-Back method to assist with care transition
    - Reintroduction of AIDET communication process {AIDET = Acknowledge, Introduce, Duration, Explanation and Thank your}
    - 5) Identify patient safety projects that are potential risk and required for Risk Management to conduct one of the following: Root Cause Analysis, Performance Improvement (PI), or Failure Mode and Effects Analysis (FEMA)
    - 6) Conduct a Culture of Safety Employee survey at annually
      The time frame for completion of PS activities will be determined by the PS committee.
      Data-for improvement will be reported to the PS Committee as scheduled by the PS reporting schedule.

#### G. REFERENCE(S):

- 1. Agency for Healthcare Research and Quality. (2025, February). AHRQ Quality & Patient Safety Programs by Setting: Hospital. Retrieved from AHRQ's Quality & Patient Safety Programs by Setting: Hospital | Agency for Healthcare Research and Quality
- 2. Code of Federal Regulations Title 42 §482.13(C) Condition of participation: Patient's Rights: Privacy and Safety
- 3. Schreiber, M., Van, C., & Mossburg, S. (2022, December). Measuring Patient Safety. Agency for Healthcare Research and Quality: Patient Safety Network,
- 4. Agency for Healthcare Research and Quality. (2025). Patient Safety indicators: Complications and Adverse Events
- 5. The Joint Commission (TJC). (2025, January). TJC Manual: Patient Safety System.
- 6. The Joint Commission (TJC), (2025, January), THC Manual: Sentinel Event Policy
- 7. The Joint Commission (TJC). (2025, January). Standards and Evidence of Performance Manual: National Patient Safety Goals for Hospital Program.



### MAMMOGRAPHY WOMEN'S CENTER

**ISSUE DATE:** 

11/99

SUBJECT: Communication of Results -

Women's Center

**REVISION DATE:** 

08/11, 02/19, 02/23

**Mammography Department Approval:** 

09/2111/24

**Department of Radiology Approval: Pharmacy & Therapeutics Committee Approval:**  12/2202/25

**Medical Executive Committee Approval:** 

n/a 01/2302/25

**Administration Approval:** 

02/2303/25

**Professional Affairs Committee Approval:** 

n/a

**Board of Directors Approval:** 

02/23

### A. **AUTHORIZED TO PERFORM:**

Radiologists and Records Techs

### B. **PURPOSE:**

To meet Mammography Quality Standard Act (MQSA) standards to ensure that reports/results are sent to patients and referring physicians in a timely way.

### C. POLICY:

- The Mammography Center will provide patients with written results within thirty (30) days. Self-referring patients will receive the written report as well as the summary.
- Results that are "suspicious" or "highly suggestive of malignancy" will be communicated 2. directly by the interpreting Radiologist or designee ASAP to the referring MD; the mammography report is provided to the healthcare provider and the patient lay summary is provided to the patient within 7 calendar days of the date the mammogram was interpreted.
- 3. -or, if self-referred, to the patient. Self referred patients will be given the Breast Help Line phone number, 940-5100, for a list of physicians for follow-up.
- Patients that are called back to the facility for additional views will be scheduled within ten 4. (10) working days. The department's scheduler will make several attempts to contact the patient. If the patient cannot be reached, a letter will be sent to the referring physician reporting our request for follow-up. If the mammography department receives no response within sevenfive (57) working days, a certified letter will be sent to the patient's residence signifying the importance of breast imaging follow-up. A copy of receipt of letter will be filed with the patient's records.
- 5. When the exam has an assessment of" incomplete: Need prior mammograms for comparison", the facility issued a follow-up report with a final overall assessment within 30 calendar days of the initial report, regardless of whether comparison views are obtained.

#### D. EXTERNAL LINK(S):

- Mammography Quality Standards Act (MQSA) of 1998 https://www.fda.gov/downloads/Radiation-EmittingProducts/MammographyQualityStandardsActandProgram/Regulations/UCM110849. pdf
- 2. Mammography Clinical Experience Requirements (2017) https://www.arrt.org/docs/defaultsource/discipline-documents/mammography/mammography-clinical-experience-

Mammography Women's Center Communication of Results – Women's Center Policy Page 2 of 2

### requirements-2017.pdf?sfvrsn=4

# E. REFERENCE(S):

- 1. Mammography Quality Standards Reauthorization Act, Pub. L., Title XLII § 263b. (1998).
- 2. U.S. Food & Drug Administration (2017, November 16) Mammography Quality Standards Act and Program. Retrieved from <a href="https://www.fda.gov/Radiation-">https://www.fda.gov/Radiation-</a>
  EmittingProducts/MammographyQualityStandardsActandProgram/default.htm
- 3. <a href="https://www.fda.gov/radiation-emitting-products/mammography-quallity-standards-act-and-program">https://www.fda.gov/radiation-emitting-products/mammography-quallity-standards-act-and-program</a>.



### MAMMOGRAPHY WOMEN'S CENTER

**ISSUE DATE:** 

05/12

**SUBJECT: Distribution of Mammography** 

Report

**REVISION DATE:** 

01/19, 02/23

**Mammography Department Approval:** 

09/2111/24 10/2102/25

Department of Radiology Approval: Pharmacy & Therapeutics Committee Approval:

**Medical Executive Committee Approval:** 

n/a

01/2302/25 02/2303/25

**Administration Approval:** 

**Professional Affairs Committee Approval:** 

n/a

**Board of Directors Approval:** 

02/23

### **AUTHORIZED TO PERFORM:** Α.

Radiologists and Radiology records techs

### B. **PURPOSE:**

To expedite the finalization and timely distribution of the of the mammography reports to the Requesting physicians.

### C. POLICY FOR MAMMOGRAPHY EXAMS

- Requiring no prior films from outside facilities
  - Scheduled returning patients will have their images loaded from the PAC's system and available at their appointment time.
  - Radiologist will interpret mammogram and compare with previous images. b.
  - Report will be transcribed and Radiologist will finalize the report. C.
  - d. Reports will be automatically faxed to the referring physician within 24 hours of Transcription.
  - Normal result letters will be mailed to patients within 30 days. e.
  - Self-referred patients, if a health provider (or a responsible designee) is not named or is f. unavailable, then the report must be provided to the patient.
  - Communications to the patient, if there is no health care provider, must include: 1) the g. complete report of findings referenced above and 2) the summary written in lay terms that is required for all patients.
- 2. Needing comparison films from outside facilities
  - When the exam has an assessment of "incomplete: Need prior mammograms for a. comparison:
  - b. The patient's current mammogram study will be flagged in the "hold-pending" prior films" box for no longer than 10 working days.
  - If outside images have not arrived within a 10-day period, images will be dictated and C. results faxed to referring physician within 24 hours;
  - When and if images arrive from outside facilities, the mammography study will be d. flagged for the radiologist and an addendum comparison report will be dictated, transcribed and finalized by the radiologist. The final result will be faxed to the referring physician through the automated fax server application.
  - The facility will issue a follow-up report with a final overall assessment within 30 e. calendar days of the initial report, regardless of whether comparison views are obtained.
- Mammograms with "suspicious or highly suggestive malignancy" assessment 3.
  - The interpreting Radiologist will dictate and finalize the report and fax to the referring

physician with their findings within 24 hours of mammography study.

- ii. If a biopsy or surgical intervention is attained, then the pathology report is collected from the lab and these findings are entered into the mammography tracking program for statistical computation.
- iii. The interpreting Radiologist will add an addendum to the report documenting the pathology findings. The addended report is refaxed to the referring physician with the addended results.

### 4. Patient Lay Summaries (letters):

- a. Patient lay summary include one of the following notification statements:
  - i. "Breast tissue can be either dense or not dense. Dense tissue makes it harder to find breast cancer on mammogram and also raises the risk of developing breast cancer. Your breast tissue is not dense. Talk to your healthcare provider about breast density, risks for cancer, and your individual situation."
  - ii. "Breast tissue can be either dense or not dense. Dense tissue makes it harder to find breast cancer on mammogram and also raises the risk of developing breast cancer. Your breast tissue is dense. In some people with dense tissue. Other imaging tests in addition to a mammogram may help find cancers. Talk to your healthcare provider about breast density, risks for breast cancer, and your individual situation."

### D. **PROCEDURE**:

- 1. Twice daily Remote Installation Service (RIS) will automatically transmit a facsimile to the requesting physician after the Radiologist approves the diagnostic report.
- 2. <u>https://www.fda.gov/radiation-emitting-products/mammography-quality-standards-act-and-program.</u>



### **MAMMOGRAPHY WOMEN'S CENTER**

**ISSUE DATE:** 

05/11

**SUBJECT: Mammography Medical Outcomes** 

Audit

**REVISION DATE:** 

03/13, 01/19, 04/23

**Mammography Department Approval:** 

01/2311/24

**Department of Radiology Approval: Pharmacy & Therapeutics Committee Approval:**  02/2302/25

**Medical Executive Committee Approval:** 

n/a 03/2302/25

**Administration Approval:** 

04/2303/25

**Professional Affairs Committee Approval:** 

n/a

**Board of Directors Approval:** 

04/23

### **AUTHORIZED TO PERFORM:** A.

Computer data input and output coordinated by Mammography supervisor. Pathology reports and mammography exams are correlated and presented to the lead interpreting Radiologist for review and presentation at the Radiology Division meeting.

### B. **PURPOSE**:

To statistically aggregate patient mammography data outcomes for physician analysis and to comply with Mammography Quality Standard Act (MQSA) standards.

### C. POLICY:

Medical Audit analysis will be prepared, reviewed and presented semi-annually at the Radiology Division meeting. Audit analysis must be retained for 36 months.

#### D. PROCEDURE:

- Tri-City Medical Center's system for tracking positive mammograms is as follows:
  - Mammograms with "suspicious" or "highly suggestive of malignancy" assessment:
    - The interpreting radiologist will explain the results to the patient. i.
    - ii. The radiologist will dictate and finalize the report.
    - The report will automatically be sent to the referring physician. iii.
    - Mammography department's patient coordinator will request the order from iv. ordering physician's office by a phone call or a fax request to follow up radiologist's recommendations for new findings.

The letter will be mailed to the patient, within 7 calendar 5 working days, indicating the need to follow-up with their physician on any abnormal finding.

- Mammography supervisor tracks pathology results for all breast biopsies. The V. pathology report is verbally called and faxed to the ordering physician by pathologist's office/ Lab within 24-48 hours of result.
- Once pathology report has been called into ordering physician the report is νi. then scanned into PAC system for radiology-pathology correlation by lead interpreting radiologist. The pathology reports are given to the Mammodraphy Supervisor who will document this information into patient's mammogram's chart through computerized mammography medical audit.
- Women's Diagnostic tracking system for "positive mammography findings" as vii. "suspicious or highly suggestive Malignancy":
- Determines whether biopsies are done on the patient by tracking the list of viii. Birads 4&5 through Discern Analysis on Cerner

Mammography Women's Center Mammography Medical Outcomes Audit Policy Page 2 of 2

- ix. Determines whether the biopsy specimen was benign or malignant by tracking pathology on patient's power chart and directing the report to lead interpreting physician for correlation.
- x. Facility provides list of any non-compliant patients who were recommended biopsy but not result were obtained. Facility documents all attempts to provide this information.

# E. TO RETRIEVE CLINICAL OUTCOMES DATA:

- Log on to Cerner application mammography
- 2. Select Medical Audit icon
- 3. Select date range and run reports
- 4. Print rep011and submit to lead interpreting radiologist for review and presentation
- 5. Place report in Medical Audit Binder for documentation.

### F. REFERENCE(S):

U.S. Food & Drug Administration (2017, November 16) Mammography Quality Standards
 Act and Program. Retrieved from <a href="https://www.fda.gov/Radiation-EmittingProducts/MammographyQualityStandardsActandProgram/default.htm">https://www.fda.gov/Radiation-EmittingProducts/MammographyQualityStandardsActandProgram/default.htm</a>



### **MAMMOGRAPHY WOMEN'S CENTER**

ISSUE DATE: 11/99 SUBJECT: Staff & Personnel Listing Women's

Center

**REVISION DATE:** 08/11, 02/19, 02/23

Mammography Department Approval: 09/2111/24
Department of Radiology Approval: 12/2202/25

Pharmacy & Therapeutics Committee Approval: n/a

Medical Executive Committee Approval: 01/2302/25
Administration Approval: 02/2303/25

Professional Affairs Committee Approval: n/a

Board of Directors Approval: 02/23

# A. PURPOSE:

1. In addition to Quality Control (QC) test records, a Quality Assurance (QA) program includes clearly assigned personnel responsibilities. The QA program should identify the person responsible for overall quality assurance and compliance with the quality standards at the facility. It should also identify the QC technologist and the medical/ physicist and describe their responsibilities within the QA/QC program

# B. **PERSONNEL:**

- The Edgar and JoAnne Women's Center has an actively involved lead interpreting radiologist to oversee the program. The program also includes a physicist and a Mammography Diagnostic Specialist who serves as the facility's Quality Control technologist. Other technologists and personnel help with testing. The Diagnostic Specialist ensures that the program is run according to MQSA standards. All personnel associated with mammography services must meet the MQSA qualifications, training and continuing education requirements.
- 2. See the Mammography Staff and Responsibilities List

### C. RELATED DOCUMENT(S):

Mammography Staff and Responsibilities List

### D. **EXTERNAL LINK(S):**

Mammography Quality Standards Act (MQSA) of 1998
 https://www.fda.gov/downloads/Radiation EmittingProducts/MammographyQualityStandardsActandProgram/Regulations/UCM110849.pdf

2. The Mammography Quality Standards Act Final Regulations: Preparing for MQSA Inspections; Final Guidance for Industry and FDA (2001)

<a href="https://www.fda.gov/downloads/MedicalDevices/DeviceRegulationandGuidance/GuidanceDocuments/ucm094441.pdf">https://www.fda.gov/downloads/MedicalDevices/DeviceRegulationandGuidance/GuidanceDocuments/ucm094441.pdf</a>

### E. REFERENCE(S):

- Mammography Quality Standards Reauthorization Act, Pub. L., Title XLII § 263b. (1998).
- 2. U.S. Food & Drug Administration (2017, November 16) Mammography Quality Standards Act and Program. Retrieved from <a href="https://www.fda.gov/Radiation-EmittingProducts/MammographyQualityStandardsActandProgram/default.htm">https://www.fda.gov/Radiation-EmittingProducts/MammographyQualityStandardsActandProgram/default.htm</a>

# **Mammography Staff and Responsibilities List**

|                                | Name                          | Pgr/Ext/Telephone                                      | Primary Responsibilities   |  |  |
|--------------------------------|-------------------------------|--|--|--|--|
| Responsible<br>Radiologist     | Dr. Jennifer Mayberry         | Ext: 5574<br>Cell: 503-330-5719                        | Lead Interpreting Physician<br>Clinical/Medical Oversight of<br>Mammography Program Auditing<br>Interpreting Physician |  |  |
| Responsible<br>Technologist    | Nazita Sanders                | Ext: 5573  | QC/QA program,<br>ensure MQSA standards  |  |  |
|                                |                               | Hm: 858-676-3996<br>Work mobile phone:<br>760-696-7964 |  |  |  |
| QC<br>Technologists            | Karen Niggli Connie<br>George | Ext: 5572  | Daily Calibrations, Mammography  |  |  |
| Physicist                      | Hamid Khosravi                | Cell: 601-988-5006<br>Fax: 614-652-4848                | Radiation Safety QC, Program<br>Validation,<br>Equipment   |  |  |
| Imaging Director Ann Palmisano |                               | Ext: 3706<br>Work mobile phone:<br>760-300-7219        | Administrative Oversight, Budget, QA/QC/PI Programs for departments  |  |  |



### **PHARMACY**

ISSUE DATE: 09/11 SUBJECT: Transdermal Fentanyl Patch

**Prescribing and Use** 

REVISION DATE: 08/15, 09/17, 02/22 POLICY NUMBER: 8390-6020

Departmental Approval: 11/2109/24
Pharmacy & Therapeutics Committee Approval: 11/2110/24
Medical Executive Committee Approval: 01/2202/25
Administration Approval: 02/2203/25

Professional Affairs Committee Approval: n/a
Board of Directors Approval: 02/22

### A. PURPOSE:

1. To provide a guideline summarizing safe use practices to reduce the preventable harm to patients in the hospital setting.

### B. POLICY:

- 1. Due to the Food and Drug Administration (FDA) black box warning, this policy and procedure restricts prescribing to opioid-tolerant patients for the management of persistent, moderate to severe chronic pain that requires continuous, around-the-clock opioid administration for an extended period of time AND cannot be managed by other means such as nonsteroidal anti-inflammatory drugs, opioid combination products, or immediate-release opioids. Fentanyl patch use in non-opioid tolerant patients has resulted in fatal respiratory depression.
- Fentanyl patches are not to be used to treat sudden, occasional or mild pain, or pain after surgery.
- 3. Fentanyl patches should not be prescribed for opioid—naïve patients receiving comfort care measures or end of life management. Patients must meet the Tri-City Medical Center (TCMC) Healthcare District (TCHD)Criteria for use of Fentanyl Transdermal System (see appendix II) and follow dosing guidelines in order to receive fentanyl patches.

### C. PROCEDURE:

- Prescribing:
  - Upon receiving an order for fentanyl patches the pharmacist shall evaluate the following:
    - i. Determine if patient is continuing therapy for chronic pain.
    - ii. Determine if the patient is opioid-tolerant, defined as:
      - Taking oral morphine 60 mg/day or oral hydromorphone 8 mg/day or oral oxycodone 30 mg/day OR an equianalgesic dose of another opioid at a dose comparableequivalent to at least a fentanyl 25 mcg/hr patch per the Fentalnyl (Duragesic) Dose Conversion Guidelines for 7 days or longer.
    - iii. Determine if the patient has any absolute contraindications for use:
      - 1) Patients who are not opioid-tolerant as defined above.
      - 2) Management of postoperative pain.
      - 3) Management of mild pain or intermittent pain.
      - 4) Management of acute pain or if opioid analgesia is only needed for a short period of time (less than 7 days).
    - iv. Determine if the patient has any relative contraindications for use:

- 1) Concomitant use with ketoconazole, erythromycin, nefazodone, diltiazem or grapefruit juice requires careful monitoring and may require adjustment in fentanyl dosage.
- Transdermal fentanyl may not be appropriate for patients with fever, diaphoresis, cachexia, morbid obesity, and ascites, all of which may have a significant impact on the absorption, blood levels, and clinical effects of the drug.
- b. Pharmacist will then verify the following and, if necessary, change dose of fentanyl patch based on Fentanyl Dose Conversion Guideline:
  - i. Fentanyl patch is prescribed at the lowest dose needed for pain relief.
  - ii. First-time doses (new starts) should not exceed 25mcg/hr unless recommended by pain specialist or approved by Clinical Manager. Fentanyl patch 12 mcg/hr should be considered for elderly or frail patients.
  - iii. Consider concomitant opiates and other medications known to have additive CNS or respiratory depression effects in evaluating the appropriateness of the dose.
    - 1) Discontinue or taper all other around-the-clock or extended release opioids when initiating therapy with fentanyl transdermal patch.
  - iv. In selecting an initial dose, attention should be given to the following:
    - 1) Daily dose, potency, and characteristics of the opiate the patient has been taking previously.
    - 2) Reliability of dose conversion guidelines to predict the potency of the fentanyl dose needed.
    - 3) Patient's medical status.
    - To account for incomplete cross-tolerance, a 25% dose reduction is needed when switching-among-opiates in patients whose pain is well-controlled. No reduction is necessary in patients with poorly-controlled chronic pain. For patients who have acute pain but whose chronic pain is otherwise controlled, a 25% dose reduction is still needed.
  - v. Frequencies of q48h are generally not recommended.
    - 1) Frequencies of Qq48h may be appropriate for a small number of adult patients and may be evaluated on a case-by-case basis. Such frequencies will not be allowed for new starts unless approved by the Clinical Manager.
  - vi. During dose titration, increasing dosages shall not be made prior to 72 hours after initiation of therapy, and not prior to 6 days after dose changes.
    - 1) Titrate dose based on the daily dose of supplemental opioids required by the patient on the second or third day of the initial application.
    - Dose should be increased in 25 mcg increments. Larger increments may be considered for some patients on high doses if prescribed and followed by pain specialist.
    - 3) Dose increases are not appropriate for patients who have acute pain but whose chronic pain is otherwise controlled. Such pain should be managed by appropriate use of breakthrough analgesia.
  - vii. When discontinuing transdermal fentanyl and not converting to another opioid, use a gradual downward titration, such as decreasing the dose by 50% every 6 days to reduce risk of withdrawal symptoms.
    - 1) For disposal of fentanyl patches see Patient Care Services Controlled Substances Management Policy.
- c. The pharmacist reviewing the order will document the following:
  - i. Verification of inclusion criteria.
  - ii. Initial dose and date/time of initiation.
  - iii. Validation of inpatient and outpatient drug dosing history (including last refill information).

- iv. Any potential drug interactions.
- v. Discussions with prescriber, if any.
- 2. Dispensing and Labeling:
  - a. Fentanyl patches will been sent up and loaded into the Pyxis as a patient–specific medication.
  - b. "Do not cut patch" warning will be placed in MAR notes.
  - c. Tall-man lettering will be used for fentanyl.
- 3. Monitoring:
  - a. Patient monitoring for opioid-related side effects will be performed by nursing staff as per the Pain Management Patient Care Services Policy.

# D. RELATED DOCUMENT(S):

- 1. Fentanyl (Duragesic) Dose Conversion Guidelines
- 2. Tri-City Medical Center Criteria for Use of Fentanyl Transdermal System
- 3. Patient Care Services: Controlled Substances Management Policy

# E. REFERENCE(S):

- ISMP Medication Safety Alert! Community/Ambulatory Care Edition. Volume 13, Issue 3. March 2014
- 2. Acute Care ISMP Medication Safety Alert! Ongoing, Preventable Fatal Events with Fentanyl Transdermal Patches are Alarming! June 28, 2007.
- 3. CHA Medication Safety Committee High Alert Medication Guideline- Fentanyl Transdermal Patch. April 2011.
- 4. Grissinger, Matthew. Inappropriate Prescribing of Fentanyl Patches is Still Causing
- 5. Alarming Safety Problems. Pharmacy and Therapeutics. 2010; 35(12): 653-654.
- 6. Lexicomp, Inc. (Lexi-DrugsTM). Lexicomp. July 5, 2017.



### PULMONARY REHABILITATION SERVICES

SUBJECT: Six Minute Walking Test Monitoring Policy

ISSUE DATE:

08/08

REVISION DATE: 11/11, 12/12, 10/13, 10/21

Department Approval: 02/2001/25

Division of Pulmonary Approval: n/a
Pharmacy and Therapeutics Approval: n/a

Medical Executive Committee Approval: 09/2102/25
Administration Approval: 10/2403/25

Professional Affairs Committee Approval: n/a
Board of Directors Approval: 10/21

### A. **DEFINITIONS:**

1. To establish guidelines to perform a 6-minute walking test for pulmonary rehabilitation program patients.

2. Establish a standard of care for performing and assessing distance and oximetry levels of pulmonary rehabilitation patients.

# B. **PROCEUDRE**:

- 1. Explain test to patient; they are going to walk as far as possible for 6 minutes. Instruct they are permitted to slow down, to stop and to rest as necessary.
- 2. Take patients resting blood pressure, SpO2 level, note FiO2 and heart rate. Enter on 6-minute walking test form
- 3. If patient requires a walker, or wheel chair to push, provide one. If they brought their own, allow them to use theirs.
- 4. Position the patient at the starting mark.
- 5. When they begin walking, start timer.
- 6. Walk behind patient so you don't pace their walk, holding the SpO2 monitor. If the patient appears unstable, walk next to them.
- 7. Walk to either the 200 ft. mark or the 400 ft. mark, depending on patients walking ability.
- 8. On the form note the following:
  - a. Distance the patient walked.
  - b. SpO2 levels, note FiO2.
  - c. Heart rate.
  - d. Number of stops.
  - e. With each stop how long did they rest.
- 9. If the patient SpO2 level drops below 88%, place them on oxygen or increase their oxygen liter flow.
- 10. At the completion of the six minutes. Have the patient stop, note final SpO2 level and heart rate.
- 11. Have patient rate shortness of breath and fatigue, using the borg scale.
- 12. Note if patient is using accessory muscles, diaphragm breathing, pursed lip breathing.
- Have patient sit down.
- Re-take blood pressure.

### C. REFERENCE LIST

1. AACVPR Guidelines for Pulmonary Rehabilitation Programs 4th Edition



### **PULMONARY REHABILITATION SERVICES**

SUBJECT:

Staffing

**ISSUE DATE:** 

09/08

**REVISION DATE:** 

12/12, 08/21

**Department Approval:** 

05/1805/24

**Division of Pulmonary Approval:** 

n/a

Pharmacy and Therapeutics Approval:

n/a n/a

Medical Executive Committee Approval: Administration Approval:

08/2103/25

Professional Affairs Committee Approval):

n/a

**Board of Directors Approval:** 

08/21

### A. PURPOSE

1. To define staffing needs and to provide safe care to participants during exercise sessions.

### B. **POLICY**

- 1. The Pulmonary Rehabilitation Center shall meet or exceed AACVPR Staffing Guidelines
- 2. During the Pulmonary Rehabilitation Program (Tuesday and Thursday), sessions are staffed at a ratio of 4 participants to one staff member.
- 3. During the Pulmonary Rehabilitation Maintenance (Monday, Wednesday and Friday), sessions are staffed with one staff member.
- 4. Two staff members shall be present in the department at all times while participants are exercising.



### **PULMONARY REHABILIATION SERVICES**

SUBJECT: Supplemental Oxygen and Oximetry Monitoring

ISSUE DATE: 08/08

**REVISION DATE: 11/11, 12/12, 10/13, 10/21** 

Department Approval: 02/2001/25

Division of Pulmonary Approval: n/a
Pharmacy and Therapeutics Approval: n/a

Medical Executive Committee Approval: 09/2102/25
Administration Approval: 10/2103/25

Professional Affairs Committee Approval: n/a
Board of Directors Approval: 10/21

### A. PURPOSE:

1. To establish guidelines for the use of supplemental oxygen during the pulmonary rehabilitation program.

2. To establish guidelines for the use of supplemental oxygen during the pulmonary rehabilitation maintenance program.

### B. POLICY:

- 1. The need for and quantity of supplemental oxygen during exercise is either pre-determined by the physician, during the evaluation process, or during the program.
- 2. A program oxygen source will be provided for those who use oxygen during the exercise class.
- 3. All participants involved in the early outpatient pulmonary rehabilitation program will have oxygen saturation monitored pre exercise. It will also be monitored during exercise to ensure adequate oxygenation and to prevent complications.
- 4. Participants in the maintenance program will have oxygen saturation monitored pre exercise and during one exercise station per session.
- 5. Oxygen saturation shall remain > 90% pre and during exercise.
- The participant will remain at the facility for supervision until the SaO2 returns to normal limits.

# C. PROCEDURE:

- 1. The pulmonary rehabilitation employee will be responsible for making sure saturation is obtained and recorded prior to warm-up.
  - a. Oxygen saturation must be > 90% prior to warm-up unless otherwise noted by the referring physician or medical director.
  - b. If the oxygen saturation is below normal limits prior to exercise, the etiology must be identified, i.e., oxygen flow rate too low, respiratory complications, and corrected.
- 2. The pulmonary rehab team is responsible for titrating the flow rate of his/her oxygen up during the exercise session per guidelines set during the exercise test.
- Oxygen flow may be further titrated by the pulmonary rehabilitation team.
- During exercise, oxygen saturation will be monitored during one activity station. Frequency of monitoring may be increased if a participant is demonstrating difficulty maintaining saturations ≥ 90%.
- 5. For saturations between 85% 90%:
  - a. Visually confirm that the oxygen source is set on the appropriate flow rate for activity.
  - b. Reinforce and remind the participant of the importance of proper breathing techniques, i.e., pursed lip breathing and diaphragmatic breathing.

Pulmonary Supplemental Oxygen and Oximetry Monitoring Page 2 of 2

- c. Decrease exercise intensity by decreasing resistance, speed and/or grade on treadmill.
- d. Have the participant note his/her obvious and subtle signs of a low saturation. This assists the participant to be better able to recognize decreasing oxygen saturation at home.

# D. <u>REFERENCE(S):</u>

- 1. Guidelines for Pulmonary Rehabilitation Programs 4th Edition
- 2. Pulmonary Health, Rehabilitation and Exercise Testing Policy and Procedure Guideline Manual 2<sup>nd</sup> Edition

# TRI-CITY HEALTHCARE DISTRICT MINUTES FOR A SPECIAL MEETING OF THE BOARD OF DIRECTORS

February 27, 2025 – 1:30 o'clock p.m.

A Special Meeting of the Board of Directors of Tri-City Healthcare District was held at 1:30 p.m. on February 27, 2025.

The following Directors constituting a quorum of the Board of Directors were present:

Director Sheila D. Brown Director Rocky J. Chavez Director Nina Chaya Director Gigi S. Gleason Director Adela Sanchez Director Tracy M. Younger

Absent was Director Coulter

Also present were:

Dr. Gene Ma, Chief Executive Officer Henry Showah, M.D., Chief of Staff Jennifer Paroly, Foundation President Jeff Scott, Board Counsel Susan Bond, General Counsel Teri Donnellan, Executive Assistant

- 1. The Chairperson, Director Tracy M. Younger. called the meeting to order at 1:30 p.m. with attendance as listed above.
- 2. Approval of Agenda

It was moved by Director Brown and seconded by Director Gleason to approve the agenda as presented. The motion passed (6-0-0-1) with Director Coulter absent.

3. Oral Announcement of Items to be discussed during Closed Session

Chairperson Younger made an oral announcement of the items listed on the February 27, 2025 Special Board of Directors Meeting Agenda to be discussed during Closed Session which included Reports Regarding Trade Secrets, Reports of the Hospital Medical Audit or Quality Assurance Committees and Conference with Real Property Negotiators regarding APN: 166-051-339-16.

4. Motion to go into Closed Session

It was moved by Director Gleason and seconded by Director Brown to go into Closed Session at 1:35 p.m. The motion passed (6-0-0-1) with Director Coulter absent.

- 5. At 3:25 p.m. the Board returned to Open Session with attendance as previously noted.
- 6. Report from Board Counsel on any action taken in Closed Session.

| 7.   | Adjournment   |  |  |  |  |  |  |  |
|------|---|--|--|--|--|--|--|--|
|      | There being no further business, Chairperson Younger adjourned the meeting at 3:25 p.m. |  |  |  |  |  |  |  |
|      |   |  |  |  |  |  |  |  |
| ATTE | Tracy M. Younger Chairperson  |  |  |  |  |  |  |  |
| ALIE | 31.   |  |  |  |  |  |  |  |
|      | Adela I. Sanchez  |  |  |  |  |  |  |  |

Board Counsel Scott stated he would give a Report from Closed Session at the

beginning of today's Regular meeting.

Secretary

# TRI-CITY HEALTHCARE DISTRICT MINUTES FOR A REGULAR MEETING OF THE BOARD OF DIRECTORS February 27, 2025 – 3:30 o'clock p.m.

A Regular Meeting of the Board of Directors of Tri-City Healthcare District was held at 3:30 p.m. on February 27 2025.

The following Directors constituting a quorum of the Board of Directors were present:

Director Sheila D. Brown Director Rocky Chavez Director Nina Chaya, M.D. Director Gigi Gleason Director Adela Sanchez Director Tracy M. Younger

Absent was Director George Coulter

Also present were:

Dr. Gene Ma, Chief Executive Officer Donald Dawkins, Chief Nurse Executive Jeremy Raimo, Chief Operating Officer Janice Gurley, Chief Financial Officer Mark Albright, Chief Information Officer Roger Cortez, Chief Compliance Officer Dr. Henry Showah, Chief of Staff Susan Bond, General Counsel Jeff Scott, Board Counsel Teri Donnellan, Executive Assistant

- 1. Chairperson Younger called the meeting to order at 3:30 p.m. with attendance as listed above.
- 2. Report from Closed Session

Board Counsel Jeff Scott reported the Board in Closed Session discussed reports regarding Trade Secrets and took no action.

The Board also conferred with its Real Property Negotiator pursuant to Government Code section 54956.8 and took no action.

Finally, the Board heard a report involving Quality Assurance pursuant to Health & Safety Code section 32155 and took no action.

3. Pledge of Allegiance

Director Chavez led the Pledge of Allegiance.

# Approval of Agenda

It was moved by Director Gleason and seconded by Director Brown to approve the agenda as presented. The motion passed (6-0-0-1) with Director Coulter absent.

5. Public Comments – Announcement

Chairperson Younger read the Public Comments section listed on the February 27, 2025 Regular Board of Directors Meeting Agenda.

6. January 2025 Financial Statements – Janice Gurley, Chief Financial Officer

Janice Gurley, CFO reported on the current and fiscal year to date financials as follows (Dollars in Thousands):

- Net Operating Revenue \$192,691
- ➤ Operating Expense \$199,777
- ➤ EBITDA \$10,599
- ➤ EROE \$19

Janice reported on the fiscal year to date Key Indicators as follows:

- Average Daily Census 126
- Adjusted Patient Days 48,142
- Surgery Cases 3,196
- ED Visits 27, 982

Janice reported on the current month financials as follows (Dollars in Thousands):

- ➤ Net Operating Revenue \$29,939
- ➤ Operating Expense \$30,596
- ➤ EBITDA \$2,222
- ➤ EROE \$734

Janice reported on the current month Key Indicators as follows:

- Average Daily Census 142
- ➤ Adjusted Patient Days 7,375
- ➤ Surgery Cases 473
- ➤ ED Visits 4,256

Janice also presented graphs including Average Length of Stay, Paid Full Time Equivalents per Adjusted Occupied Bed and Emergency Department Visits, all of which are trending in the right direction.

### New Business

a) Consideration to approve the 2024-2025 Risk Management Plan

Susan Bond, General Counsel introduced Judith Lubega, Risk Specialist. Susan discussed the role of the Risk Specialist in the day-to-day operations of the

hospital. Susan also reviewed the Risk Management Plan for 2024/2025 included in today's agenda packet for consideration.

Hearing no questions or comments.

It was moved by Director Chaya to approve the 2024-2025 Risk Management Plan. Director Gleason seconded the motion.

The vote on the motion via a roll call vote was as follows:

AYES:

Directors:

Brown, Chavez, Chava,

Gleason, Sanchez and Younger

NOES:

Directors:

None None

ABSTAIN:

Directors:

ABSENT: Directors: Coulter b) Consideration to approve the agreement with Hologic for two (2) Fluent Pro

Systems & SureCare Services Agreement for a term of 36 months, beginning March 1, 2025 and ending February 29, 2028, for a total annual combined cost of \$137,200 and a total combined cost for the term of \$411,600.

Donald Dawkins, CNE explained the Hologic agreement is for cystoscopy pumps. The old pumps have outlived their life expectancy and need to be replaced. Hologic is providing new pumps at no upfront cost, however require the use of a certain amount of disposable equipment as well as a service agreement to support the pumps over a three-year period

Hearing no questions or comments,

It was moved by Director Chavez to approve the agreement with Hologic for two (2) fluent Pro Systems & SureCare Service Agreement for a term of 36 months, beginning March 1, 2025 and ending February 29, 2028, for a total annual combined cost of \$137,200 and a total combined cost for the term of \$411,600. Director Chaya seconded the motion.

The vote on the motion via a roll call vote was as follows:

AYES:

Directors:

Brown, Chavez, Chaya,

Gleason, Sanchez and Younger

NOES:

Directors:

None

ABSTAIN:

Directors:

None

ABSENT:

Directors:

Coulter

- 8. Old Business - None
- 9 Chief of Staff
  - Consideration to approve the February 2025 Credentialing Actions and Reappointments Involving the Medical Staff as recommended by the Medical Executive Committee on February 24, 2025.

It was moved by Director Sanchez to approve the February 2025 Credentialing Actions and Reappointments Involving the Medical Staff as recommended by the Medical Executive Committee on February 24, 2025. Director Chavez seconded the motion.

The vote on the motion via a roll call vote was as follows:

AYES:

Directors:

Brown, Chavez, Chaya,

Gleason, Sanchez and Younger

NOES:

Directors:

None

ABSTAIN: ABSENT:

Directors:

None Coulter

10. Consideration of Consent Calendar

It was moved by Director Gleason to approve the Consent Agenda as presented. Director Chaya seconded the motion.

The vote on the motion via a roll call vote was as follows:

AYES:

Directors:

Brown, Chavez, Chaya, Gleason,

Sanchez and Younger

NOES:

Directors:

None

ABSTAIN: ABSENT: Directors:

None Coulter

Discussion of items pulled from Consent Calendar

There were no items pulled from the Consent Calendar.

12. Comments by Members of the Public

11.

There were no comments by members of the public.

13. Comments by Chief Executive Officer

Dr. Gene Ma, CEO highlighted the organization's growth and success while emphasizing the hard work and dedication of the staff, particularly nurses and techs, who have faced significant challenges. He expressed pride in their commitment and acknowledged the need for better support to ensure sustainability. He also reinforced that, despite financial considerations, the organization's primary focus remains on delivering quality healthcare. Additionally, he recognized that success is a collective effort, requiring contributions from the entire team.

14. Board Communications

Chairperson Younger reported Doctor's Day is March 31, 2025.

| 15. | Adjournment                               |   |  |  |  |  |  |  |
|-----|---|---|--|--|--|--|--|--|
|     | There being no further business Chai p.m. | rperson Younger adjourned the meeting at 3:55 |  |  |  |  |  |  |
|     |   | Tracy M. Younger<br>Chairperson               |  |  |  |  |  |  |
|     | ATTEST:                                   |   |  |  |  |  |  |  |
|     | Adela I. Sanchez<br>Secretary             |   |  |  |  |  |  |  |

**Building Operating Leases** 

|   |                  | Base              |     |                | Jan State | SHILL EST |   | THE DE LOS |
|---|------------------|-------------------|-----|----------------|-----------|-----------|---|------------|
|   | 0- 54            | Rate per          | 165 | Total Rent per | Lease     |           | Services & Location   | Cost Cente |
| Lessor<br>6121 Paseo Del Norte, LLC   | Sq. Ft.          | Sq. Ft.           | 773 | current month  | Beginning | Ending    | Services & Location   | Cost Cente |
| 6121 Paseo Del Norte, LLC<br>6128 Paseo Del Norte, Suite 180<br>Carlsbad, CA 92011                  | Approx           |                   |     |                |           |           | OSNC - Carlsbad<br>6121 Paseo Del Norte, Suite 200                            |            |
| V#83024   | 9,552            | \$3.59            | (a) | 56,415.02      | 07/01/17  | 06/30/27  | Carlsbad, CA 92011  | 7095       |
| Cardiff Investments LLC<br>2729 Ocean St<br>Carlsbad, CA 92008<br>V#83204                           | Approx<br>10,218 | \$2.58            | (a) | 40.067.98      | 07/01/17  | 02/28/25  | OSNC - Oceanside<br>3905 Waring Road<br>Oceanside, CA 92056                   | 7095       |
| Creek View Medical Assoc  | 10,210           | 42.00             | 100 | 10,007.00      | 01101111  |           | 0000110100, 071 02000   | 1          |
| 1926 Via Centre Dr. Suite A<br>Vista, CA 92081<br>V#81981   | Approx<br>6,200  | \$2.70            | (a) | 20,594.69      | 07/01/20  | 06/30/25  | PCP Clinic Vista<br>1926 Via Centre Drive, Ste A<br>Vista, CA 92081           | 7090       |
| SoCAL Heart Property LLC<br>1958 Via Centre Drive<br>Vista, Ca 92081                                | Арргох           |                   |     |                |           |           | OSNC - Vista<br>1958 Via Centre Drive   |            |
| V#84195   | 4,995            | \$2.50            | (a) | 22,565.63      | 10/01/22  | 06/30/27  | Vista, Ca 92081   | 7095       |
| BELLA TIERRA INVESTMENTS, LLC<br>841 Prudential Dr., Suite 200<br>Jacksonville, FL 32207<br>V#84264 | Approx<br>2,460  | \$2.21            | (0) | 8,208.01       | 04/01/23  | 03/31/25  | La Costa Urology<br>3907 Waring Road, Suite 4<br>Oceanside, CA 92056          | 7082       |
| Mission Camino LLC  | 2,400            | Ψ2.21             | (4) | 0,200.01       | 04/01/20  | 00/0 //20 | Occarising, or occor  | 1002       |
| San Diego, CA 92122<br>V#83757  | Appox<br>4,508   | \$1.75            | (2) | 16,350.14      | 05/14/21  | 10/31/31  | Seaside Medical Group<br>115 N EL Camino Real, Suite A<br>Oceanside, CA 92058 | 7094       |
| Nextmed III Owner LLC   | 4,300            | Ψ1.7 <del>3</del> | (4) | 10,000.14      | 00/14/21  | 10/01/01  | Occanside, on secon   | 100-1      |
| Carlsbad, CA 92011<br>V#83774   | Approx<br>4,553  | \$4.00            | (a) | 39,997.96      | 09/01/21  | 08/31/33  | PCP Clinic Calrsbad<br>6185 Paseo Del Norte, Suite 100<br>Carlsbad, CA 92011  | 7090       |
| 500 W Vista Way, LLC & HFT Melrose  | 1                |                   | ,,, |                |           |           |   |            |
| P O Box 2522<br>La Jolla, CA 92038  | Approx           | #4.07             | (-) | 42 704 22      | 07/01/21  | 06/20/26  | Outpatient Behavioral Health<br>510 West Vista Way<br>Vista, Ca 92083         | 7320       |
| V#81028 OPS Enterprises, LLC  | 7,374            | \$1.67            | (a) | 13,794.33      | 07/01/21  | 00/30/20  | North County Oncology Medical   | 1320       |
| 3617 Vista Way, Bldg. 5<br>Oceanside, Ca 92056  | Approx           |                   |     |                |           |           | Clinic 3617 Vista Way, Bidg.5   |            |
| #V81250   | 7,000            | \$4.12            | (a) | 34,015.00      | 10/01/22  | 09/30/25  | Oceanside, Ca 92056   | 7086       |
| SCRIPPSVIEW MEDICAL ASSOCIATES  |                  |                   | ľ   |                |           |           |   |            |
| P O Box 234296  |                  |                   |     |                |           |           | OSNC Encinitas Medical Center   |            |
| Encinitas, CA 234296<br>V#83589   | Approx<br>3,864  | \$3.45            | (a) | 14,880.52      | 06/01/21  | 05/31/26  | 351 Santa Fe Drive, Suite 351<br>Encinitas, CA 92023                          | 7095       |
| BELLA TIERRA INVESTMENTS, LLC   | 1                |                   | Г ( |                |           |           |   |            |
| 841 Prudential Dr, Suite 200  |                  |                   |     |                |           |           | Pulmonary Specialists of NC   |            |
| Jacksonville, FL 32207<br>V#84264   | Approx<br>3,262  | \$2.21            | (9) | 11,165.33      | 05/01/23  | 06/30/25  | 3907 Waring Road, Suite 2<br>Oceanside, CA 92056                              | 7088       |
| Tota  |                  | PZ.Z1             | (4) | 278,054.61     | 00/01/20  | 00/30/23  | Cocanada, on azooo  | 1000       |

<sup>(</sup>a) Total Rent includes Base Rent plus property taxes, association fees, insurance, CAM expenses, etc.



ADVANCED HEALTH CARE

Education & Travel Expense Month Ending February 2025

| Cost       |             |           |        |         |                |
|------------|-------------|-----------|--------|---------|----------------|
| Centers    | Description | Invoice # | Amount | Vendor# | Attendees      |
| 7320 GROUP |             | 10825 EDU | 229.99 | 84558   | GARCIA LOURDES |

<sup>\*\*</sup>This report shows reimbursements to employees and Board members in the Education

<sup>&</sup>amp; Travel expense category in excess of \$100.00.

<sup>\*\*</sup>Detailed backup is available from the Finance department upon request.